



Erie County, Ohio

Community Health Improvement Plan

2025-2027



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Improving the Health of Erie County

Throughout the spring of 2024, Community Health Assessments for Adults and Youth were completed. These comprehensive health assessments provide each of us with a snapshot in time of the health of our community. The health assessments are completed on a cyclical basis to monitor and trend the health and well-being of our communities and the effectiveness of strategies we employ to improve health as outlined in the Community Health Improvement Plan.

The information in the Community Health Improvement Plan reflects the data from the Community Health Assessment. Businesses, organizations and individuals, together with the Erie County Health Department/Erie County Community Health Center and other community partners employ efforts collaboratively to improve the environment, decrease the incidence of disease, and improve the overall health and well-being within all of our communities.

Our communities are rich in resources to assist individuals to maintain their health and wellness. New services and programs are developed to support the needs of individuals and to address identified gaps in programs and services within our communities. Many efforts we employ focus on increasing community awareness of those services and resources and assisting individuals with connections to these community assets.

Together, as partners and communities working together, we will succeed in “moving the needle”, decreasing chronic disease, improving access to care, improving mental health and the health of our seniors, and decreasing behaviors that compromise overall health and contribute to disease.

Yours in good health,



Peter T. Schade, MPH, REHS
Health Commissioner
Erie County Health Department/
Erie County Community Health Center

CHIP

What is the CHIP?

The Community Health Improvement Plan (CHIP) identifies priorities, strategies and activities to address top priority health concerns identified in the community based on the results of the Community Health Assessment (CHA). The CHIP was created in collaboration with community partners to address not only community concerns and social determinants of health but also to provide awareness for health opportunities within the community in which people are born, grow, work, live, and age.

How to Read the CHIP and Definitions

Desired Outcome/Goal - Statement to reflect a desired result.

Priority Indicator - A specific metric or measure used to quantify an outcome.


Baseline - Data value from previous CHA/YHA year. Baseline data provides a comparison to measure against.

- 2021 Baseline signifies data from the previous Youth Health Assessment (YHA)
- 2022 Baseline signifies data from the previous Community Health Assessment (CHA)
- 2024 signifies data from the current youth and adult Community Health Assessments

Target - A specific number that quantifies the desired outcome.

The Erie County CHIP is aligned with Ohio’s State Health Improvement Plan’s priority factors and priority health outcomes and will be identified by this symbol: 

General statement of desired result

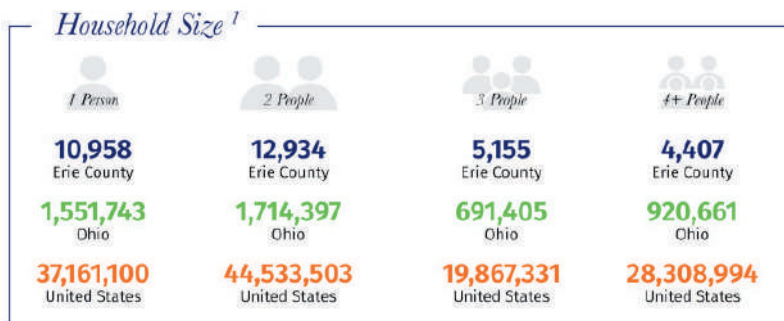
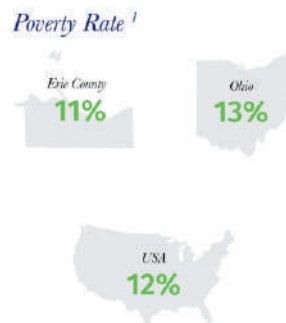
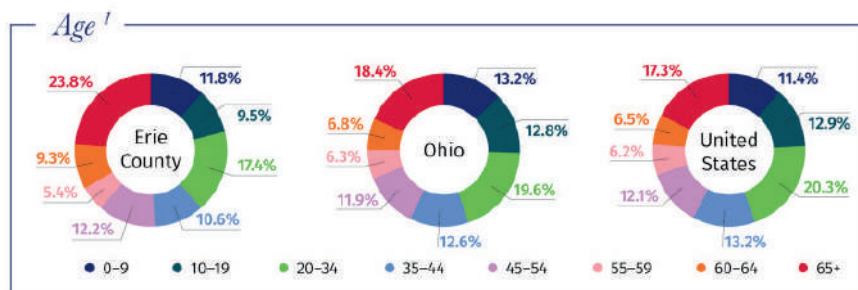
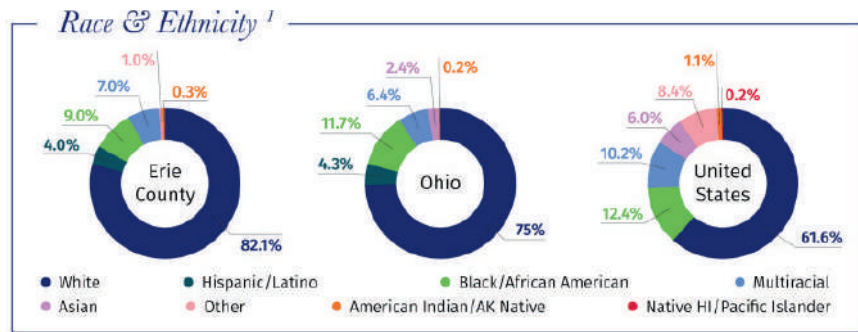
Adverse Childhood Experience 			
Desired Outcome/Goal: Reduce the percentage of Adverse Childhood Experiences.			
Priority Indicator	2021 Baseline	2024	Target 2027
Percent of adolescents 6th – 12th grade who have experienced three or more adverse experiences	22%	27%	22%

Specific measure to quantify outcome

Baseline and Current data

Specific number that quantifies a desired outcome

COMMUNITY DEMOGRAPHICS



Reference: 2020 United States Census

SOCIAL DETERMINANTS OF HEALTH

Social Determinants of Health

Social determinants of health (SDOH) are the conditions in the environment where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks including broader forces and systems that impact everyday life. SDOH are grouped into five domains: Economic Stability, Education Access and Quality, Health Care Access, Quality Neighborhood and Built Environment, and Social and Community Context. SDOH also contribute to wide health disparities and inequities.

SDOH thresholds are typically measured through various indicators: economic stability (e.g., poverty rates, employment), education access and quality (e.g., high school graduation rates), social and community context (e.g., social support, crime rates), health and healthcare (e.g., access to primary care, insurance coverage), and neighborhood and built environment (e.g., housing quality, transportation).

“The CDC created a Social Vulnerability Index (SVI) to measure communities’ risk of experiencing SDOH. According to the Ohio Department of Health’s Ohio Health Improvement Zones project, which was built from this base, Erie County’s overall SVI is 0.56. The Ohio Health Improvement Zones indicators are 0-0.25 (Lowest Vulnerability), 0.2501-0.50 (Low-Medium Vulnerability), 0.5001-0.75 (Medium-High Vulnerability), and 0.7501-1.0 (High Vulnerability). This places Erie County in the second-highest vulnerability index overall and aligns our rural county with more urban areas. However, our county score for two measures is within the High Vulnerability index, which is typically only seen in highly populated areas. Those measures are Household Characteristics (0.79) and Racial/Ethnic Minority Status (0.885). Erie County has four census tracts, all located within Sandusky city, which score above 0.75 on the overall scale. These numbers indicate that many individuals and families in Erie County face challenges related to health and well-being. Our hope is to better connect these vulnerable communities to health and community resources so that these conditions improve.”

Vulnerable Population (Health Disparities)

Data from the 2020 US Census reveals 12.4% of the Erie County residents are below the poverty line. The 2024 Erie County Community Health Assessment (CHA) was completed by a representative sample size reflective of this population. To ensure inclusion of vulnerable populations and responses to the CHA, focus groups were also conducted.

Alignment with the State Health Improvement Plan and National Healthy People 2030

The Erie County Community Health Improvement Plan (CHIP) supports local, regional, statewide and national health improvement efforts and aligns with Ohio's State Health Improvement Plan and National Healthy People 2030 through the identification and selection of priority factors and priority health outcomes.

The priority factors of the Erie County CHIP include: Community Conditions, Health Behaviors and Access to Care and the priority health outcomes of Mental Health, Chronic Disease and Maternal and Infant Health.

Healthy People 2030 Objectives	Ohio SHIP Priority Factors	Erie County CHIP Priority Factors	Ohio SHIP Priority Health Outcomes	Erie County CHIP Priority Health Outcomes
<p><u>Community Conditions</u></p> <ul style="list-style-type: none"> Adverse Childhood Experiences 	<p><u>Community Conditions</u></p> <ul style="list-style-type: none"> Housing affordability and quality Poverty K-12 student success Adverse childhood experiences 	<p><u>Community Conditions</u></p> <ul style="list-style-type: none"> Adverse childhood experiences 	<p><u>Mental Health</u></p> <ul style="list-style-type: none"> Depression Suicide Youth drug use Drug overdose deaths 	<p><u>Mental Health</u></p> <ul style="list-style-type: none"> Depression in youth Depression in adults Suicide
<p><u>Mental Health</u></p> <ul style="list-style-type: none"> Depression Suicide 				
<p><u>Health Behaviors</u></p> <ul style="list-style-type: none"> E-Cigarette use in adolescents Alcohol use in adolescents Marijuana use in adolescents 	<p><u>Health Behaviors /Healthy Choices</u></p> <ul style="list-style-type: none"> Tobacco/nicotine use Nutrition Physical Activity 	<p><u>Health Behaviors /Healthy Choices</u></p> <ul style="list-style-type: none"> E-cigarette use (Youth) Alcohol use (Youth) Marijuana use (Youth) Nutrition 	<p><u>Chronic Disease</u></p> <ul style="list-style-type: none"> Heart disease Diabetes Childhood conditions (asthma, lead) 	<p><u>Chronic Disease</u></p> <ul style="list-style-type: none"> Adult Obesity Diabetes Hypertension
<p><u>Chronic Disease</u></p> <ul style="list-style-type: none"> Heart disease Diabetes High Blood Pressure 				

Healthy People 2030 Objectives	Ohio SHIP Priority Factors	Erie County CHIP Priority Factors	Ohio SHIP Priority Health Outcomes	Erie County CHIP Priority Health Outcomes
<p><u>Access to Care</u></p> <ul style="list-style-type: none"> Health insurance coverage Access to care when needed 	<p><u>Access to Care</u></p> <ul style="list-style-type: none"> Health insurance coverage Local access to healthcare providers 	<p><u>Access to Care</u></p> <ul style="list-style-type: none"> Health insurance coverage Cost as a barrier to healthcare Senior healthcare 	<p><u>Maternal and Infant Health</u></p> <ul style="list-style-type: none"> Preterm births Infant mortality Maternal morbidity 	<p><u>Maternal and Infant Health</u></p> <ul style="list-style-type: none"> Maternal Depression
<p><u>Maternal and Infant Health</u></p> <ul style="list-style-type: none"> Post partum depression screenings 				

Community Health Assessment (CHA) and Youth Health Assessment (YHA) Priority Findings

The top health priorities identified in the 2024 Adult Community Health Assessment:


- Affordability of Healthcare
- Mental & Behavioral Health
- Addiction & Overdose (drugs, tobacco, alcohol)
- Aging/Elder Care
- Nutrition & Physical Lifestyle Choices

Concerns identified in the 2024 Youth Health Assessment:

- Mental Health - increased sadness and hopelessness and considered suicide
- Higher Adverse Childhood Experiences (ACEs)
- Growing Substance Abuse - increased use of e-cigarettes, marijuana and alcohol
- Nutrition - decline in fruit and vegetable intake

ENVIRONMENT/ COMMUNITY CONDITIONS

Adverse Childhood Experiences (ACEs) are potentially traumatic events that occur in childhood from (0-17yrs.) (CDC.gov). These events affect infants, children and youth physically, emotionally and may lead to mental health conditions, chronic health issues and/or substance use disorder as they grow into adulthood. Raising awareness is a critical strategy in the prevention of adverse childhood experiences.

Adverse Childhood Experiences 			
Desired Outcome/Goal: Reduce the percentage of Adverse Childhood Experiences (ACE) impacting infants, children and adolescents.			
Priority Indicator	2021 Baseline	2024	Target 2027
Percent of adolescents 6th –12th grade who have experienced three or more adverse experiences	22%	27%	25%
Objectives	Action Steps	Partnerships	
Provide community education of ACEs and the impact	<ul style="list-style-type: none"> Develop/partner with JFS to provide parenting education programs Expand mental health first aid trainings to schools, healthcare providers and community providers 	Erie County Schools Job and Family Services Community Providers	
Provide prevention opportunities for reducing impact of ACEs	<ul style="list-style-type: none"> Develop and lead a task force of Family Practice and Pediatric Community Health representatives to increase the identification of ACEs and SDOH to implement prevention strategies. Advocate for early screenings for ACEs and SDOH at well-child visits. Expand utilization of screening tools by area Primary Care Providers and Pediatrics. Promote early connection to care. Expand utilization of American Academy of Pediatrics Care 2 Family Resources. Increase the utilization of a social determinants of health screening tool. Explore an early childhood home visiting program. Implementation of adult health and well-being strategies. 	Erie County Schools Job and Family Services Community Providers	

Objectives	Action Steps	Partnerships
Provide Trauma Informed/Responsive Care	<ul style="list-style-type: none"> Increase access to mental health services, providers and resources. Increase community awareness of mental health and counseling resources. Explore implementation of the “Handle with Care” program. 	Erie County Schools Job and Family Services ADAMHS Board of Erie County
Cultivating Resilience	<ul style="list-style-type: none"> Expand the implementation of Botvin Lifeskills in schools. Expand the model Youth Prevention Program (EHOVE Future Leaders). 	Erie County Schools

ACCESS TO CARE

According to the 2024 Community Health Assessment, access to health care is a concern among residents in Erie County. The affordability of healthcare was ranked as a top health priority by 58% of survey respondents. Sixty-eight (68%) percent of individuals who could not obtain the healthcare services they needed stated it was due to the lack of insurance and/or the inability to afford the co-pay or deductible. Sixty (60%) percent of individuals who were unable to obtain a needed prescription stated it was due to cost or lack of insurance.

1. Health Insurance Services Coverage



Desired Outcome/Goal: Reduce the percentage of individuals who do not receive care due to lack of insurance and/or lack of service coverage by health plan.

Priority Indicator	2022 Baseline	2024	Target 2027
Percent of population under 65 without health insurance	5.4%	5%	4%

Objectives	Action Steps	Partnerships
Provide community education and awareness	<ul style="list-style-type: none"> Promote community-based screenings to identify health risks and promote connection to care, address uninsured and assist underinsured with connection to resources. 	Community

Objectives	Action Steps	Partnerships
Provide community education and awareness	<ul style="list-style-type: none"> • Provide community information and messaging regarding healthcare and affordability, importance of prevention and regular healthcare. • Promote existing resources that assist uninsured/underinsured such as certified application counselors, FQHC/sliding fees, and payment plans. • Market ECHD's Outreach and Enrollment Specialist to assist with insurance enrollment and qualifications. • Outreach and Enrollment staff to attend community events. 	Community
Insurance coverage connection	<ul style="list-style-type: none"> • Increase connection to certified application counselors to assist with insurance applications, cost estimates and payment plans. • Complete Presumptive Eligibility/Full Medicaid Application prior to healthcare services if eligible. 	Job and Family Services

2. Affordability of Healthcare

Desired Outcome/Goal: Reduce the percentage of individuals who do not receive health care due to cost.

Priority Indicator	2022 Baseline	2024	Target 2027
Percentage of respondents who identified cost is a barrier for receiving care	22%	58%	55%
Objectives	Action Steps	Partnerships	
Provide community education and awareness	<ul style="list-style-type: none"> • Promote community-based screenings to identify health risks and promote connection to care, address uninsured and assist underinsured with connection to resources. • Provide community information and messaging regarding healthcare and affordability, importance of prevention and regular healthcare. 	Community	

Objectives	Action Steps	Partnerships
Provide community education and awareness	<ul style="list-style-type: none"> Promote existing resources that assist uninsured/underinsured such as certified application counselors, FQHC/sliding fees, and payment plans. Market ECHD's Outreach and Enrollment Specialist to assist with insurance enrollment and qualifications. Outreach and Enrollment staff to attend community events. 	Community
Insurance coverage connection	<ul style="list-style-type: none"> Increase connection to certified application counselors to assist with insurance applications, cost estimates and payment plans. Complete Presumptive Eligibility/Full Medicaid Application prior to healthcare services if eligible. 	Community

2. High prescription cost			
Desired Outcome/Goal: Reduce the percentage of individuals that could not obtain prescription medication due to cost.			
Priority Indicator	2022 Baseline	2024	Target 2027
Percentage of respondents who could not obtain prescription medication due to cost	36.8%	27%	25%
Objectives	Action Steps	Partnerships	
Provide community education and awareness	<ul style="list-style-type: none"> Provide 340B Drug pricing program. Promote patient assistance programs. Promote prescription discount programs (i.e. good Rx). Promote community resources/organizations offering prescription assistance. Provide community messaging to work with Pharmacists and Prescriber on alternatives and assistance. 	Community	

SENIOR HEALTHCARE


According to the United States Census Bureau, Erie County has a population of 74,035 with 23.8% age 65 or older which is higher than the national average of 17.7%. With the growing number of seniors aged 65 and older, the Erie County Health Department/Erie County Community Health Center is embarking on a health initiative focused on individuals aged 65 or older. This initiative will promote a paradigm in our community for healthy aging, promoting physical and emotional well-being for seniors through increasing awareness of healthcare services and connection to resources. This transformation of care will focus on providing for the needs of our older adult population in a manner that accommodates for each individual's aging process and preferences.


Connecting Seniors to Care			
Desired Outcome/Goal: Improving the health and well-being for older adults.			
Priority Indicator	2022 Baseline	2024	Target 2027
Decrease the percentage of individuals age 65+ who reported their physical health to be not good (fair or poor)	29%	50%	40%
Objectives	Action Steps	Partnerships	
Promote Senior Healthcare by hosting an event providing services and information	Host an event for Seniors <ul style="list-style-type: none"> Promote physical activity and reduce incidence of falls. Falls/Safety information for the home. Deterra bags to discard old prescriptions no longer needed. Primary care services - refer those needing primary care services. Dental services - refer those needing dental services. Health screenings. Healthy Homes program to address home modifications. Presentations on Senior health topics. 	Serving Our Seniors Cleveland Clinic Assisted Living Communities	

Objectives	Action Steps	Partnerships
Promote specialized Senior Health Care programs	<ul style="list-style-type: none"> • Participate in senior activities/programs to share information and provide healthy aging tips. • Utilize strategies to provide senior focused information. • Implement a new position for Senior Healthcare - Senior Navigator/Health Coach. • Transform healthcare to meet senior needs and understanding, printed information, access to medical information, face to face communication, accessibility of services, advocacy, etc. • Explore establishing a home visiting program. • Collaborate on the development of a Gerontology program to promote healthy aging. • Research programs to engage and promote active lifestyle/activities for seniors. 	Serving Our Seniors Senior Center Cleveland Clinic Assisted Living Communities
Promote existing and new resources	<ul style="list-style-type: none"> • Advertisement of Senior Health Fair through: <ul style="list-style-type: none"> ◦ Media ◦ Social Media ◦ Flyers • Development of Senior Health Newsletter. • Increase community awareness of Senior programs and services and Adult Day Services. 	Serving Our Seniors Senior Center Assisted Living Communities

MENTAL HEALTH

Mental health is a high concern among residents in Erie County and was ranked a top health priority by more than half of the respondents to the community health survey. Since 2019, the number of youth and adults who felt sad and hopeless and the number of youth and adults who considered suicide continues to increase. This trend identifies the importance of addressing mental health in our community.

1. Depression 			
Desired Outcome/Goal: Reduce the number of youth and adults who felt sad and hopeless.			
Priority Indicator	2021/2022 Baseline	2024	Target 2027
Youth Percentage of adolescents 6th-12th grade who reported they felt sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities	22%	36%	22%
Adults Percentage of adults 18+ who reported they felt sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities	21%	29%	21%
Objectives	Action Steps		Partnerships
Increase identification methods	<ul style="list-style-type: none"> Increase utilization of depression screening tools and implementation by healthcare providers and school-based counselors. 		Erie County Schools Community Behavioral Health and Healthcare Providers ADAMHS Board of Erie County
Promote Mental Health Services and Access to Care	<ul style="list-style-type: none"> Promote same day access to mental health services. Increase community awareness of services and access to services and resources. Promote mental health services to employers. Create a series of informational videos focusing on mental health, reducing stigma, warning signs of depression and mental health topics. Collaborate with schools to provide a school-based or community-based conference on youth mental health. Utilize varied marketing strategies for target audience (i.e. social media platforms, YouTube, radio, print). 		Erie County Schools Community Behavioral Health Providers ADAMHS Board of Erie County

2. Suicide 			
Desired Outcome/Goal: Reduce the number of youth and adults who considered attempting suicide.			
Priority Indicator	2021/2022 Baseline	2024	Target 2027
Youth Percentage of adolescents 6th-12th grade who considered attempting suicide	10%	6%	5%
Adults Percentage of adults who considered attempting suicide	8%	11%	8%
Objectives	Action Steps		Partnerships
Provide prevention methods and screening tools	<ul style="list-style-type: none"> Expand mental health first aid (youth and adult) trainings to professionals. Expand QPR (Question, Persuade, Refer) trainings. Promote screening and early identification of depression by healthcare providers. 		ADAMHS Board Community Behavioral Health Providers Schools Primary Care Practices
Provide community education and awareness	<ul style="list-style-type: none"> Promote same day access to mental health services. Increase community awareness of services, access to services and resources. Explore Confess Project of America (training barbers and stylists in mental health). Utilize varied marketing strategies for target audience (i.e. social media platforms, YouTube, radio, print). Create a series of informational videos focusing on mental health, reducing stigma, warning signs of depression and mental health topics. Collaborate with schools, to increase youth awareness of mental health services. Provide education on healthy ways to cope with stress and emotions. Provide education on coping skills for healthy ways to handle household challenges. 		ADAMHS Board Community Behavioral Health Providers Schools

3. Maternal Health



Desired Outcome/Goal: Reduce the number of women who experience depression during or after pregnancy.


Priority Indicator	2022 Baseline	2024	Target 2027
Percentage of respondents who experienced depression either during or after their pregnancy	48.5%	29%	27%
Objectives	Action Steps	Partnerships	
Increase identification methods	<ul style="list-style-type: none"> • Increase depression screenings by OB providers during and after pregnancy. • Increase referrals and connection to counseling and perinatal psychiatric services. • Implement doula services to assist pregnant women throughout pregnancy and postpartum period. 	OB providers	
Provide community awareness and education	<ul style="list-style-type: none"> • Incorporate education and awareness of maternal depression into prenatal visit. • Community Health Workers assist pregnant women through pregnancy and postpartum period for connection to services and resources. • Offer one on one and group counseling services. • Utilize social media campaigns to increase awareness of maternal depression and resources. 	OB providers	

HEALTH BEHAVIORS/ LIFESTYLE CHOICES

Health behaviors are defined as the actions of individuals that affect their health, either positively or negatively. Behaviors can be influenced by friends, family members, social context and environment. Lifestyle choices and maintaining healthy behaviors can boost health and reduce health risks while unhealthy behaviors can lead to increased health risks or disease.

Tobacco, Alcohol and Marijuana use are health behaviors and lifestyle choices that can lead to increased health risks and diseases.

Lack of a balanced diet in adults and adolescents may lead to chronic illness and diseases.

1. Tobacco Use 			
Desired Outcome/Goal: Decrease E-cigarette use in youth.			
Priority Indicator	2021 Baseline	2024	Target 2027
Percentage of adolescents 6th-12th grade who have used e-cigarettes during the past year	15%	14%	12%
Objectives	Action Steps	Partnerships	
Provide awareness of e-cigarette use and promote prevention	<ul style="list-style-type: none"> Collaborate with area schools and youth orientated organizations to develop and disseminate youth focused messaging, promote health and well-being and reduce e-cigarette use (i.e. peer groups in schools, activities, etc). Develop marketing messages to deliver youth focused anti-tobacco use through schools, social media, YouTube, school outlets, and community youth organizations, etc. Host a community youth program/ conference in collaboration with schools and community youth organizations focused on e-cigarette use and promote healthy behaviors. Research additional evidenced based models of care and strategies to reduce substance use/abuse. 	Erie County Schools Sandusky Recreation Area Youth Organizations	

2. Alcohol Use



Desired Outcome/Goal: Decrease Alcohol use in youth.

Priority Indicator	2021 Baseline	2024	Target 2027
Percentage of adolescents 6th-12th grade who have used alcohol within the past 30 days	15%	7%	6%
Objectives	Action Steps		Partnerships
Provide awareness of alcohol use and promote prevention	<ul style="list-style-type: none"> Collaborate with area schools and youth organizations to develop and disseminate youth focused messaging, promote health and well-being and reduce alcohol use (i.e. peer groups in schools, activities, etc). Develop marketing messages to deliver youth focused anti-alcohol use through schools, social media, YouTube, school outlets, etc. Host a community youth program/ conference in collaboration with schools and community youth organizations focused on alcohol use and promote healthy behaviors. Research additional evidenced based models of care and strategies to reduce substance use/abuse. 		Erie County Schools Area Youth Organizations Sandusky Recreation


3. Marijuana/Drug Use




Desired Outcome/Goal: Decrease Marijuana use in youth.

Priority Indicator	2021 Baseline	2024	Target 2027
Percentage of adolescents 6th-12th grade who have used marijuana within the past 30 days	8%	11%	8%

Objectives	Action Steps	Partnerships
Provide awareness of marijuana use and promote prevention	<ul style="list-style-type: none"> • Collaborate with area schools and youth orientated organizations to develop and disseminate youth focused messaging, promote health and well-being and reduce marijuana use (i.e. peer groups in schools, activities, etc). • Develop marketing messages to deliver youth focused anti-marijuana use through schools, social media, YouTube, school outlets, and community youth organizations, etc. • Host a community youth program/ conference in collaboration with schools and community youth organizations focused on marijuana use and promote healthy behaviors. • Research additional evidenced based models of care and strategies to reduce substance use/abuse. 	Erie County Schools Area Youth Organizations Sandusky Recreation

4. Nutrition 			
Desired Outcome/Goal: Increase the percentage of youth and adults who eat 5 or more servings of fruit and/or vegetables per day.			
Priority Indicator	2021/2022 Baseline	2024	Target 2027
Percentage of youth 6th-12th grade that ate 5 or more servings of vegetables per day	21%	4%	8%
Percentage of Erie County adults that ate 5 or more servings of vegetables per day	6%	3%	5%
Objectives	Action Steps		Partnerships
Increase nutritional knowledge and awareness within the community to promote behavior change	<ul style="list-style-type: none"> • Promote the completion of a nutritional assessment and information during healthcare visit with healthcare provider • Promote the utilization of SDOH assessment during healthcare visit • Promote nutritional information and resources on healthy eating guidelines and healthier choices/options • Provide information about the impact of nutrition on obesity and chronic diseases through healthcare services and outreach • Monitor for evidenced based programs and funding opportunities to improve population-based nutritional health • Promote awareness of and access to fresh foods through farmer's markets and food pantries 		Community Healthcare Providers OHGo WIC Outreach

Chronic diseases are those health conditions that persist six months or longer and may require medication to control. There was a notable increase of those who have been diagnosed with obesity, high blood pressure and diabetes.

5. Chronic Diseases 			
Desired Outcome/Goal: Reduce the percentage of adults who are obese or overweight.			
Priority Indicator	2022 Baseline	2024	Target 2027
Percentage of adults whose doctor told them they were obese or overweight	40%	48%	40%
Objectives	Action Steps		Partnerships
Increase knowledge and awareness within the community to promote behavior change	<ul style="list-style-type: none"> Promote nutritional information and resources on healthy eating guidelines and healthier choices/options. Promote the completion of a nutritional and exercise assessment and information during wellness visits with healthcare provider. Promote the provision of nutrition and exercise information during the healthcare visit. Monitor for evidenced based programs and funding opportunities to decrease population-based obesity. Develop Community-based steering committee to focus on nutrition, exercise/activities to reduce chronic diseases. 		Community Healthcare Providers

Desired Outcome/Goal: Reduce the percentage of individuals that have been diagnosed with diabetes.			
Priority Indicator	2022 Baseline	2024	Target 2027
Reduce the percentage that have been diagnosed with diabetes	30%	38%	30%
Objectives	Action Steps		Partnerships
Increase community knowledge of diabetes, risk factors and prevention	<ul style="list-style-type: none"> Provide screenings at outreach events. Connect individuals in need of a medical home (primary care provider). Promote annual wellness visits and the reduction of risk factors for diabetes. Develop Community-based steering committee to focus on nutrition, exercise/activities to reduce chronic diseases. 		Community Healthcare Providers

Desired Outcome/Goal: Reduce the percentage of individuals that have been diagnosed with high blood pressure.			
Priority Indicator	2022 Baseline	2024	Target 2027
Reduce the percentage that have been diagnosed with high blood pressure	55%	56%	55%
Objectives	Action Steps		Partnerships
Increase community knowledge of high blood pressure, risk factors and prevention	<ul style="list-style-type: none"> • Provide screenings at outreach events. • Connect individuals in need of a medical home (primary care provider). • Promote annual wellness visits and the reduction of risk factors for high blood pressure. • Develop Community-based steering committee to focus on nutrition, exercise/activities to reduce chronic diseases. 		Community Healthcare Providers

Progress/Outcomes/Annual Review

The Erie County Health Department will monitor progress, evaluate outcomes and impact on an ongoing basis. Each strategy and activity will be monitored and evaluated to assess impact. The CHIP is reviewed annually to ensure progress on plan implementation and compliance with Public Health Accreditation Board (PHAB) standards. The impact of the CHIP strategies and activities on the health priorities will be assessed through the cyclical Community Health Assessment process.

COMMUNITY RESOURCES

Erie County Cares - www.eriecountycares.com

Tobacco Quit Line 1-800-QUIT-NOW (800-784-8669)

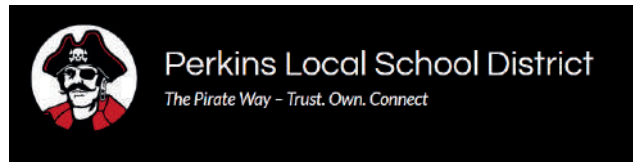
988 Suicide & Crisis Lifeline - call, text or chat 988; website 988ohio@mha.ohio.gov

ADAMHS Board - Alcohol, Drug Addiction & Mental Health Services Board of Erie County; website www.adamhserie.org

PARTNERS



PARKS AND RECREATION



**ERIE COUNTY HEALTH DEPARTMENT &
ERIE COUNTY COMMUNITY HEALTH CENTER**

**420 Superior Street
Sandusky, Ohio 44870
www.ErieCoHealthOhio.com**



HEALTH DEPARTMENT

COMMUNITY HEALTH CENTER