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## Prepared for:

Erie Country Board of Health Sandusky, Ohio

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## Executive Summary

The assessment process is an ongoing cycle that includes building partnerships; coordinating a consortium; assessing data, community needs and capacity; and conducting planning for prioritization, intervention, implementation, and evaluation. This report begins the 3 -year cycle. The Center for Marketing and Opinion Research (CMOR) was selected by the Erie County Board of Health to perform data collection and analysis for the 2022 Community Health Assessment (CHA) through a Community Survey, secondary data analysis, and qualitative data collection.

The first component of the project, a Community Survey, consisted of a random sample telephone and web survey of Erie County, Ohio households. This method was used to ensure representativeness of the adult population and to warrant statistical validity. The final sample size was 384 , which resulted in an overall sampling error of $+/-5.0 \%$ within a $95 \%$ confidence level. The survey questions focused on the following areas: community need and social determinants, access to care, mental health and substance abuse, healthy living, vaccinations, chronic diseases, housing, safety, and transportation.

The second component of the project, Secondary Data Analysis, consisted of reviewing and analyzing secondary data sources to identify priority areas of concern when compared to survey data. CMOR gathered and compiled health and demographic data from various sources, which are outlined in the Research Methodology section of this report.

The third and final component consisted of collecting qualitative data to provide contextual information to support the primary and secondary data outlined above. A Community Leader survey was completed online by 50 community leaders with knowledge of and experience in community health-related issues.

When available, data was compared to previous years' information and other geographic areas such as Ohio or the United States. Analysis included survey data, health data, and demographic data. After compiling and analyzing the data from all three components, CMOR identified five priority health needs for the county (in alphabetical order):

Access to Health Care

Alcohol and Substance Abuse


Throughout the report, statistically significant findings and statistical significance between groupings (i.e. between age groups or between races) are indicated by an asterisk (*)

# Funding for Erie County Community Health Assessment 

Funding for this assessment was provided by the Erie County Health Department Board of Health, the Erie County Community Health Center Board of Directors, Firelands Health - Firelands Regional Medical Center and the Sandusky Artisans Recovery Community Center in a combined effort to provide trending data for improvement of our collective quality of life in Erie County, Ohio and across the region.

These partners continue to align their mission and vision statements with this Community Health Assessment (CHA). All are encouraged to use this data to develop policy and provide assurance to their stakeholders.

Thank you to Firelands Health - Firelands Regional Medical Center and to the Sandusky Artisans Recovery Community Center. This CHA brings value to Erie County and further supports the millions of dollars in grant funding and other resources that enable local organizations to serve this community.

## Contributing Factors to Health Challenges

There are a number of factors that affect the health of a community, according to the Community Leader survey. When asked about the most important health-related issue or challenge facing Erie County, Ohio, over half of community leaders (53\%) mentioned social determinants of health. These factors include transportation, affordable and available housing, access to food, childcare, and violence. Community leaders were also asked to list the problems, barriers, or gaps in services that prevent residents from receiving health-related care and services. The most common barriers mentioned were transportation issues ( $62 \%$ ), cost ( $40 \%$ ), lack of awareness of available programs and resources ( $34 \%$ ), social acceptance and stigmas (20\%), and health insurance (20\%). The community survey shows that $17 \%$ of residents sought assistance for food in the past year while $10 \%$ sought assistance with utilities.

Erie County is a HRSA-designated rural county, with urban areas comprising six percent of the county's land mass. The population in poverty is much higher in the county's urban zip code, particularly in Sandusky, than in other areas (Source: U.S. Census Bureau 2021).

Additional contributing factors to the county's health challenges include personal income, race and aging. Residents in communities with the lowest income levels have the poorest health and the most difficulty in accessing health care. Poverty levels for children under 5 in the county are slightly higher than poverty levels for the state and have remained relatively unchanged over the past 5 years (Source: U.S. Census Bureau 2021). Seventy-four percent ( $74 \%$ ) of community leaders felt that it was very important for the Health Department to address people living in poverty.

In Erie County Ohio, Black and multi-racial residents had the highest poverty levels ( $28.3 \%$ and $23.8 \%$, respectively) compared to $9.6 \%$ of white residents (Source: U.S. Census Bureau 2021). Seventy-eight percent (78\%) of community leaders felt that it was very important for the Health Department to address minority populations.

Educational attainment also contributed to poverty status. Only $24.9 \%$ of the county's population has a bachelor's degree or higher (compared to $28.9 \%$ in the state) (Source: US Census Bureau, American Fact Finder). There are no four-year colleges or universities in the county; however, there is one branch campus and 2 technical centers. This means that there are limited secondary education options within the county limits (Source: ODSA). In Erie County, demographic groups with low education levels have high poverty levels. The poverty rate for those with less than a high school diploma was $22.4 \%$, compared to $3.3 \%$ for college graduates (Source: U.S. Census Bureau 2021).

The aging population is likely to become a priority over the next few years. Currently, the median age in the county, 44.8 years, is higher than the median age of 39.8 years for the state. Twenty-one percent (21\%) of the county population is 65 years old or older, compared to $17 \%$ of the state's population (Source: U.S. Census Bureau 2021). Five percent (5\%) of residents name aging and elder care as the most important health-related issue or challenge facing Erie County right now.

## Process for Identifying Priority Health Needs

Survey data, health data, and demographic data were analyzed to inform CHA development. Based on this analysis, CMOR identified priority community health needs for the county. The findings from the secondary data analysis, specifically, reinforce the findings of the Community Survey and Community Health Leader Survey.

Community Survey


Secondary Data Analysis


Community Leader Survey


# Top Priority Needs Identified 

## Based on Survey Results

## Priority Health Needs

This section summarizes the prioritized health needs in Erie County. Listed in alphabetical order, the five prioritized needs appear in multiple analyses. In many cases, health needs differ significantly between demographic groups.

## ACCESS TO HEALTH CARE

## HEALTH NEED: A portion of county residents do not have access to health care providers including primary

care doctors, medical specialists, dentists, and mental health professionals.

- Ten percent (10\%) of community members named affordability of healthcare as the third most important health-related issue or challenge facing the county.
- More than one in ten residents (11\%) sought assistance for healthcare in the past year, while $8 \%$ sought prescription assistance and 5\% sought dental care assistance.
- Three-quarters (75\%) of community leaders indicated that it was very important for the Health Department to address the uninsured, and $74 \%$ thought it was very important to address people in poverty.
- One-sixth of residents (16\%) do not have a primary care provider.
- More than one-quarter of residents (27\%) most often receive health care from a source other than a primary care provider, such as the Emergency Room (5\%) or an urgent care center (9\%).
- Over one-tenth (11\%) of residents were unable to schedule necessary healthcare services in the past year. Dental services were named most often (31\%).
- A notable portion of residents (10\%) were unable to obtain prescription services in the past year. The most common barriers were cost and lack of coverage.
- Black residents are less likely to have insurance than white residents (12.5\% uninsured compared to $4.2 \%$ uninsured, respectively) (Source: U.S. Census Bureau).


## ALCOHOL AND SUBSTANCE USE

HEALTH NEED: Community residents and leaders are extremely concerned with addiction and overdose. Excessive alcohol and substance use can lead to an increased risk of other health problems, including injuries, violence, liver disease, and cancer.

- Addiction and overdose were named as the most important health-related issues or challenges facing the county. More than one-third of community leaders (37\%) named addiction and overdose as the most important healthrelated issue or challenge.
- More than three-quarters (78\%) of community leaders indicated that it was very important for the Health Department to address people with a drug or alcohol addiction.
- According to the community survey, the average number of alcoholic beverages per week was 5.5 for all residents. Groups of residents with significantly higher averages include males (7.6), residents ages 45 to 64 years old (6.3), and those with some college (5.8).
- About one in ten residents (11\%) reported driving after drinking any alcoholic beverages during the past month.
- One-quarter of residents ( $25 \%$ ) reported they or someone in their household had used marijuana in the past six months. Only a small fraction of residents (5\%) reported they or someone in their household had used amphetamines, methamphetamines, or speed.
- The number of unintentional drug overdose deaths in Erie County has increased significantly since 2014 from 18.9 to 44.6 (Source: Ohio Department of Health).


## CHANGING DEMOGRAPHICS, SOCIAL DETERMINANTS, AND OTHER COUNTY-SPECIFIC BARRIERS

HEALTH NEED: More than one-third of households in the county have a resident who is 65 years old or older, and this percentage has been slowly increasing each year. As the county continues to age, it will face significant challenges to meet the health needs of the aging population.

- The median age in Erie County is 44.8 years, which is higher than the median age of 39.8 for the state. Almost one-fifth (21\%) of the county population is 65 years old or older, compared to $17 \%$ of the state (Source: U.S. Census Bureau).
- Five percent (5\%) of residents identified aging and elder care as the most important health-related issue or challenge facing Erie County today.
- Over half (53\%) of community leaders identified social determinants of health as the second most important health-related issue or challenge facing Erie County today.
- Less than half (47\%) of community leaders felt there are enough services and programs currently available to address the aging population and related issues in Erie County.
- The majority (86\%) of community leaders indicated it was very important for the Health Department to address the elderly population.
- More than half of community leaders (60\%) identified transportation as a problem, barrier, or gap in services that prevent residents from receiving health-related care and services.
- The unemployment rate for the county (10.5\%) in 2020 was higher than it was for the state ( $8.1 \%$ ) (Source: Ohio Department of Job and Family Services).


## MENTAL HEALTH

HEALTH NEED: The need for mental health treatment and intervention continues to increase, especially for youth. High diagnosis rates for anxiety and depression, as well as the number of residents feeling lonely/ isolated, substantiate this issue.

- Mental and behavioral health was identified as the second most important health-related issue or challenge facing the county. Over three-fourths (78\%) of community leaders named mental and behavioral health as the most important health-related issue or challenge.
- More than one in ten residents (11\%) sought assistance for mental health issues in the past year.
- On a scale in which 1 is 'not at all important' and 10 is 'very important', community leaders gave mental health services an importance rating of 9.64; the highest of the six issues surveyed.
- Only $33 \%$ of community leaders felt there are enough services and programs currently available to meet the mental health needs of Erie County.
- The majority (84\%) of community leaders indicated it was very important for the Health Department to address people with mental illness.
- Nearly one-quarter (22\%) of community members stated their mental health was not good for 11 or more days in the past month.
- Over one-fifth (21\%) of residents felt sad or hopeless almost every day for two weeks or more in a row, and stopped doing usual activities in the past year.
- According to the community survey:
- Nearly one-third of residents (31\%) have been diagnosed with depression, and $39 \%$ have an immediate family member who has been diagnosed.
- Nearly one-fifth of residents (19\%) have been diagnosed with an anxiety disorder such as obsessivecompulsive disorder (OCD) or panic disorder, while $24 \%$ reported an immediate family member has been diagnosed.
- More than one-tenth of residents (13\%) have been diagnosed with post-traumatic stress disorder (PTSD), while $14 \%$ indicated an immediate family member has been diagnosed.
- More than half of community leaders (56\%) disagreed that "There are a sufficient number of mental and behavioral health providers in the area."
- The rate of suicide deaths in Erie County (17.6\%) is higher than the state's rate (15.0\%) (Source: Ohio Department of Health).


## OBESITY AND HEALTHY LIFESTYLE CHOICES

HEALTH NEED: Living a healthy lifestyle lowers the risk of developing many illnesses, like heart disease and diabetes, which are prevalent in the county. A healthy lifestyle can also lead to better mental health.

- Seven percent ( $7 \%$ ) of residents identified obesity and healthy lifestyle choices as the most important healthrelated issue or challenge facing Erie County currently. Nearly one-quarter of community leaders (22\%) identified obesity and healthy lifestyle choices as the most important health-related issue or challenge.
- Slightly more than half ( $52 \%$ ) of community leaders felt there are enough services and programs currently available to address the obesity and healthy lifestyle-related issues in Erie County.
- According to the community survey, less than half of all residents (46.2\%) reported having smoked 100 or more cigarettes in their lifetime. Currently, 20\% of residents reported smoking every day or some days.
- Adult smoking prevalence is the estimated percentage of the adult population that smokes every day or "most days" and has smoked at least 100 cigarettes in their lifetime. The percentage of adults who smoke in the county $(23 \%)$ is slightly higher than the state average ( $22 \%$ ) (Source: County Health Rankings).
- Nearly one-quarter (24\%) of community members have not exercised in the past month. The most common barriers to exercise were health problems, lack of time, and motivation.
- Nearly two-thirds of residents (63\%) reported being overweight, and more than one-third (39\%) reported they were diagnosed as obese or overweight by a provider.
- More than one-tenth of residents (11\%) reported having difficulty obtaining fresh fruits and vegetables.
- Nearly half ( $48 \%$ ) of residents reported there were 6 or more days in the past month they did not acquire enough sleep or rest.
- More than one-quarter of adults (29\%) in Erie County are considered physically inactive; this is slightly higher than the state average of $\mathbf{2 8 \%}$ (Source: County Health Rankings).
- More than one-third of adults ( $40 \%$ ) in Erie County have a BMI of 30 or more; this is significantly higher than the state average of $35 \%$ (Source: County Health Rankings).
- Community leaders were asked to list challenges residents in the county face in trying to maintain healthy lifestyles like exercising, eating healthy and/or trying to maintain chronic conditions such as diabetes or heart disease. The most common challenges mentioned were lack of knowledge/awareness of services (52\%), access to healthy foods (38\%), and finances/cost (38\%).


## Erie County Demographic Profile

Erie County is one of eight coastal counties situated on the eastern border of the Northwestern Ohio region. Of all counties in Ohio, Erie County has the $35^{\text {th }}$ highest population with 72,900 residents. Erie County's population is projected to decrease between 2022 and 2050. The median age in the county ( 44.8 years) is higher than the median age in the state (39.8).

Erie County Population Trends and Projections


Erie County Population Trends \& Projections

| Year | Erie County | Ohio |  | Erie County | Ohio |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1880 | 32,640 | 3,198,062 | 2020 | 72,900 | 11,574,870 |
| 1900 | 37,650 | 4,157,545 | 2025 | 70,350 | 11,598,670 |
| 1920 | 39,789 | 5,759,394 | 2030 | 67,740 | 11,615,100 |
| 1940 | 43,201 | 6,907,612 | 2035 | 64,910 | 11,635,110 |
| 1960 | 68,000 | 9,706,397 | 2040 | 62,300 | 11,679,010 |
| 1980 | 79,655 | 10,797,630 | 2045 | 62,240 | 11,666,880 |
| 2000 | 79,551 | 11,353,140 | 2050 | 62,160 | 11,646,810 |
| 2010 | 77,079 | 11,353,140 | Change |  |  |
| 2015 | 75,070 | 11,549,120 | 2020-2050 |  | + |

SOURCE: Ohio Development Services Agency, U.S. Census

| Erie County Population Trends \& Projections - Children |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Year | Erie County |  | Ohio |  |
|  | Under 5 | Under 18 | Under 5 | Under 18 |
| 2010 | 4,290 | 17,501 | 724,665 | 2,757,516 |
| 2011 | 4,216 | 17,235 | 720,783 | 2,735,947 |
| 2012 | 4,141 | 16,946 | 712,820 | 2,710,735 |
| 2013 | 4,088 | 16,618 | 706,439 | 2,688,864 |
| 2014 | 4,050 | 16,353 | 700,088 | 2,666,652 |
| 2015 | 4,052 | 16,167 | 695,996 | 2,649,557 |
| 2016 | 3,980 | 15,801 | 695,764 | 2,633,277 |
| 2017 | 3,970 | 15,612 | 695,704 | 2,620,542 |
| 2018 | 3,982 | 15,438 | 695,933 | 2,611,520 |
| 2019 | 4,251 | 15,279 | 694,711 | 2,598,908 |
| 2020 | 3,985 | 15,109 | 692,983 | 2,587,248 |
| Change 2010 to 2020 | -7.1\% | -13.7\% | -4.4\% | -6.2\% |
| SOURCE: U.S. Census Bureau |  |  |  |  |

Erie County has a higher population that is 65 years old or older compared to both Ohio and the country.
Percentage of Population Age 65 Years or Older, 2020


While the majority of the populations in Erie County and in Ohio are white ( $82 \%$ and $77 \%$, respectively), Erie County is slightly less diverse than the state.


Erie County Population by Race, 2020

|  | White | African <br> American | Native <br> American | Asian | Pacific <br> Islander | Other Race | Two or <br> more races |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Ohio | $9,080,688$ | $1,478,781$ | 30,720 | 298,509 | 5,034 | 224,344 | 681,372 |
| Erie County | 62,122 | 6,807 | 195 | 481 | 11 | 815 | 5,191 |
| SOURCE: U.S. Census Bureau |  |  |  |  |  |  |  |

## Erie County Population Estimates by Race



Erie County Population Estimates by Race

|  | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | \% Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| White | 65,913 | 65,526 | 64,861 | 64,312 | 63,928 | 62,122 | - 5.8\% |
| African-American | 6,411 | 6,066 | 6,389 | 6,765 | 6,769 | 6,807 | +5.8 |
| Native American | 249 | 363 | 186 | 270 | 292 | 195 | -21.7\% |
| Asian | 388 | 437 | 445 | 443 | 441 | 481 | +19.2\% |
| Pacific Islander | 67 | 86 | 7 | 6 | 6 | 11 | -83.6\% |
| Other race | 675 | 687 | 806 | 1,018 | 1,015 | 815 | + 17.2\% |
| Two or more races | 2,438 | 2,643 | 2,675 | 2,322 | 2,329 | 5,191 | +53.0\% |

The number of Hispanic or Latino residents has increased by $37.3 \%$ between 2010 and 2020.

Erie County Population by Hispanic Origin


[^0]A slightly lower percentage of households in the county (25.0\%) have more children in the household than in the state (28.9\%). This percentage has remained stable over the past five years.

## Percentage of Erie County Families with Children in the Household



Percentage of Erie County Families with Children in the Household

| County | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | Change |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Erie County | $25.5 \%$ | $25.3 \%$ | $25.3 \%$ | $24.8 \%$ | $25.4 \%$ | $25.0 \%$ | $\mathbf{- 0 . 5 \%}$ |
| Ohio | $30.2 \%$ | $30.0 \%$ | $29.8 \%$ | $29.6 \%$ | $29.3 \%$ | $28.9 \%$ | $\mathbf{- 1 . 3 \%}$ |
| SOURCE: U.S. Census Bureau, American Community Survey | 5 -Year Estimates |  |  |  |  |  |  |

In 2020, nearly half (47.0\%) of all Erie County households were occupied by married couples. One-quarter of households (25.0\%) had children under the age of 18, and more than one-third (35.8\%) had at least one adult age 65 years or older. Both the average household and average family size have remained relatively stable over the past five years.

| Erie County Households by Ty |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Household Type | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | \% Change |
| Total households | 31,767 | 31,731 | 31,577 | 31,301 | 31,183 | 31,319 | -1.4\% |
| Married couple | 47.0\% | 46.7\% | 46.6\% | 47.0\% | 47.0\% | 47.0\% | 0.0\% |
| Married couple with children | 13.8\% | 13.5\% | 13.4\% | 13.1\% | 12.8\% | NA not | -1.0\% |
| Male householder, with own kids | 1.9\% | 1.7\% | 1.7\% | 1.8\% | 1.1\% | available for 2020 | -0.8\% |
| Female householder, with own kids | 7.4\% | 7.5\% | 7.7\% | 7.2\% | 5.7\% |  | -1.7\% |
| Households with children | 25.5\% | 25.3\% | 25.3\% | 24.8\% | 25.4\% | 25.0\% | -0.5\% |
| Households with 65+ | 31.6\% | 32.9\% | 33.2\% | 34.3\% | 35.0\% | 35.8\% | +4.2\% |
| Average household size | 2.35 | 2.35 | 2.34 | 2.36 | 2.36 | 2.34 | -0.01 |
| Average family size | 2.94 | 2.91 | 2.89 | 2.91 | 2.91 | 2.89 | -0.05 |
| SOURCE: U.S. Census Bureau, American Community Survey 5-Year Estimates |  |  |  |  |  |  |  |

The number of children living with their grandparents in Erie County has decreased significantly since 2013 (23.9\%). However, the number for the state has remained relatively the same, decreasing slightly by $0.3 \%$.

## Number of Grandparents in Erie <br> County Raising Grandchildren



| Number of Grandparents in Erie County Raising Grandchildren |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| County | SFY 2013 | SFY 2016 | SFY 2018 | SFY 2020 | Change '13- '20 |
| Erie County | 884 | 624 | 616 | 672 | $\mathbf{- 2 3 . 9 \%}$ |
| Ohio | 99,487 | 100,667 | 97,811 | 91,845 | $\mathbf{- 7 . 7 \%}$ |
| SOURCE: Public Children Services Association of Ohio (PCSAO). |  |  |  |  |  |

Residents of Erie County tend to be slightly less geographically mobile than those of Ohio, with the majority (89\%) living in the same house as last year.

Geographic Mobility, 2020


| Geographic Mobility, 2020 |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Same house as <br> previous year | Different house, <br> in county | Different <br> County, in state | Different state | Abroad |
| Erie County | $88.6 \%$ | $6.4 \%$ | $3.1 \%$ | $1.8 \%$ | $0.1 \%$ |
| Ohio | $85.3 \%$ | $9.1 \%$ | $3.4 \%$ | $1.7 \%$ | $0.4 \%$ |
| SOURCE: Ohio Development Services Agency, Ohio County Profiles |  |  |  |  |  |

## Community Assets \& Resources

## HEALTH CARE ASSETS AND RESOURCES

The ratio of population to primary care physicians, mental health providers, and dentists is slightly lower in Erie County than Ohio. Additionally, there is only one registered hospital located in Erie County. Located in Sandusky, Firelands Regional Medical Center provides services to Erie, Ottawa, Sandusky, and Huron Counties.

| Health Care Summary, 2020 |  |  |
| :---: | :---: | :---: |
| Provider Description | Erie County | Ohio |
| Primary Care Physicians | 60 |  |
| Ratio of population to primary care | 1,240:1 | 1,300:1 |
| Mental Health Providers | 198 |  |
| Ratio of population to mental health | 370:1 | 380:1 |
| Dentists | 48 |  |
| Ratio of population to dentists | 1,540:1 | 1,560:1 |
| Number of registered hospitals* | 1 | 215 |
| Number of hospital beds* | 287 | 44,212 |
| Licensed nursing homes* | 7 | 954 |
| Number of beds* | 912 | 88,097 |
| Licensed residential care* | 5 | 771 |
| Number of beds* | 429 | 62,292 |
| SOURCE: County Health Rankings which used data from Area Health Resource File/American Medical Association for PCP and Dentists, original source of mental health data was CMS, National Provider Identification. * Ohio Development Services Agency, Ohio County Profiles |  |  |

## Major Employers

Six of the major employers in Erie County include Cedar Fair/Cedar Point, Erie County Government, Firelands Regional Medical Center, Flex-N-Gate/Ventra Corporation, Freudenberg NOK, and International Automotive Components.

Major Employers in Erie County

| Cedar Fair/Cedar Point | Flex-N-Gate/Ventra Corporation |
| :--- | :--- |
| Erie County Government | Freudenberg NOK |
| Firelands Regional Medical Center | International Automotive Components |
| SOURCE: Ohio Development Services Agency, Ohio County Profiles |  |
| ERIE COUNTY: https://devresearch.ohio.gov/files/research/C1023.pdf |  |

## Education Assets and Information

There are 6 school districts in Erie County: Sandusky City, Perkins Local, Vermilion Local, Edison Local, Huron City, and Margaretta Local. The average expenditure per student is less than the state average. However, the graduation rate for Erie County (96.0\%) is higher than the state (91.4\%).

There are no 4-year public universities or private colleges located within Erie County. However, Bowling Green State University - Firelands, a branch of Bowling Green State University, is located in Huron, Ohio. Two Ohio technical centers are also located in Erie County: the EHOVE Career Center in Milan and the Sandusky Career Center in Sandusky.

| County Education Summary, 2020 |  |  |
| :---: | :---: | :---: |
|  | Erie County | Ohio |
| Public school buildings | 23 | 3,033 |
| \# public students | 10,708 | 1,535,460 |
| \# public teachers | 783.3 | 110,338.5 |
| Expenditures per student | \$9,957 | \$10,669 |
| Graduation Rate | 96.0 | 91.4 |
| \# non-public schools | 6 | 952 |
| \# non-public students | 1,077 | 256,697 |
| \# 4-yr public universities | 0 | 13 |
| \# 4-year branches | 1 | 23 |
| \# 2-year public colleges | 0 | 38 |
| \# Private colleges and universities | 0 | 48 |
| Public libraries (Main/Branches) | 4/7 | 251/734 |
| SOURCE: Ohio Development Services Agency, Ohio County Profiles ERIE COUNTY: C1023.pdf (ohio.gov), OHIO: C1001.pdf (ohio.gov) |  |  |

## Community Health Assessment: <br> Detailed Results

## The three data components included in this assessment include:

- Community Survey - The community survey took a representative sample of 384 adults in the county. Survey questions focused on the following areas: community need and social determinants, access to care, mental health and substance abuse, healthy living, vaccinations, chronic diseases, and transportation.
- Secondary Data Analysis - Secondary data was examined to supplement survey results. Main sources of secondary data include the American Fact Finder, the Ohio Department of Health, and County Health Rankings.
- Community Health Leader Survey- Additional data was gathered to provide context for the primary and secondary data above. This included the Community Leader survey: an online survey completed by 50 community leaders who have knowledge of and/or experience in community health.

More detailed information about the data components can be found in the Research Methodology appendix.

Results of data collection and analysis are broken down into the following categories:
$\rightarrow$ Community Needs
$\rightarrow$ Social Determinants
$\rightarrow$ Personal Health Status
$\rightarrow$ Access to Health Care
$\rightarrow$ Mental Health
$\rightarrow$ Oral Health
$\rightarrow$ Smoking/Tobacco Use
$\rightarrow$ Alcohol and Substance Abuse
$\rightarrow$ Maternal, Infant, and Child Health
$\rightarrow$ Healthy Living
$\rightarrow$ Communicable Diseases, Vaccinations and Prevention Services
$\rightarrow$ Chronic Disease Management
$\rightarrow$ Transportation
$\rightarrow$ Housing
$\rightarrow$ Environmental Quality
$\rightarrow$ Safety, Injury and Violence
$\rightarrow$ Reproductive and Sexual Health

## COMMUNITY NEEDS

## COMMUNITY SURVEY

Summary: Community Needs

|  |  | \% of responses | $N$ |
| :---: | :---: | :---: | :---: |
| Most important health issue (open ended, Top 3) | Addiction/overdoses | 22.5\% | 351 |
|  | Mental health/behavioral health | 11.9\% |  |
|  | Affordability | 10.2\% |  |
| Sought assistance in past year for ... | Food | 16.5\% | 387 |
|  | Mental health issues | 11.4\% |  |
|  | Healthcare | 10.7\% |  |
|  | Utilities | 9.9\% |  |
|  | Medicare or other health insurance | 9.7\% |  |
|  | Prescription assistance | 7.7\% |  |
|  | Employment | 6.1\% |  |
|  | Home repair | 5.8\% |  |
|  | Rent/mortgage assistance | 5.7\% |  |
|  | Transportation | 5.6\% |  |
|  | Dental care | 5.2\% |  |
|  | Clothing | 5.0\% |  |
|  | Shelter | 3.0\% |  |
|  | Legal aid services | 2.6\% |  |
|  | Affordable childcare | 1.4\% |  |
|  | Gambling addiction | 0.3\% |  |
|  | None of the above | 66.1\% |  |

All residents were asked what they thought was the most important health-related issue or challenge in Erie County. Slightly less than one-quarter ( $22.5 \%$ ) of community residents felt that addiction/overdose was the most important health issue in the county. The second most important health-related issue was mental/behavioral health. Other health-related issues or challenges include, in order of importance, affordability ( $10.2 \%$ ), cancer ( $9.9 \%$ ), obesity/healthy lifestyle choices (7.1\%), COVID-19 (6.8\%), diabetes (5.1\%), flu (4.8\%), and aging/ elder care (4.8\%).

Most Important Health-related Issue or Challenge
Issue/Challenge

| Issue/Cnailenge | Responses | \% of Responses |
| :--- | :---: | :---: |
| Addiction/overdose | 79 | $22.5 \%$ |
| Mental/behavioral health | 32 | $11.9 \%$ |
| Affordability | 35 | $10.2 \%$ |
| Cancer | 25 | $9.9 \%$ |
| Obesity/healthy lifestyle choices | 24 | $7.1 \%$ |
| COVID-19 | 18 | $6.8 \%$ |
| Diabetes | 17 | $5.1 \%$ |
| Flu | 17 | $4.8 \%$ |
| Aging/elder care | 14 | $4.8 \%$ |
| Heart disease | 14 | $3.9 \%$ |
| Access to healthcare | 9 | $3.9 \%$ |
| Social determinants of health | 8 | $2.5 \%$ |
| Environmental factors | 5 | $2.2 \%$ |
| Safety factors | 5 | $1.4 \%$ |
| Sex education/health | 5 | $1.4 \%$ |
| Dental and vision focus | 3 | $1.4 \%$ |
| Media | 3 | $0.8 \%$ |
| Health education | 3 | $0.8 \%$ |
| Lack of exercise | 2 | $0.8 \%$ |
| Lack of nutrition | 2 | $0.5 \%$ |
| Shingles | 1 | $0.5 \%$ |
| COVID-19 vaccine divide | 1 | $0.2 \%$ |
| Suicide | 1 | $0.2 \%$ |
| Dementia | 1 | $0.2 \%$ |
| Foodborne disease | 1 | $0.2 \%$ |
| Arthritis | 1 | $0.2 \%$ |
| Discrimination | 1 | $0.2 \%$ |
| Alcohol | $0.2 \%$ |  |
|  | nestion: What do you think is the MOST important health-related issue or challenge facing your |  |
| Question |  |  |
| community? |  |  |

Residents were also given a list of seventeen issues and asked if they or a loved one sought assistance for any issue in the past year.
$\rightarrow$ FOOD: One-sixth (16.5\%) of residents sought assistance for food in the past year. Groups of residents more likely to have sought assistance in this area include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, residents with a high school diploma or less education, those who are employed part-time or unemployed, those who are single or divorced, and renters.
$\rightarrow$ MENTAL HEALTH ISSUES: More than one in ten residents (11.4\%) sought assistance for mental health issues in the past year. Groups of residents more likely to have sought assistance in this area include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, those who are single, and renters.
$\rightarrow$ HEALTHCARE: About one in ten residents (10.7\%) sought healthcare assistance in the past year. Groups of residents more likely to have sought assistance in this area include females, those with an annual income under $\$ 25,000$, residents with a high school diploma or less education, those who are unemployed, those who are single or divorced, and renters.
$\rightarrow$ UTILITIES: About one in ten residents (9.9\%) sought assistance for utilities in the past year. Groups of residents more likely to have sought assistance in this area include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, residents with a high school diploma or less education, those who are employed parttime or unemployed, those who are single or divorced, and renters.
$\rightarrow$ MEDICARE OR OTHER HEALTH INSURANCE: About one in ten residents (9.7\%) sought assistance in the past year for Medicare or other health insurance. Groups of residents more likely to have sought assistance in this area include residents age 65 years or older, those with an annual income under $\$ 50,000$, those who are unemployed, those who are single, and renters.
$\rightarrow$ PRESCRIPTION ASSISTANCE: Less than one in ten residents (7.7\%) sought prescription assistance in the past year. Groups of residents more likely to have sought assistance in this area include those with an annual income under $\$ 25,000$, those who are unemployed, and renters.
$\rightarrow$ EMPLOYMENT: Only $6.1 \%$ of residents sought assistance in the past year for employment. Groups of residents more likely to have sought assistance in this area include residents aged 18 to 44 years, those with an annual income under $\$ 50,000$, residents with a college degree or less education, those who are employed part-time or unemployed, single residents, and renters.
$\rightarrow$ HOME REPAIR: Fewer than $5.8 \%$ of residents sought assistance in the past year for home repair. Those with an annual income under $\$ 50,000$ were more likely to have sought assistance in this area.
$\rightarrow$ RENT/MORTGAGE ASSISTANCE: Similarly, $5.7 \%$ of residents sought assistance in the past year for rent/ mortgage assistance. Groups of residents more likely to have sought assistance in this area include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, residents with a college degree or less education, those who are employed part-time or unemployed, and renters.
$\rightarrow$ TRANSPORTATION: Over five percent (5.6\%) of residents sought assistance in the past year for transportation. Groups of residents more likely to have sought assistance in this area include those with an annual income under $\$ 25,000$, residents with a high school diploma or less education, those who are unemployed, those who are single or divorced, and renters.
$\rightarrow$ DENTAL CARE: Over five percent (5.2\%) of residents sought assistance in the past year for dental care. Groups of residents more likely to have sought assistance in this area include those with an annual income under $\$ 25,000$, residents with a high school diploma or less education, those who are employed part-time or unemployed, and renters.

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$\rightarrow$ CLOTHING: One in 20 residents ( $5.0 \%$ ) sought assistance in the past year for clothing. Groups of residents more likely to have sought assistance in this area include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, residents with a high school diploma or less education, those who are employed part-time or unemployed, those who are single or divorced, and renters.
$\rightarrow$ SHELTER: A small number of residents (3.0\%) sought assistance in the past year for shelter. Groups of residents more likely to have sought assistance in this area include those with an annual income under $\$ 25,000$, those who are employed part-time or unemployed, and renters.
$\rightarrow$ LEGAL AID SERVICES: Fewer than $2.6 \%$ of residents sought assistance in the past year for legal aid services. Groups of residents more likely to have sought assistance in this area include those with an annual income under $\$ 50,000$ and those who are not married.
$\rightarrow$ AFFORDABLE CHILDCARE: A small number of residents (1.4\%) sought assistance in the past year for affordable childcare. Groups of residents more likely to have sought assistance in this area include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, and those who are working part-time.
$\rightarrow$ GAMBLING ADDICTION: Only a small portion of residents ( $0.3 \%$ ) sought assistance in the past year for gambling addiction. There were no statistically significant demographic differences among groups in this area.
$\rightarrow$ UNPLANNED PREGNANCY: No residents sought assistance for an unplanned pregnancy in the past year.
$\rightarrow$ NONE OF THE ABOVE: Two-thirds of residents (66.1\%) did not seek assistance in the past year for any of the services mentioned above.

Top Reasons for Seeking Assistance in Erie County


## COMMUNITY LEADER SURVEY

Fifty (50) community leaders completed an online survey evaluating the most important health-related issues in Erie County. Community leaders then identified areas of focus for health interventions. Questions were open-ended, in which the leaders could give multiple responses.

Over three-fourths (78\%) of community leaders identified mental and behavioral health issues as most important. More specifically, the following were mentioned: availability of providers/workforce, decreasing stigma, increasing service capacity, and decreasing wait times for treatment.

More than half (53\%) of community leaders mentioned social determinants of health as important health-related issues or challenges. These include transportation, affordable and available housing, access to food, childcare, and violence. Social determinants of health could be addressed by connecting residents with available resources, removing barriers, and facilitating education programs.

More than one-third (37\%) of community leaders identified addiction and overdose as a priority. This includes prevention, treatment, and recovery.

Other priority issues identified by community leaders include access to healthcare, COVID-19, obesity and healthy lifestyle choices, health education, vaping and smoking cessation, and prevention.

| Most Important Health-related Issue or Challenge |  |  |
| :---: | :---: | :---: |
|  | \# of TOTAL <br> Responses | \% of Leaders |
| Mental/Behavioral health | 38 | 76\% |
| Social determinants of health | 26 | 52\% |
| Addiction/Overdoses | 18 | 36\% |
| Access to healthcare | 15 | 30\% |
| COVID-19 | 14 | 28\% |
| Obesity/Healthy lifestyle choices | 11 | 22\% |
| Health education | 9 | 18\% |
| Vaping/Smoking | 4 | 8\% |
| Alcohol | 3 | 6\% |
| Dental and Vision focus | 3 | 6\% |
| Environmental factors | 2 | 4\% |
| Heart disease | 2 | 4\% |
| Safety factors | 2 | 4\% |
| Cancer | 1 | 2.0\% |
| Aging/Elder care | 1 | 2.0\% |
| Affordability | 1 | 2.0\% |
| Prenatal | 1 | 2.0\% |
| Total | 151 | ( $\mathrm{n}=50$ ) |

When asked what needs to be done to address priority health issues, leaders recommended the following: increased resources throughout the county, collaboration, outreach and education, increased funding, and addressing basic needs.

## What Needs to be Done to Address Issues in Erie County

| Issue | What Needs Addressed |
| :---: | :---: |
| PLEASE NOTE: recommendations are verbatim/word-for word; only minor grammatical changes were made to the responses given by community leaders below. |  |
| Mental/Behavioral health | - In-home family counseling, mental health crisis response unit <br> - More access \& awareness <br> - Mental health services, promotion of services, stigma reduction efforts, routine screenings <br> - Find more resources to evaluate students <br> - Resources, public/private partnerships, recruitment of providers and staff, virtual and telehealth <br> - Increased access to resources/reducing stigma <br> - More resources for care <br> - More counselors <br> - Remove stigma, increase availability <br> - More services available <br> - Increased access to services <br> - More providers, quality services - less wait time <br> - Increase capacity and reduce wait times for services <br> - Increase Behavioral Health Workforce <br> - Long-term in-patient hospital <br> - Eliminate state barriers to funding sources like Medicaid and Medicare <br> - Education <br> - More transparency so that information relating to the treatment and/or diagnosis of persons <br> - Collaborations, full circle, more resources <br> - ID gaps in service and seek ways to compensate for those gaps. <br> - Break the stigma campaigns, offer satellite services <br> - More youth directed mental health providers <br> - Address disparities in accessing treatment <br> - Increase awareness <br> - Accessible care <br> - Coping skills, prevention <br> - Do we have enough counselors to help people understand talking about it will help? <br> - Services where people are located - pop up clinics <br> - More coordinated efforts <br> - Educate regarding problem identification and make resources available <br> - Professionals <br> - Provide in school mental health services <br> - Increase capacity, reduce wait times <br> - The demand for mental health exceeds the capacity of the local resources for both adults and youth <br> - Education on mental health <br> - Increase capacity and what constitutes a crisis and need for stabilization. <br> - Grants to provide programs for family counseling |
| Social determinants of health | - Reality based marketing for what healthy food tastes like, public awareness about food addictions <br> - Better access to programs like SNAP and WIC, more outreach <br> - Public transportation specifically for medical appointments |

## What Needs to be Done to Address Issues in Erie County

| Issue | What Needs Addressed |
| :---: | :---: |
|  | - Community subsidized farm to table <br> - Grants <br> - Secure funding <br> - Housing Improvement Funding <br> - May not seem like a health issue, but even for the hospital, transportation is limited. <br> - More bike paths/well-lit sidewalks <br> - Reduce or eliminate food deserts <br> - Community subsidized group housing <br> - Grants <br> - Larger efforts from local businesses to donate/address/distribute to those in need. <br> - More focus on the family unit surviving <br> - We lack safe adequate housing in our community to meet the basic needs of our citizens <br> - Upgrade, build low-cost affordable housing <br> - State minimum payment <br> - Development of programs <br> - Get involved in public recreation as mental health care <br> - Healthy coping mechanisms, access to care <br> - Build community, offer education within neighborhoods, address generational trauma <br> - Public/private partnerships, support of resources such as Victory Kitchen and OHGO <br> - Continued efforts to absorb a larger majority of qualified Moms into existing programs |
| Addiction/Overdose | - We need a provider that will follow best practices in field <br> - Addiction prevention and recovery <br> - Work with others in the community to reach families/individual to facilitate treatment <br> - More funding for projects and treatment <br> - Increase awareness <br> - Continue education and treatment sooner <br> - Early intervention in schools and more PSA information about the importance of healthy living <br> - Increased access to resources/reducing stigma <br> - More inclusive services <br> - More providers, quality services - less wait time <br> - Increase capacity and available service providers using best practices <br> - Continue Narcan efforts, rehab opportunities <br> - Increase capacity, reduce wait times, and increase use of providers using best practices <br> - Peer support, more paths to recovery <br> - Continue to educate the public and provide resources and expand access to care <br> - Education at all levels <br> - Mental health and substance use services, circle of care, stigma reduction efforts |
| Access to healthcare | - Collaborative efforts among care giving organizations <br> - Network to connect patients and residents, community collaboration, and outreach <br> - Collaboration and mutual support <br> - Accessibility for seniors, low income, and disabled <br> - Patient/Insurance education <br> - More providers, quality services - less wait time <br> - Increase providers, community service coordination <br> - Focus on funding services and vote out Republicans <br> - More accessible offices |

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## What Needs to be Done to Address Issues in Erie County

| Issue | What Needs Addressed |
| :---: | :---: |
|  | - Reaching out to those without doctors in the community and help arrange community sign ups <br> - Provide a pediatric service <br> - Bring doctors to where people are- work, school, homes <br> - Increased education about existing medical/dental services <br> - Improved access, especially for low socioeconomic status families, expanded offerings for appointments <br> - Work with and refer to other health institutions |
| COVID-19 | - Mass messaging county wide <br> - Marketing Campaign <br> - Market Benefits and Reduce Stigma <br> - Education and interventions <br> - Public education <br> - Promote vaccines <br> - Increase public awareness of communicable diseases and educate on benefits of vaccines <br> - Education <br> - More education <br> - Increase access to resources/accessibility <br> - Education and incentives <br> - Community collaboration to reach people <br> - Identify trends and educate public |
| Obesity/Healthy lifestyle choices | - Take fresh food bank opportunities further outside of the city to rural areas that truly are a food desert <br> - Community markets/farmers markets <br> - Healing trauma, less stress, address food deserts <br> - Funding to stimulate awareness and education <br> - Increased education about existing supports <br> - Community partnerships to raise awareness, better access to care, incentivizing preventive care <br> - Access to program, infrastructure changes to increase mobility and walkability, access to healthy food <br> - Impact social determinants, chronic disease management programs <br> - Education and support |
| Health education | - Classes related to public service for staff <br> - Consistent messages <br> - Educational materials, educational events, incentive programs <br> - Better explanation of your work to the public <br> - New website, more community outreach <br> - Reach the public on public's language <br> - State subsidized local college certification |

Community Leaders were given a list of health-related issues identified through the community survey and asked, based on their professional experience, to rank each issue on a scale of 1 (not at all important) to 10 (very important). Responses were averaged; it should be noted that all six issues had an average importance of 8.48 or higher. The top three issues, based on the rankings, were (1) mental health services, (2) access to health care and (3) alcohol and substance abuse.

# Importance of the Top 6 Health-Related Issues/ Challenges in Erie County 



Health leaders were also asked if they thought there were adequate services and programs in place to address each issue. Health leaders noted that there are adequate services for alcohol and substance abuse, chronic disease management, and access to healthcare.

Availability of Services and Programs to Address Health Issues


## What is Missing from Erie County to Address Health-Related Issues/ Challenges

| Issues | What is Missing |
| :---: | :---: |
| Aging Population and Related Issues | Funding/Access to supports and services (mentioned by 11 residents) |
|  | - Access to guardians and competency evaluations <br> - Appropriate housing, availability, and accessibility outside of Sandusky <br> - Lack of family support <br> - Development of the Home Care model which will allow an older adult to stay at home in a safe healthy environment. This includes wrapping all those services around the older adult including SDOH and all the providers talking to each other about that person's care <br> - Funding to address these with those most in need <br> - Resources available in the rural areas <br> - Programs to support the aging population and to improve SDOH <br> - Not many services provided <br> - Need for in-home supports and services and easily accessible transportation 24/7 <br> - Case management to make sure they can navigate the depth of services to get what they need <br> - Good transportation, stable employment, and income <br> - Grant funding and services to enable elderly residents to safely remain in their homes as they age |
|  | Awareness/Knowledge/Educational programs (mentioned by 5 residents) |
|  | - Awareness and programs <br> - Better community education campaigns <br> - I think we have a strong foundation of services available, but community knowledge of resources needs to increase, as well as connections and referrals. Often it can feel as though agencies are working against each other instead of with each other <br> - No awareness of anywhere specializing in age-related issues <br> - More coordinated education and resources |
|  | Cost of care/Social determinants (mentioned by 3 residents) |
|  | - Cost of care |


| What is Missing from Erie County to Address Health-Related Issues/ Challenges |  |
| :---: | :---: |
| Issues | What is Missing |
|  | - Better screening and awareness of social determinants, connecting community resources in a more unified way, removing barriers for those in financial distress (for example - developing a voucher program to subsidize STS having to charge for transportation to/from medical appointments or to/from grocery store for food <br> - Outreach to low-income seniors |
|  | Providers specializing in Geriatric Medicine (mentioned by 2 residents) |
|  | - We have very few options for doctors that specialize in geriatric medicine, and we do not have psychiatry in the area that specializes in geriatric psychiatry, even within the nursing homes in the area. This is critical because we see so many elderly people with issues related to medication interactions/polypharmacy problems and there is no one that is sitting down and taking a critical look at it from a geriatric medicine specialty perspective <br> - Doctors/NP's who specialize is geriatric issues |
|  | Other missing items |
|  | - Further development and collaboration <br> - Increase need on the horizon <br> - I do not feel like our community is properly serving our aging population for mental health. We continue to see elderly people living on their own and living in terrible conditions. Agencies try to help, but if they are competent, we can do very little to help them when they refuse help <br> - Help those with needs, especially those who do not live close to relatives <br> - Older adults believe for the sake of maintaining their independent lifestyle they believe they are best served, by NOT telling their doctor when they sense they are experiencing a functional deficit |
| Chronic disease management | Education/Information (mentioned by 3 residents) |
|  | - Non-insurance related information/access <br> - Education earlier in life to prevent chronic disease onset <br> - Awareness and programs |
|  | Case management (mentioned by 3 residents) |
|  | - Ability to follow patients from hospital/facility to community to encourage/ensure compliance with plan of care <br> - Follow up/ Case Management to get them to live a better life and educate them on their disease |
|  | Engagement and collaboration (mentioned by 3 residents) |
|  | - Not getting people to engage the system if they need help <br> - We need more ways to incentivize people to follow-up for chronic disease management. There needs to be a complete program in place that includes case management, transportation, access to medication, home visits, etc. <br> - Continued development of community collaboration |
|  | Specialty treatment (mentioned by 2 residents) |
|  | - Specialty care linked with services that provides ongoing monitoring and interventions for the underinsured <br> - More specialists needed within Erie County |
|  | Access (mentioned by 2 residents) |
|  | - Better access to PCPs to manage effectively |
|  | More options and supports (mentioned by 2 residents) |
|  | - Need for in-home supports and services and easily accessible transportation 24/7 <br> - More treatment options for individuals with chronic diseases |
|  | Other missing items |

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| What is Missing from Erie County to Address Health-Related Issues/ Challenges |  |
| :---: | :---: |
| Issues | What is Missing |
|  | - Group appointments. For those who are willing, hold group appointments of 10 people who are not managing their BP or CHF or Diabetes. Patients learn from other patient's experiences. Cleveland Clinic has Functional Medicine: Functioning for Life is a robust 10-week program of shared medical appointments designed for new patients to the Center for Functional Medicine. Disease-specific programs have been developed and patients can select the series that is right for them. These group appointments introduce patients to the functional medicine approach and provide the necessary laboratory testing, health information and dietary guidance needed to achieve optimal wellness. Each week, patients will interact with a multidisciplinary team of functional medicine providers including physicians, physician assistants, nurse practitioners, dietitians, health coaches and behavioral health therapists <br> - I don't think enough people seek or utilize the services offered in the community to manage their diseases <br> - Very expensive, universal healthcare, medication management <br> - Funding for non-reimbursable services |
| Access to Health Care | More providers (mentioned by 7 residents) |
|  | - The number of doctors available <br> - Consultative geriatricians- training primary care/internal medicine professions so they don't take it as a personal affront when a patient wants the PCP to consult with a Geriatrician. Veterans PCPs don't see a Geriatrician have any expertise that the PCP doesn't already have themselves. Geriatricians know how to address things that PCPs are uncomfortable dealing with <br> - More specialists <br> - More physicians who specialize in healthcare issues for Senior Citizens <br> - The physician workforce in the area is aging. It is tough to recruit to rural areas |
|  | Transportation and other social determinants (mentioned by 5 residents) |
|  | - Those with lower socioeconomic status and/or poor health literacy have significantly greater barriers to care due to education/awareness, financial and transportation related issues <br> - Financial need, transportation <br> - People who live in poverty do not have adequate access |
|  | Dentists not accepting Medicaid (mentioned by 4 residents) |
|  | - There are very few dentists in the area that accept Medicaid. Except the ECHD and at FHS, they are good but cannot handle complex issues. There are not any providers in the area that will handle complex issues for people with Medicaid- they have to go to Fremont or all the way to Columbus |
|  | Lack of information/ Education/ Partnerships (mentioned by 3 residents) |
|  | - Not enough information about resources getting to people who need services <br> - Health care providers and social service agencies do not have the education to understand priorities of patients with various issues <br> - Better partnerships with Serving our Seniors and Senior Center |
|  | Engagement (mentioned by 2 residents) |
|  | - Engagement- people who are not health literate do not understand the 'whys' behind things. |
|  | Other missing items |
|  | - Specialists' appointments can be months out <br> - Doctors of color <br> - Funding for ongoing specialty care beyond primary care <br> - Individuals don't seem to take responsibility for scheduling an appointment to establish care with a doctor or dentist. The emergency room is being used to provide routine care that should be provided by primary care |


| What is Missing from Erie County to Address Health-Related Issues/ Challenges |  |
| :--- | :--- | :--- |
| Issues | What is Missing |

## 2022 Erie County CHA

## What is Missing from Erie County to Address Health-Related Issues/ Challenges

Issues

## What is Missing

- Primarily there is a lack of residential mental health services across the state, particularly for individuals in need of long-term residential mental health treatment
- Providers, full circle care
- Shortage of providers
- In-home family therapy, mobile crisis response, the option of case management within each mental health agency, respite for parents/guardians with children having mental health diagnosis
- Community supports for parents, resources, and access to care particularly in youth
- Adult system is ok, not great. For Youth there's not much available and less that is effectively provided


## Workforce/Staff shortages (mentioned by 5 residents)

- Not enough clinicians
- Not enough social workers, therapists, and doctors. Not enough IP for crisis management
- Mental health practitioners - Erie County simply does not have enough psychologists
- Lack of providers to serve the community
- Just not enough services for the current crisis. Can we add more counselors in schools?

Education and information/Stigma reduction (mentioned by 5 residents)

- Outreach, Awareness, Break Stigma, Services
- Mental Health has a stigma and not enough people admit or recognize they have a problem. Far too often we are reactive toward people who have mental health issues instead of being proactive in helping the person before an incident occurs
- Reduce the stigma of getting help
- Social acceptance of help
- Better understanding for Professionals who directly handle mental health cases

Specific kinds of care/treatment approaches (mentioned by 4 residents)

- Primarily child and adolescent service providers and facilities
- More family counseling
- Mental Health services in school is a biggie, there should be several in the schools, how are we addressing this in schools, who is addressing stigma around it, prevention in schools will reduce many from having substance use problems later in life, we are missing specialized mental health providers in our area, not enough or you have to go towards Cleveland for specialization
- Short term triage/crisis stabilization to manage a person while they are connected to necessary services. Also need additional mental health services in schools


## Knowing where to go for help (mentioned by 2 residents)

- Understanding how to get help/services
- Not getting people to engage the system if they need help. Services may be available, but people are not seeking the help or are not being pushed in the right direction
Funding/Insurance/Affordability (mentioned by 4 residents)
- Federal government funded in-patient care facilities
- Better partnerships between existing agencies to ensure all facets of our population are aware of the resources available
- Expanding traditional health insurance plans to include mental health services.
- Cost of care

Address social determinants of health (mentioned by 3 residents)

- Expansion of publicly available mental health services for low to middle income persons
- Pop up clinics throughout neighborhoods where transportation is a barrier
- Barriers to attend appointments - transportation/living in crisis

| What is Missing from Erie County to Address Health-Related Issues/ Challenges |  |
| :---: | :---: |
| Issues | What is Missing |
|  | Integration/Coordination/Collaboration (mentioned by 2 residents) |
|  | - Integration of physical and mental health services. Some mental health/addiction issues are driven by physical health issues. Treating these separately reduces good health outcomes <br> - Leveraging telehealth and virtual care. Connecting various mental health resources in a coordinated fashion vs fragmentation and competition that exists in many areas today Public/private partnership opportunities? |
|  | Other missing items |
|  | - The ability to hold persons who fail to comply with treatment programs and continue to create disruptions/crimes/whatever. Red flag laws for firearms possession <br> - Need broader definition of what constitutes a crisis |
|  | Education, information, and buy-In (mentioned by 6 residents) |
|  | - Education on eating healthy <br> - Education <br> - Education on healthy lifestyles <br> - Education- cost of living healthy lifestyle vs not <br> - More education about taking responsibility and access to services <br> - Education and services assistance for high-risk children and adults |
|  | Specific programs/approaches (mentioned by 5 residents) |
|  | - Walking and biking trails <br> - Healthy living mentorship <br> - More intervention in schools <br> - Physical education needs to be a higher priority in school <br> - Visibility of programs to identify dangers and consequences at elementary school level |
|  | More programs, resources, supports (mentioned by 5 residents) |
|  | - Awareness and different activities individuals can participate in <br> - Connectivity and walkability, access to physical activity programs <br> - Opportunity to choose healthy lifestyles <br> - Outreach, Awareness, Break Stigma, Services <br> - Programs, resources, access to gyms |
|  | Food access/Nutrition (mentioned by 4 residents) |
| Obesity and healthy lifestyles choices | - Healthy food options <br> - Healthier on-the-go food options. People are busy and need healthy drive-thru options. Food deserts within the city of Sandusky need addressed <br> - Healthy food choices <br> - Quality food at affordable prices, and educational tools to teach people how to prepare whole food |
|  | Access and Affordability (mentioned by 4 residents) |
|  | - Accessible and affordable <br> - Access to healthy food and recreational spaces during cold weather <br> - Access to healthy foods, affordable foods, and knowledge of healthy eating/cooking could all affect obesity rate in our county. There are many ongoing efforts to effect change in these areas, however it's a matter of ensuring our efforts are affective and ensuring widespread access <br> - Primary care access |
|  | Collaboration and coordination (mentioned by 1 respondent) |
|  | - Better community messaging, education, awareness. Integrating community health efforts (especially at the hospital) to shift the focus more on wellness and well-care vs sick-care |

## What is Missing from Erie County to Address Health-Related Issues/ Challenges

## Issues

## What is Missing

Other missing items

- Services may be available, but people are not seeking the help or are not being pushed in the right direction
- Convenience
- People have an apathy toward obesity and healthy lifestyle choices. We can encourage healthy lifestyles, but if the public chooses not to listen, they continue their unhealthy path
- Stigma

Over one-third (36\%) of community leaders reported that there were additional important health issues that they would like to see the Health Department focus on over the next three years. The most common responses were mental health services, vaccinations, and community collaboration.

| Other Health Issues that Residents would like the Health Department to Address |  |  |
| :--- | :---: | :---: |
|  | \# Responses |  |
| Mental health services | 5 | $10.0 \%$ |
| Vaccinations | 4 | $8.0 \%$ |
| Community collaboration | 4 | $8.0 \%$ |
| Social determinants | 2 | $4.0 \%$ |
| Aging population | 2 | $4.0 \%$ |
| Drug and alcohol use in youth | 1 | $2.0 \%$ |
| Addiction | 1 | $2.0 \%$ |
| Environmental health | 1 | $2.0 \%$ |
| Educational programs | 1 | $2.0 \%$ |
| Firearms injuries | 1 | $2.0 \%$ |
| Miscellaneous | 1 | $2.0 \%$ |
| Question: Are there any other important health issues that you would like to see the Erie County <br> Department focus on over the next three years? What would that be? |  |  |

Community leaders were asked how important it is for the Erie County Health Department to address each demographic group. Most community leaders ( $80 \%$ or more) thought it was very important to address three specific groups: children, the elderly, and people with mental illness.


Community leaders listed problems, barriers, or gaps in services that prevent residents from receiving health-related care and services. The most common barriers to service were transportation issues ( $62.0 \%$ ), cost ( $40.0 \%$ ), and education/awareness of services (34.0\%).

| Problems, Barriers, or Gaps in Services | \# of TOTAL <br> Responses | \% of Leaders |
| :--- | :---: | :---: |
| Transportation issues | 31 | $62.0 \%$ |
| Cost | 20 | $40.0 \%$ |
| Education/awareness | 17 | $34.0 \%$ |
| Social acceptance/stigmas | 10 | $20.0 \%$ |
| Health insurance | 10 | $20.0 \%$ |
| Uncertainty/fear | 6 | $12.0 \%$ |
| Mental health | 6 | $12.0 \%$ |
| Personal unwillingness to seek care/Social norms | 5 | $10.0 \%$ |
| Language/Cultural barriers | 5 | $10.0 \%$ |
| Poverty/income inequality | 4 | $8.0 \%$ |
| Awareness of what is available | 4 | $8.0 \%$ |
| Availability | 4 | $8.0 \%$ |
| Hours services are provided | 4 | $8.0 \%$ |
| Waiting lists | 4 | $8.0 \%$ |
| Lack of resources/services | 3 | $6.0 \%$ |
| Not enough options | 3 | $6.0 \%$ |
| Trust | 2 | $4.0 \%$ |
| Communication issues | 2 | $4.0 \%$ |
| Engagement | 2 | $4.0 \%$ |
| Lack of support | 2 | $4.0 \%$ |
| Lack of in-home supports | 2 | $4.0 \%$ |
| Follow ups/primary care issues | 2 | $4.0 \%$ |
| Lack of life skills | 2 | $4.0 \%$ |
| Knowledge of insurance | 1 | $2.0 \%$ |
| Childcare | 1 | $2.0 \%$ |
| Unable to leave home | 1 | $2.0 \%$ |
| Miscellaneous | 11 | $22.0 \%$ |
|  | $\mathbf{1 6 4}$ | $\mathbf{( n = 5 0 )}$ |
| Question: What are some problems, barriers, or gaps in services that prevent residents from receiving |  |  |
| health-related care and services they need? |  |  |

Community leaders were asked what is being done well to address health and quality of life. Nearly one-third of residents ( $32.0 \%$ ) mentioned something related to the Health Department. Specific to the Health Department, the following were mentioned: quality of the staff, variety of programs and services offered, collaboration with the community and other agencies, and the amount of information provided to the community.

Leaders reported the following strengths: many/ a variety of services and programs available (32.0\%), strong agencies and agencies working together (14.0\%), and parks and recreational opportunities (12.0\%).

| Erie County Strengths: What is Being Done Well |  |  |
| :---: | :---: | :---: |
|  | \# of TOTAL <br> Responses | \% of Leaders |
| Health Department | 16 | 32.0\% |
| Many/variety of programming/services available | 11 | 22.0\% |
| Agencies work together/Strong organizations | 7 | 14.0\% |
| Parks and recreational opportunities | 6 | 12.0\% |
| Addressing the pandemic | 4 | 8.0\% |
| Addiction services and supports | 4 | 8.0\% |
| Many opportunities for health-related education | 4 | 8.0\% |
| Expansion of services | 3 | 6.0\% |
| Good hospital system | 3 | 6.0\% |
| Awareness of issues and needs in the community | 3 | 6.0\% |
| Food drives/pantries | 2 | 4.0\% |
| Total | 63 | ( $\mathrm{n}=50$ ) |
| Question: In your opinion, what is being done well in Erie County in the areas of health and quality of life? |  |  |

More than half (59.2\%) of community leaders agree that "community organizations work together in Erie County to address health-related issues" with $12.2 \%$ in strong agreement. Nearly one-quarter, $24.5 \%$, disagreed with this statement. Less than half ( $42.0 \%$ ) of community leaders agree that "it is easy to get information about health services that are available in the county," with $6.0 \%$ in strong agreement. Around one-fifth (22.0\%) disagree with this statement.

# Access to Health Information 



## 2022 Erie County CHA

## SOCIAL DETERMINANTS

## SECONDARY DATA ANALYSIS

The percentage of the population aged 18-24 years with a high school degree or more education is slightly lower in Erie County than in the state. However, the percentage of the population with a high school degree or more education for those age 25 years and older is slightly higher than the state average ( $92.2 \%$ for Erie County and $90.8 \%$ for state). Only $24.9 \%$ of Erie County residents have a bachelor's degree or more education; this is less than the state average of 28.9\%.

| Educational Attainment by Degree and Age |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 | 2017 | 2018 | 2019 | 2020 | $\begin{gathered} \text { Change } \\ \text { 2016-2020 } \end{gathered}$ |
| Percentage that have high school degree or higher, ages 18-24 years |  |  |  |  |  |  |
| Erie County | 88.7\% | 89.9\% | 89.7\% | 90.7\% | 87.9\% | -0.8\% |
| Ohio | 86.0\% | 86.4\% | 86.8\% | 87.0\% | 87.3\% | +1.3\% |
| Percentage that have high school degree or higher, age 25 years and older |  |  |  |  |  |  |
| Erie County | 90.6\% | 91.6\% | 91.9\% | 91.8\% | 92.2\% | +1.6\% |
| Ohio | 89.5\% | 89.8\% | 90.1\% | 90.4\% | 90.8\% | +1.3\% |
| Percentage that have bachelor's degree or higher, age 25 years and older |  |  |  |  |  |  |
| Erie County | 21.6\% | 22.4\% | 22.7\% | 23.2\% | 24.9\% | +3.3\% |
| Ohio | 26.7\% | 27.2\% | 27.8\% | 28.3\% | 28.9\% | +2.2\% |
| SOURCE: United States Census Bureau, American Fact Finder |  |  |  |  |  |  |

Measures of unemployment include persons who were not employed but who were actively seeking work, those waiting to be called back to a job from which they were laid off, or those waiting to report within thirty days. In 2020, the unemployment rate for the county was higher than it was for the state (10.5\% for Erie County and $8.1 \%$ for the state). Rates for both the county and state increased over the five-year period.

| Unemployed Residents in Erie County |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 | 2017 | 2018 | 2029 | 2020 | \% Change <br> $\mathbf{1 6}$ |
| Erie County | $5.5 \%$ | $6.1 \%$ | $5.6 \%$ | $5.0 \%$ | $10.5 \%$ | $\mathbf{+ 5 . 0 \%}$ |
| Ohio | $5.0 \%$ | $5.0 \%$ | $4.5 \%$ | $4.2 \%$ | $8.1 \%$ | $\mathbf{+ 3 . 1 \%}$ |
| SOURCE: Ohio Department of Job and Family Services, Office of Workforce Development, Bureau of Labor Market <br> Information, Local Area Unemployment Statistics. Data extracted from Civilian Labor Force Estimates Query tool |  |  |  |  |  |  |

The percentage of the population in poverty in Erie County is slightly lower than that of the state (11.9\% compared to $13.6 \%$, respectively).

| Total Percentage of Population in Poverty |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \# Pop <br> $(2020)$ | 2016 | 2017 | 2018 | 2019 | 2020 | Change <br> 2016-2020 |
| Erie <br> County | 73,261 | $12.8 \%$ | $13.0 \%$ | $12.0 \%$ | $11.7 \%$ | $11.9 \%$ |  |
| Ohio | $11,350,378$ | $15.4 \%$ | $14.9 \%$ | $14.5 \%$ | $14.0 \%$ | $13.6 \%$ | $\mathbf{- 1 . 8 \%}$ |
| SOURCE: U.S. Census Bureau, American Fact Finder, American Community Survey 5-Year Estimates |  |  |  |  |  |  |  |

Nearly one-quarter of children under the age of 5 are in poverty in Erie County. The percentage of children under 18 years of age in poverty is slightly lower in Erie County than the state ( $17.3 \%$ compared to $19.1 \%$, respectively). Poverty levels for children have slightly decreased over the past five years.

| Erie County Percentage of Children under 18 Years in Poverty |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \# Children (2020) | 2016 | 2017 | 2018 | 2019 | 2020 | $\begin{gathered} \text { Change } \\ \text { 2016-2020 } \end{gathered}$ |
| Erie County | 14,906 | 18.9\% | 19.1\% | 17.8\% | 17.9\% | 17.3\% | -1.6\% |
| Ohio | 2,545,054 | 22.1\% | 21.3\% | 20.8\% | 19.9\% | 19.1\% | -3.0\% |
| Percentage of Children under 5 Years in Poverty |  |  |  |  |  |  |  |
|  | \# Children (2020) |  | 2016 |  | 2020 | Change 2016-2020 |  |
| Erie County | 3,948 |  | 23.5\% |  | 22.1\% | -1.4\% |  |
| Ohio | 679,428 |  | 26.1\% |  | 21.8\% | -4.3\% |  |

Children under the age of 5 years had the highest level of poverty ( $22.1 \%$ ), while those 65 years old and older had the lowest poverty level ( $5.9 \%$ ). Females were more likely than males to be in poverty ( $13.5 \%$ compared to $10.3 \%$ ). Black (38.3\%) and multi-racial (23.8\%) residents had the highest poverty levels. Additionally, the lower the education level, the higher the poverty level for that demographic group (the poverty rate for those with less than a high school diploma was $22.4 \%$, compared to $3.3 \%$ for college graduates). The poverty rate for the unemployed is significantly higher than that of the employed population ( $26.7 \%$ compared to $5.9 \%$ ).

| Percentage of Population in Poverty by Age Group |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Pop 2020 | 2016 | 2017 | 2018 | 2019 | 2020 | $\begin{aligned} & \text { Change } \\ & \text { 2016-2020 } \end{aligned}$ |
| Under 5 | 3,948 | 23.5\% | 23.8\% | 21.8\% | 22.0\% | 22.1\% | -1.4\% |
| 5-17 | 10,958 | 17.4\% | 17.5\% | 16.3\% | 16.4\% | 15.5\% | -1.9\% |
| 18-34 | 14,355 | 20.1\% | 19.9\% | 17.4\% | 16.0\% | 16.4\% | -3.7\% |
| 35-64 | 28,454 | 9.3\% | 10.2\% | 9.8\% | 9.9\% | 10.2\% | +0.9\% |
| 65+ | 15,546 | 6.3\% | 5.5\% | 5.4\% | 5.0\% | 5.9\% | -0.4\% |
| Erie County Percentage of Population in Poverty by Gender |  |  |  |  |  |  |  |
| Male | 35,717 | 11.8\% | 11.3\% | 9.9\% | 9.9\% | 10.3\% | -1.5\% |
| Female | 37,544 | 13.8\% | 14.6\% | 14.0\% | 13.4\% | 13.5\% | -0.3\% |
| Erie County Percentage of Population in Poverty by Race and Ethnicity |  |  |  |  |  |  |  |
| White | 62,157 | 10.4\% | 10.5\% | 9.5\% | 9.2\% | 9.6\% | -0.8\% |
| Black | 6,567 | 26.9\% | 30.8\% | 27.8\% | 28.6\% | 28.3\% | +1.4\% |
| Asian | 578 | 6.7\% | 0.7\% | 0.7\% | 0.5\% | 0.9\% | -5.8\% |
| Two or more | 2,777 | 33.8\% | 29.6\% | 26.3\% | 26.4\% | 23.8\% | -10.0\% |
| Hispanic/Latino | 3,340 | 37.7\% | 32.5\% | 28.9\% | 23.7\% | 18.7\% | -19.0\% |
| Erie County Percentage of Population in Poverty by Education Level |  |  |  |  |  |  |  |
| Less than HS | 4,000 | 21.9\% | 24.0\% | 24.6\% | 22.8\% | 22.4\% | +0.5\% |
| HS grad | 18,307 | 10.1\% | 11.5\% | 10.7\% | 11.1\% | 12.5\% | +2.4\% |
| Some college | 17,033 | 9.8\% | 8.8\% | 7.8\% | 7.0\% | 7.8\% | -2.0\% |
| College grad | 13,231 | 4.6\% | 4.1\% | 4.0\% | 4.2\% | 3.3\% | -1.3\% |
| Erie County Percentage of Population in Poverty by Employment Status |  |  |  |  |  |  |  |
| Employed | 35,683 | 6.7\% | 7.2\% | 6.9\% | 6.6\% | 5.9\% | -0.8\% |
| Unemployed | 2,153 | 31.4\% | 34.0\% | 27.4\% | 23.0\% | 26.7\% | -4.7\% |

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## SOURCE: U.S. Census Bureau, American Fact Finder, American Community Survey 5-Year Estimates

The poverty rates for female-headed households, both overall and with children under 18, are significantly higher than those of married family households.

Percentage of Families in Poverty by Family Status

| Status | Pop 2020 | 2016 | 2017 | 2018 | 2019 | 2020 | Change <br> 2016-2020 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| All families | 19,998 | $9.6 \%$ | $9.4 \%$ | $8.8 \%$ | $7.2 \%$ | $8.5 \%$ | $\mathbf{- 1 . 1 \%}$ |
| Married families | 14,713 | $3.1 \%$ | $2.6 \%$ | $2.8 \%$ | $1.7 \%$ | $2.5 \%$ | $\mathbf{- 0 . 6 \%}$ |
| Female headed | 3,846 | $31.2 \%$ | $32.5 \%$ | $29.5 \%$ | $23.8 \%$ | $\mathbf{2 9 . 5 \%}$ | $\mathbf{- 1 . 7 \%}$ |
| Percentage of Families with Children under $\mathbf{1 8}$ in Poverty by Family Status |  |  |  |  |  |  |  |
| All families | 7,778 | $18.3 \%$ | $18.2 \%$ | $16.9 \%$ | $17.4 \%$ | $16.9 \%$ | $\mathbf{- 1 . 4 \%}$ |
| Married families | 4,435 | $4.0 \%$ | $4.0 \%$ | $5.0 \%$ | $5.2 \%$ | $4.1 \%$ | $\mathbf{+ 0 . 1 \%}$ |
| Female headed | 2,520 | $43.5 \%$ | $43.8 \%$ | $39.0 \%$ | $37.6 \%$ | $40.9 \%$ | $\mathbf{- 2 . 6 \%}$ |

SOURCE: U.S. Census Bureau, 2015-2019 American Community Survey 5-Year Estimates
Poverty levels are highest in Sandusky and Castalia.

| Poverty Rates by Zip Code, 2020 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Zip Code | Population | \# below poverty | \% below poverty | \# at 125\% of poverty level | \# at 200\% of poverty level |
| 44870 (Sandusky) | 38,489 | 6,077 | 15.8\% | 8,528 | 14,402 |
| 44824 (Castalia) | 3,826 | 500 | 13.0\% | 787 | 1,056 |
| 44839 (Huron) | 12,097 | 1,256 | 10.4\% | 1,391 | 2,397 |
| 44814 (Berlin Heights) | 2,545 | 203 | 8.0\% | 217 | 420 |
| 44846 (Milan) | 3,289 | 187 | 5.7\% | 203 | 399 |
| 44089 (Vermilion) | 15,429 | 664 | 4.3\% | 1,011 | 2,994 |
| 43438 (Kelleys Island) | 283 | 8 | 2.8\% | 19 | 48 |
| 44816 (Birmingham) | 15 | 0 | 0.0\% | 0 | 15 |

## PERSONAL HEALTH STATUS

## COMMUNITY SURVEY

| Summary: Personal Health Status |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | \% of Residents | $N$ |
| Personal description of health | Excellent | 15.3\% | 387 |
|  | Good | 56.0\% |  |
|  | Fair | 23.9\% |  |
|  | Poor | 4.1\% |  |
|  | Very Poor | 0.7\% |  |
| Number of days in past month that PHYSICAL health was not good | Average number of days not well | 4.65 | 386 |
|  | None | 51.9\% |  |
|  | 1-5 | 26.6\% |  |
|  | 6-10 | 7.7\% |  |
|  | 11-20 | 6.1\% |  |
|  | More than 20 | 7.7\% |  |
| Number of days in past month that MENTAL health was not good | Average number of days not well | 6.93 | 387 |
|  | None | 44.6\% |  |
|  | 1-5 | 21.8\% |  |
|  | 6-10 | 11.2\% |  |
|  | 11-20 | 9.2\% |  |
|  | More than 20 | 13.2\% |  |
| Number of Days Poor MENTAL or PHYSICAL Health Kept from Usual Activities | Average number of days kept from activities | 4.23 | 387 |
|  | None | 62.1\% |  |
|  | 1-5 | 17.1\% |  |
|  | 6-10 | 6.5\% |  |
|  | 11-20 | 6.7\% |  |
|  | More than 20 | 7.6\% |  |

Less than one-fifth of all residents (15.3\%) rate their health as excellent. More than half (56.0\%) rate their health as good. Combined, $71.3 \%$ have a favorable rating of their health. Almost one-quarter ( $23.9 \%$ ) of residents rate their health as fair. Only a small percentage of residents (4.8\%) have an unfavorable rating of their health, with $4.1 \%$ rating their health as poor and $0.7 \%$ as very poor.

Groups of residents more likely to rate their health favorably include those with an annual income over $\$ 75,000$, college graduates, residents who are employed full-time or retired, married residents, those with children in the home, white residents, and homeowners. Groups of residents more likely to have a fair or unfavorable rating of their health include residents with an annual income of $\$ 50,000$ to $\$ 75,000$, those with some college or less education, unemployed residents, those who are divorced, residents without children in the home, non-white residents, and renters.

Personal Health Rating Among Erie County Residents

*Please note that response scales were changed in 2022 from excellent, very good, good, fair, poor TO excellent, good, fair, poor, very poor.

Almost half of all residents (44.6\%) didn't have any days in the past 30 days in which their mental health was not good due to stress, depression, and problems with emotions. About one-fifth ( $21.8 \%$ ) reported their mental health was not good one to five days in the past month ( 30 days); $11.2 \%$ reported it was not good six to ten days in the past month. A small portion of residents (9.2\%) indicated their mental health was not good 11-20 days in the past month. Nearly onesixth of residents (13.2\%) indicated that their mental health was not good for 20 or more days in the past month.

Groups of residents more likely to have 11 or more bad mental health days in the past month ( 30 days) include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, those with a high school diploma or less education, those who are unemployed, those who are single, those with children in the home, and renters.

Half of Erie County's residents ( $51.9 \%$ ) had no days in the past month ( 30 days) in which their physical health was not good due to physical illness or injury. About one-quarter (26.6\%) reported that their physical health was not good one to five days in the past month; $7.7 \%$ reported it was not good $6-10$ days in the past month. A small portion (6.1\%) indicated it was not good 11-20 days. Less than one-tenth of residents ( $7.7 \%$ ) indicated their physical health was not good for 20 or more days in the past month. Groups of residents more likely to have 11 or more bad physical health days in the month include obese residents, those aged 45 to 64 years, those without children in the home, and those who are unemployed.

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## Number of Poor Physical and Mental Health Days in the Past Month for Erie County Residents



More than one-third ( $37.9 \%$ ) of residents reported that poor mental health kept them from doing their usual activities such as self-care, work, or recreation in the past month ( 30 days). Of those residents, $17.1 \%$ indicated they were kept from their usual activities 1 to 5 days in the past month. A small portion of residents (6.5\%) indicated 6 to 10 days; $6.7 \%$ reported 11 to 20 days. A total of $7.6 \%$ of residents indicated they were kept from their usual activities for more than 20 days in the past month. Groups of residents more likely to have been kept from usual activities for 11 or more days in the past month because of poor physical or mental health include obese residents, those aged 18 to 44 years, those with an annual income under $\$ 50,000$, females, residents with a high school diploma or less education, those who are unemployed or employed part-time, those who are single, non-white residents, and renters.


## ACCESS TO HEALTH CARE

 COMMUNITY SURVEY| Summary: Insurance Coverage |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | \% of Residents | $N$ |
| Currently has health insurance | Insured | 93.0\% | 387 |
|  | Not insured | 7.0\% |  |
| Why no Insurance (open ended top 3, of those without insurance) | Cannot afford | 57.5\% | 22 |
|  | Unemployed | 29.8\% |  |
|  | Personal choice | 12.7\% |  |
| Type of Insurance coverage (of those with insurance) | Private insurance- employer paid | 41.1\% | 358 |
|  | Private insurance-self paid | 11.4\% |  |
|  | Medicare | 32.0\% |  |
|  | Medicaid | 13.1\% |  |
|  | VA Coverage | 2.4\% |  |
| Services covered by insurance (of those with insurance) | Hospitalization | 88.0\% | 360 |
|  | Emergency room care | 89.9\% |  |
|  | Prescription assistance | 82.8\% |  |
|  | Preventative care | 82.5\% |  |
|  | Vision services | 69.4\% |  |
|  | Dental services | 69.2\% |  |
|  | Long term care | 31.4\% |  |
|  | Family planning (birth control) | 36.0\% |  |
|  | Mental health | 63.9\% |  |
|  | Alcohol and drug treatment | 43.8\% |  |
|  | Prenatal/maternity | 40.3\% |  |
|  | Chiropractic | 42.1\% |  |

Seven percent (7.0\%) of residents do not have insurance coverage. More than one-third (41.1\%) are covered by employer-paid plans, $11.4 \%$ are covered by private insurance, $32.0 \%$ are covered by Medicare, $13.1 \%$ by Medicaid, and $2.4 \%$ by VA. The most common reason for being uninsured was not being able to afford it. Groups of residents more likely to NOT have insurance coverage include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, males, residents with some college or less education,

| Barriers to Insurance Coverage <br> (asked of those with no insurance) |  |  |
| :--- | :---: | :---: |
|  | $\#$ | $\%$ |
| Cannot afford | 13 | $57.5 \%$ |
| Unemployed | 6 | $29.8 \%$ |
| Personal choice | 3 | $12.7 \%$ |
| Total | $\mathbf{2 2}$ | $\mathbf{( n = 2 2 )}$ | those who are unemployed, single residents, non-white residents, and renters. Groups of residents more likely to have private insurance include residents aged 45 to 64 years, those with an annual income over $\$ 75,000$, males, college graduates, those who are employed full-time, married, homeowners, white residents, and those with children in the home. Groups of residents more likely to have Medicare or Medicaid include residents age 65 years old and over, those with an annual income under $\$ 25,000$, females, those with a high school diploma or less education, residents who are retired or unemployed, those who are divorced or widowed, renters, non-white residents, and those without children in the home.

## 2022 Erie County CHA

## Erie County Residents with Health Insurance Coverage



Among most residents with health insurance, services that are covered include Emergency Room care (89.9\%), hospitalization ( $88.0 \%$ ), prescription assistance ( $82.8 \%$ ), and preventative care ( $82.5 \%$ ). More than half of residents with insurance have vision coverage (69.4\%), dental coverage ( $69.2 \%$ ), or mental health coverage ( $63.9 \%$ ). Less than half of residents have coverage for alcohol and drug addiction (43.8\%), chiropractic coverage ( $42.1 \%$ ), and prenatal/ maternity coverage ( $40.3 \%$ ). Less than one-third of insured residents have family planning/birth control coverage (36.0\%) or long-term care (31.4\%).

Type of Health Insurance Coverage


## Health Services Covered by Insurance



| Summary: Access to Health Care |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | \% of Residents | $N$ |
| Have primary care provider | Yes | 83.6\% | 387 |
|  | No | 16.4\% |  |
| Length of time since last routine check-up | Within past year | 79.9\% | 387 |
|  | Within past 2 years | 6.8\% |  |
|  | Within past 5 years | 4.3\% |  |
|  | 5 or more years ago | 6.5\% |  |
|  | Never | 2.4\% |  |
| Where receive health care most often | Primary care or family doctor | 73.4\% | 387 |
|  | The emergency room | 5.2\% |  |
|  | Urgent Care | 8.5\% |  |
|  | Health Department clinic | 1.9\% |  |
|  | VA hospital | 2.2\% |  |
|  | Community health center | 2.6\% |  |
|  | Telemedicine | 1.8\% |  |
|  | Somewhere else | 4.3\% |  |
| Where get most medical information | Doctor | 66.8\% | 387 |
|  | Internet | 17.3\% |  |
|  | Nurse | 5.5\% |  |
|  | Family members | 4.6\% |  |
|  | Friends | 0.8\% |  |
|  | Pharmacy | 0.8\% |  |
|  | Other source | 4.2\% |  |
| Likelihood of using telehealth or telemedicine | Very likely | 34.8\% | 387 |
|  | Somewhat likely | 39.9\% |  |
|  | Not at all likely | 25.3\% |  |
| Likelihood of using athome primary care services | Very likely | 18.7\% | 387 |
|  | Somewhat likely | 42.3\% |  |
|  | Not at all likely | 39.0\% |  |
| Like to see services or programs offered in area | Yes | 32.9\% | 387 |
|  | No | 67.1\% |  |
| Programs or services would like to see offered (open ended top 3) | Mental health | 20.2\% | 124 |
|  | Addiction | 12.1\% |  |
|  | Affordable care | 10.5\% |  |
| Services needed unable to get in past year | Yes | 11.1\% | 387 |
|  | No | 88.9\% |  |
| Prescription unable to get | Yes | 10.1\% | 387 |
|  | No | 89.9\% |  |

## Primary Care Providers

Most residents ( $83.6 \%$ ) have one person or group that they think of as their health care provider. Residents who are more likely to have a primary care provider include residents aged 65 years old and over, females, college graduates, retirees, those who are married or divorced, homeowners, and white residents.

Residents with a Primary Care Provider
■ Has a Primary Care Provider ■ Does Not Have a Primary Care Provider


More than three-quarters (79.9\%) of residents have received a routine checkup within the past year. A notable percentage ( $6.5 \%$ ) have not received a routine medical checkup in five or more years, while $2.4 \%$ have never had a routine checkup. The older the respondent, the more likely they were to have had a routine checkup in the past year. Residents who are more likely to have had a routine checkup in the last year also include those with an annual income over $\$ 50,000$, college graduates, retirees, those who are widowed, homeowners, and white residents.


## Access to Care

About three-quarters (73.4\%) of residents receive their health care from a primary care doctor. Another $8.5 \%$ of residents rely on an urgent care center as their primary source of health care, while $5.2 \%$ rely on an emergency room. Groups of residents more likely to use a primary care or family doctor include residents aged 45 years and over, those with an annual income over $\$ 75,000$, females, college graduates, retirees, those who are married and widowed, homeowners, and white residents. Groups of residents more likely to use something other than a primary care or family doctor include residents aged 18 to 44 years, those with an annual income of $\$ 25,000$ to $\$ 50,000$, males, residents with a high school diploma or less education, those who are unemployed, those who are single, renters, and non-white residents.

Where Residents Receive Healthcare Most Often


## Finding Medical Information

Two-thirds (66.8\%) of residents receive most of their information from their doctor. A notable number (17.3\%) of residents find most of their medical information on the internet. Groups of residents more likely to use a primary care or family doctor include residents aged 65 years and over, those with a high school diploma or less education, and non-white residents. Groups of residents more likely to use something other than a primary care or family doctor include residents aged 18 to 44 years, those with some college education, and white residents.

Primary Source of Medical Information


## Online and At-Home Services

Around one-third (34.8\%) of residents said they would be very likely to use telehealth or telemedicine, while $39.9 \%$ would be somewhat likely and $25.3 \%$ would be not at all likely to use the services. Groups of residents more likely to

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very likely use telehealth or telemedicine include residents aged 18 to 44 years, those who are employed full-time, those who are single, and white residents.

Less than one-fifth ( $18.7 \%$ ) of residents would be very likely to use at-home primary care services if they were available. Less than half of Erie County's residents ( $42.3 \%$ ) would be somewhat likely to use these services, and $39.0 \%$ would be not at all likely to use these services. There were no statistically significant demographic groups more likely to very likely to use at-home primary care services.

# Likelihood of Using At-Home or Telehealth Services 



## Healthcare, Health Education, Public Health Programs and Services

One-third (32.9\%) of residents have healthcare, health education or public health programs or services they would like to see offered in their community. Of these residents, one-fifth (20.2\%) said they would like to see mental health programs; $12.1 \%$ would like to see programs targeting addiction; and $10.5 \%$ would like to see programs for affordable care.


| Programs or Services Residents Would Like to See Offered in Erie County |  |  |
| :--- | :---: | :---: |
|  | of Responses |  |
| Mental health | 25 | $20.2 \%$ |
| Addiction | 15 | $12.1 \%$ |
| Affordable care | 13 | $10.5 \%$ |
| Walk-in facilities | 11 | $8.9 \%$ |
| Wellness centers | 10 | $8.1 \%$ |
| Accurate information | 8 | $6.5 \%$ |
| Sex education | 7 | $5.6 \%$ |
| Aging | 7 | $5.6 \%$ |
| Weight management | 5 | $4.0 \%$ |
| Diabetes | 4 | $3.2 \%$ |
| Nutrition | 3 | $2.4 \%$ |
| Dental and vison | 3 | $2.4 \%$ |
| In-home visits | 3 | $2.4 \%$ |
| Health screenings | 3 | $2.4 \%$ |
| Auto-immune disease | 2 | $1.6 \%$ |
| Pain management | 1 | $0.8 \%$ |
| Genetic and rare disease | 1 | $0.8 \%$ |
| Heart health | 1 | $0.8 \%$ |
| Autism | 1 | $0.8 \%$ |
| Video chats | 1 | $0.8 \%$ |
|  | $\mathbf{1 2 4}$ | $\mathbf{1 2 4}$ |

## Needs Services

More than one-tenth of residents (11.1\%) reported there were healthcare services they or a family member needed in the past year that they were unable to get. Groups of residents more likely to encounter barriers to service include those with an annual income under $\$ 75,000$, females, those who are employed part-time or unemployed, those who are single, and renters.

The three services needed most often are dental, surgery, and other specialists/tests and procedures. The most common barrier to service is inability to afford the co-pay or deductible.

## Experienced Barriers that Prevented Access to Services



| Health Services Needed |  |  |
| :---: | :---: | :---: |
|  | \# of Responses | \% of Responses |
| Dental | 13 | 31.7\% |
| Surgery | 6 | 14.6\% |
| Other specialist test/procedure | 6 | 14.6\% |
| Mental health services | 5 | 12.2\% |
| Lung treatment/Pulmonologist | 3 | 7.3\% |
| Prescription medicine | 2 | 4.9\% |
| Emergency services | 2 | 4.9\% |
| COVID-19 related services | 2 | 4.9\% |
| Physical | 1 | 2.4\% |
| Vision | 1 | 2.4\% |
| Total | 41 | ( $\mathrm{n}=41$ ) |

Question: Were there any healthcare services that you or a family member needed in the past year that you were unable to get?


## Needs Prescription

Over one-tenth (10.1\%) of residents were unable to obtain prescription services for themselves or a family member in the past year. The most common barriers to service were cost, lack of coverage, and lack of a doctor's prescription.

## Residents with Access to Prescription Medications



- Unable to Obtain Prescription Medication - Able to Obtain Prescription Medication

| Barriers to Prescription Medication Access |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | \# of Responses | \% of Responses |  |  |  |
| Cost | 14 | $36.8 \%$ |  |  |  |
| No coverage | 13 | $34.2 \%$ |  |  |  |
| Lacked doctor prescription | 6 | $15.8 \%$ |  |  |  |
| Out of stock | 2 | $5.3 \%$ |  |  |  |
| Pharmacy was closed | 2 | $5.3 \%$ |  |  |  |
| No transportation | 1 | $2.6 \%$ |  |  |  |
| Total |  |  |  | $\mathbf{3 8}$ | $\mathbf{( n = 3 8 )}$ |
| Question: What was the reason? |  |  |  |  |  |

## SECONDARY DATA ANALYSIS

Over the past five years, the percentage of individuals without health insurance decreased by $1.5 \%$. Black residents are more likely to be uninsured than white residents ( $12.5 \%$ uninsured compared to $4.2 \%$ uninsured, respectively). The percentage of residents without insurance under the age of 19 years ( $4.5 \%$ ) is lower than the percentage of uninsured residents aged 19 years or older (7.9\%).

| Percent of Erie County Residents Who Are Uninsured |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathbf{2 0 1 7}$ | $\mathbf{2 0 1 8}$ | $\mathbf{2 0 1 9}$ | $\mathbf{2 0 2 0}$ | \% Change <br> $\mathbf{2 0 1 6}$ |
| Erie County | $6.9 \%$ | $5.0 \%$ | $4.7 \%$ | $5.4 \%$ | $\mathbf{- 1 . 5 \%}$ |
|  |  |  |  |  |  |
| White | $6.1 \%$ | $4.0 \%$ | $4.0 \%$ | $4.2 \%$ | $\mathbf{- 1 . 9 \%}$ |
| Black | $11.2 \%$ | $10.0 \%$ | $8.0 \%$ | $12.5 \%$ | $\mathbf{+ 1 . 3 \%}$ |
| Under 19 | $4.6 \%$ | $4.7 \%$ | $3.6 \%$ | $4.5 \%$ | $\mathbf{- 0 . 1 \%}$ |
| 19 and older | $10.4 \%$ | $7.2 \%$ | $7.0 \%$ | $7.9 \%$ | $\mathbf{- 2 . 5 \%}$ |
| SOURCE: U.S. Census Bureau, American Community Survey 5-Year Estimates |  |  |  |  |  |

Primary care physicians include non-federal, practicing physicians (M.D.'s and D.O.'s) under the age of 75 years specializing in general practice medicine, family medicine, internal medicine, and pediatrics. In Ohio, there is one primary care physician for every 1,290 residents. Erie County's ratio is lower than the state ratio, with one primary care physician for every 1,240 residents.

| Ratio of Primary Care Physicians to Residents |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 |  | 2017 |  | 2018 |  | 2019 |  | \% Change |
|  | \# of PCP | Ratio | \# of PCP | Ratio | \# of PCP | Ratio | \# of PCP | Ratio |  |
| Erie County | 56 | 1,340:1 | 57 | 1,310:1 | 56 | 1,330:1 | 60 | 1,240:1 | 0.0 |
| Ohio | - | 1,300:1 | - | 1,310:1 | - | 1,300:1 | - | 1,290:1 | -0.4 |

## COMMUNITY LEADER SURVEY

$\rightarrow$ More than three-quarters (78.0\%) of community leaders agree that "emergency care is available in my county," with $26.0 \%$ in strong agreement. One-tenth (10.0\%) of leaders disagree with this statement.
$\rightarrow$ More than two-thirds (68.4\%) of community leaders agree that "residents in Erie County are able to access a primary care doctor when needed," with $22.0 \%$ in strong agreement. One-tenth (10.0\%) of leaders disagree with this statement.
$\rightarrow$ Nearly one-fifth (18.0\%) of community leaders agree that "people in the community know about the health services and options that are available to them," with $2.0 \%$ in strong agreement. More than half (52.0\%) of leaders disagree with this statement.
$\rightarrow$ Nearly half (48.0\%) of community leaders agree that "residents in Erie County are able to access medical specialists when needed (cardiologist, dermatologist, etc.)," with 10.0\% in strong agreement. More than one-quarter (28.0\%) of leaders disagree with this statement.
$\rightarrow$ Nearly half (49.0\%) of community leaders agree that "Erie County has the needed programs and resources to address health-related issues," with $4.1 \%$ in strong agreement. One-fifth (20.4\%) of leaders disagree with this statement.


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## MENTAL HEALTH

## COMMUNITY SURVEY

| Summary: Mental Health |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | \% of residents | \# |
| During past 12 months... | Felt sad or hopeless 2+ weeks | 20.6\% | 387 |
|  | Ever seriously consider suicide | 7.5\% |  |
| Do you know someone who... | Has died by suicide | 44.5\% | 387 |
|  | Has talked about thoughts of suicide | 34.2\% |  |
|  | Has attempted suicide, but did not die | 28.1\% |  |
| Been Diagnosed by Medical Professional | Anxiety disorder such as OCD or panic | 18.7\% | 387 |
|  | ADD/ADHD | 10.7\% |  |
|  | Posttraumatic stress disorder | 13.2\% |  |
|  | Seasonal affective disorder | 9.4\% |  |
|  | Alcohol/Substance Abuse/Dependence | 7.0\% |  |
|  | Postpartum depression | 4.6\% |  |
|  | Bipolar | 9.3\% |  |
|  | Developmental disability | 3.8\% |  |
|  | Other mental health disorder | 5.9\% |  |
|  | Eating disorder | 4.4\% |  |
|  | Schizophrenia | 1.7\% |  |
|  | Problem gambling | 1.7\% |  |
|  | Depression | 30.5\% |  |
| Immediate <br> Family Member Been Diagnosed by Medical Professional | Anxiety disorder such as OCD or panic | 23.9\% | 387 |
|  | ADD/ADHD | 29.5\% |  |
|  | Posttraumatic stress disorder | 13.5\% |  |
|  | Seasonal affective disorder | 13.7\% |  |
|  | Alcohol/Substance Abuse/Dependence | 31.1\% |  |
|  | Postpartum depression | 11.4\% |  |
|  | Bipolar | 20.8\% |  |
|  | Developmental disability | 15.5\% |  |
|  | Other mental health disorder | 13.9\% |  |
|  | Eating disorder | 9.2\% |  |
|  | Schizophrenia | 9.6\% |  |
|  | Problem gambling | 7.5\% |  |
|  | Depression | 39.1\% |  |

More than one in five residents, $21 \%$, felt so sad or hopeless for two or more weeks that they stopped doing some usual activities in the past 12 months. Groups of residents more likely to have felt sad or hopeless for two weeks or more in a row include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, females, residents with some college or less education, those who are employed part-time or unemployed, single residents, and renters.

Only a small percentage of residents, $7.5 \%$, seriously considered suicide in the past year. Groups of residents more likely to have seriously considered suicide include residents aged 18 to 44 years, those with a high school diploma or less education, residents who are employed part-time, single residents, and renters.


During the Past 12 Months, Seriously Considered Suicide


Nearly half (44.5\%) of residents know someone who has died by suicide. Groups of residents more likely to know someone who has died by suicide include males, residents with some college education, those who are employed, and white residents. More than one-third (34.2\%) know someone who has talked about thoughts of suicide. Groups of residents more likely to know someone who has talked about suicidal thoughts include residents aged 18 to 44 years, those who are unemployed, those who are single, renters, and those with children in the home. More than one-quarter (28.1\%) know someone who has attempted suicide but did not die. Groups of residents more likely to know someone who has attempted suicide but did not die include residents aged 18 to 44 years, those with an annual income under $\$ 50,000$, residents with some college education, those who are employed part-time, those who are single, renters, and those with children in the home.

Community Residents who Know Someone Who. . .


Depression, anxiety disorder, posttraumatic stress disorder, ADD/ADHD, bipolar, seasonal affective disorder, alcohol/substance abuse disorder, other mental health disorder, postpartum depression, eating disorder, developmental disability, gambling, and schizophrenia are common mental health conditions in Erie County.

Mental Health Status in Erie County


Depression: Nearly one-third (30.5\%) of residents have been diagnosed with depression, while $39.1 \%$ have an immediate family member who has been diagnosed. Groups of residents more likely to have been diagnosed with depression include residents aged 18 to 44 years, those with an annual income under $\$ 50,000$, females, residents with some college or less education, those who are employed part-time or unemployed, those who are single, renters, those with children in the home, and nonwhite residents.

Anxiety Disorder such as OCD or Panic Disorder: Nearly one-fifth (18.7\%) of residents have been diagnosed with an anxiety disorder such as obsessive-compulsive disorder (OCD) or panic disorder, while $23.9 \%$ reported an immediate family member has been diagnosed. Groups of residents more likely to have been diagnosed with an anxiety disorder include residents aged 18 to 44 years, those with an annual income under $\$ 50,000$, females, residents with some college or less education, those who are employed part-time, those who are single renters, those with children in the home, and non-white residents.

Post-traumatic Stress Disorder: More than one-tenth (13.2\%) of residents have been diagnosed with post-traumatic stress disorder or PTSD, while $13.5 \%$ indicated an immediate family member has been diagnosed. Groups of residents more likely to have been diagnosed with PTSD include residents aged 18 to 44 years, those with an annual income under $\$ 75,000$, females, residents with some college or less education, those who are employed part-time, those who are single, renters, those with children in the home, and non-white residents.

ADD/ADHD: One-tenth (10.7\%) of residents have been diagnosed with attention deficit disorder or ADD/ADHD, while over one-quarter (29.5\%) have an immediate family member who has been diagnosed. Groups of residents more likely to have been diagnosed with ADD or ADHD include residents aged 18 to 44 years, those with an annual income under $\$ 50,000$, residents with a high school diploma or less education, those who are unemployed, those who are single, renters, those with children in the home, and non-white residents.

Bipolar Disorder: Nearly one-tenth (9.3\%) of residents have been diagnosed with bipolar disorder, while one-fifth ( $20.8 \%$ ) have an immediate family member who has been diagnosed. Groups of residents more likely to have been diagnosed bipolar disorder include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, females, residents with a high school diploma or less education, those who are employed part-time, those who are single, renters, and non-white residents.

Seasonal Affective Disorder: Nearly one-tenth (9.4\%) of residents have been diagnosed with seasonal affective disorder, while $13.7 \%$ have an immediate family member who had been diagnosed. Groups of residents more likely to have been diagnosed with seasonal affective disorder include residents aged 18 to 44 years, those with an annual income under \$50,000, those who are employed part-time, renters, and non-white residents.

Alcohol/ Substance Abuse/ Dependence: Less than one-tenth (7.0\%) of residents have been diagnosed with alcohol/ substance abuse/ dependence, while nearly one-third of residents (31.1\%) have an immediate family member who has been diagnosed. Groups of residents more likely to have been diagnosed with alcohol/ substance abuse/ dependence include residents aged 18 to 44 years, those with an annual income under \$50,000, females, residents with a high school diploma or less education, those who are unemployed or employed part-time, and renters.

Other Mental Health Disorder: A small percentage (5.9\%) of residents have another mental health disorder that was not listed, while $13.9 \%$ have an immediate family member with another mental health disorder.

Postpartum Depression: A small percentage (4.6\%) of residents have been diagnosed with postpartum depression, while $11.4 \%$ have an immediate family member who has been diagnosed. Groups of residents more likely to have been

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diagnosed with postpartum depression include residents aged 18 to 44 years, females, residents with a high school diploma or less education, those who are employed part-time, renters, and those with children in the home.

Eating Disorder: A small percentage (4.4\%) of residents have been diagnosed with an eating disorder, and nearly onetenth of residents ( $9.2 \%$ ) have an immediate family member who has been diagnosed. Groups of residents more likely to have been diagnosed with an eating disorder include residents aged 18 to 44 years, those with an annual income of $\$ 25,000$ to $\$ 50,000$, females, residents with a high school diploma or less education, those who are employed parttime, single residents, renters, and non-white residents.

Developmental Disability: A small percentage (3.8\%) of residents have been diagnosed with a developmental disability, while $15.5 \%$ have an immediate family member who has been diagnosed. Groups of residents more likely to have been diagnosed with a developmental disability include residents aged 18 to 44 years, those with an annual income under $\$ 50,000$, residents with a high school diploma or less education, those who are unemployed, renters, those with children in the home, and non-white residents.

Schizophrenia: A small percentage (1.7\%) of residents have been diagnosed with schizophrenia, while $9.6 \%$ have an immediate family member who has been diagnosed. Groups of residents more likely to have been diagnosed with schizophrenia include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, residents with a high school diploma or less education, those who are unemployed, those who are single or divorced, renters and non-white residents.

Problem Gambling: A small percentage (1.7\%) of residents have a problem gambling, while $7.5 \%$ know of an immediate family member with this problem. Groups of residents more likely to have a gambling problem include residents aged 18 to 44 years, residents with a high school diploma or less education, those who are employed part-time, those who are single, renters, and non-white residents.

## COMMUNITY LEADER SURVEY

More than one-fifth (22\%) of community leaders agree that "there are a sufficient number of mental and behavioral health providers in the area." More than half (56.0\%) disagree with this statement, and $20.0 \%$ strongly disagree.

Availability of Mental and Behavioral Health Providers


There are not enough mental health providers in the area.

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## SECONDARY DATA ANALYSIS

Mental health providers include psychiatrists, psychologists, licensed clinical social workers, counselors, marriage and family therapists, mental health providers that treat alcohol and other drug abuse, and advanced practice nurses specializing in mental health care. In Ohio, there is one mental health provider for every 350 residents. The ratio in Erie County is slightly higher, with one mental health provider for every 370 county residents.

| Availability of Mental Health Providers |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2017 |  | 2018 |  | 2019 |  | 2020 |  | 2021 |  |
|  | \# of Provider | Ratio | \# of Provider | Ratio | \# of Provider | Ratio | \# of Provider | Ratio | \# of Provider | Ratio |
| Erie County | 156 | 480:1 | 161 | 460:1 | 177 | 420:1 | 184 | 400:1 | 198 | 370:1 |
| Ohio | - | 560:1 | - | 470:1 | - | 410:1 | - | 380:1 | - | 350:1 |
| SOURCE: County Health Ranking. Original Source: HRSA Area Resource File. |  |  |  |  |  |  |  |  |  |  |

The rate of suicide deaths in Erie County has slightly varied over the past five years and is higher than the state's rate.

| Erie County Suicide Death Rate |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2017 | $\mathbf{2 0 1 8}$ | $\mathbf{2 0 1 9}$ | 2020 | 2021 | Rate <br> Change |  |
| Erie County | 16.0 | 12.1 | 18.9 | 9.5 | 17.6 | $\mathbf{+ 1 . 6}$ |  |
| Ohio | 14.9 | 15.7 | 15.5 | 15.5 | 15.0 | $\mathbf{+ 0 . 1}$ |  |
| Erie County Suicide Death Rate by Age Group |  |  |  |  |  |  |  |
| $5-14$ | 0.0 | 0.0 | 12.0 | 0.0 | 0.0 | $\mathbf{0}$ |  |
| $15-24$ | 11.4 | 23.1 | 58.9 | 24.0 | 36.0 | $\mathbf{+ 2 4 . 6}$ |  |
| $25-34$ | 23.9 | 11.7 | 11.7 | 0.0 | 0.0 | $\mathbf{- 2 3 . 9}$ |  |
| $35-44$ | 12.9 | 25.7 | 25.7 | 12.7 | 38.2 | $\mathbf{+ 2 5 . 3}$ |  |
| $45-54$ | 20.6 | 0.0 | 11.0 | 22.8 | 11.4 | $\mathbf{- 9 . 2}$ |  |
| $55-64$ | 17.2 | 0.0 | 17.5 | 8.9 | 8.9 | $\mathbf{- 8 . 3}$ |  |
| $65-74$ | 32.8 | 43.4 | 10.6 | 0.0 | 10.2 | $\mathbf{- 2 2 . 6}$ |  |
| $75-84$ | 0.0 | 0.0 | 19.9 | 19.8 | 79.1 | $\mathbf{+ 7 9 . 1}$ |  |
| $85+$ | 46.9 | 0.0 | 0.0 | 0.0 | 0.0 | $\mathbf{- 4 6 . 9}$ |  |
| SOURCE: Ohio Department of Health, Data Warehouse |  |  |  |  |  |  |  |

Poor mental health days are defined as days during the last month when mental health was not good due to stress, depression, and problems with emotions. The average number of poor mental health days in Erie County was the same as Ohio, measuring 5.2 days.

| Number of Poor Mental Health Days in the Past 30 Days |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |
|  | $\mathbf{2 0 1 5}$ | $\mathbf{2 0 1 6}$ | $\mathbf{2 0 1 7}$ | 2018 | 2019 | Change |
| Erie County | 3.9 | 3.9 | 4.3 | 4.9 | 5.2 | $\mathbf{+ 1 . 3}$ |
| Ohio | 4.0 | 4.3 | 4.3 | 4.8 | 5.2 | $\mathbf{+ 1 . 2}$ |

[^1]
## COMMUNITY LEADERS

Half (50.0\%) of community leaders disagree that "there is a sufficient number of mental and behavioral health providers in the area." Only one-third (33.3\%) of leaders agree with this statement.


## ORAL HEALTH

## COMMUNITY SURVEY

Nearly two-thirds ( $65.2 \%$ ) of residents have seen a dentist in the past year. An additional $14.1 \%$ have seen a dentist in the past two years, and $8.9 \%$ in the last five years. One in ten residents ( $10.8 \%$ ) have not seen a dentist in five or more years, and a small portion (1.0\%) have never seen a dentist at all. Groups of residents most likely to have visited the dentist in the past year include residents who are 65 years old and older, those with an annual income over $\$ 75,000$, college graduates, those who are employed full-time or retired, those who are married or widowed, homeowners, and non-white residents. Groups of residents most likely to have not had a dental visit in the past five years include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, residents with some college or less education, those who are unemployed, those who are single or divorced, and renters.


The most common barriers to dental visits in the past year were the cost, lack of dental insurance, having no problems with teeth, and being scared.

Barriers to Dental Health Visits

| Cost | \# of Responses | \% of Responses |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| No dental insurance | 28 | $22.0 \%$ |  |  |  |
| No problems with teeth | 24 | $18.8 \%$ |  |  |  |
| Scared | 16 | $12.5 \%$ |  |  |  |
| Wear dentures | 11 | $10.2 \%$ |  |  |  |
| Time | 10 | $8.6 \%$ |  |  |  |
| Limitations due to pandemic | 8 | $7.8 \%$ |  |  |  |
| Busy schedule | 4 | $6.3 \%$ |  |  |  |
| Need to find another dentist | 3 | $3.1 \%$ |  |  |  |
| Do not have a dentist | 3 | $2.3 \%$ |  |  |  |
| Distance | 3 | $2.3 \%$ |  |  |  |
| Health problems | 2 | $2.3 \%$ |  |  |  |
| Difficulty getting appointment | 1 | $1.6 \%$ |  |  |  |
| Does not accept my Medicaid insurance | 1 | $0.8 \%$ |  |  |  |
| Motivation | 1 | $0.8 \%$ |  |  |  |
| Total |  |  |  | $\mathbf{1 2 8}$ | $0.8 \%$ |
| Question: What is the main reason have not visited the dentist? |  |  |  |  |  |

## SECONDARY DATA ANALYSIS

The ratio of population per number of dentists has been decreasing over the past five years in the state and increasing in the county. This ratio is slightly lower in Erie County than it is for the state as a whole.

| Availability of Dental Providers |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 |  | 2017 |  | 2018 |  | 2019 |  | 2020 |  | $\begin{gathered} \% \\ \text { Change } \end{gathered}$ |
|  | \# of Dentists | Ratio | \# of Dentists | Ratio | \# of Dentists | Ratio | \# of Dentists | Ratio | \# of Dentists | Ratio |  |
| Erie County | 50 | 1,500:1 | 50 | 1,500:1 | 47 | 1,590:1 | 49 | 1,520:1 | 48 | 1,540:1 | -4.0\% |
| Ohio | - | 1,660:1 | - | 1,620:1 | - | 1,610:1 | - | 1,560:1 | - | 1,570:1 | - |

[^2]
## COMMUNITY LEADER SURVEY

Half (50.0\%) of community leaders agree that "residents in Erie County are able to access a dentist when needed," with $16.7 \%$ in strong agreement. Over one-quarter (27.1\%) of leaders disagree with this statement.


## SMOKING/TOBACCO USE

## COMMUNITY SURVEY

| Summary: Smoking and Tobacco Use |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | $\%$ of Residents | $N$ |
| Smoked 100 or more cigarettes in life | Yes | 46.2\% | 387 |
|  | No | 53.8\% |  |
| Tobacco usage | Everyday | 11.1\% | 387 |
|  | Some days | 8.6\% |  |
|  | Not at all | 80.3\% |  |
| Electronic Cigarette/Vape Usage | Everyday | 6.2\% | 387 |
|  | Some days | 3.6\% |  |
|  | Not at all | 90.2\% |  |
| Trying to quit or willing to quit smoking | Yes | 58.0\% | 76 |
|  | No | 42.0\% |  |
| How harmful are electronic cigarettes, e-cigarettes, or vaping is to: You | Very harmful | 65.6\% | 381 |
|  | Somewhat harmful | 23.4\% |  |
|  | Not at all harmful | 11.0\% |  |
| How harmful are electronic cigarettes, e-cigarettes, or vaping is to: Youth | Very harmful | 79.0\% | 385 |
|  | Somewhat harmful | 15.8\% |  |
|  | Not at all harmful | 5.2\% |  |
| How harmful are electronic cigarettes, e-cigarettes, or vaping is to: Other adults | Very harmful | 67.2\% | 385 |
|  | Somewhat harmful | 27.7\% |  |
|  | Not at all harmful | 5.1\% |  |

Less than half ( $46.2 \%$ ) of residents have smoked 100 or more cigarettes in their lifetime. Groups of residents more likely to have smoked 100 or more cigarettes in their lifetime include residents aged 45 years and over, those with an annual income of $\$ 50,000$ to $\$ 75,000$, males, residents with some college or less education, those who are divorced, renters, those without children in the home, and white residents.

## Smoked 100 or More Cigarettes in Life



Around one-tenth (11.1\%) of residents currently smoke cigarettes, cigars, chewing tobacco or use other tobacco every day. Around eight percent (8.6\%) of residents smoke cigarettes or use tobacco less frequently or only some days. The remaining portion, $80.3 \%$, smoke not at all. Groups of residents more likely to smoke or use tobacco include residents aged 18 to 44 years, those with an annual income under $\$ 75,000$, residents with a high school diploma or less education, those who are unemployed, those who are single, renters, and non-white residents.

A small portion (6.2\%) of residents currently smoke e-cigarettes or vape every day. Another small portion (3.6\%) use e-cigarettes or vape some days, and the majority ( $90.2 \%$ ) smoke or vape not at all. Groups of residents that were more likely to smoke e-cigarettes or vape include residents aged 18 to 44 years, those with an annual income under $\$ 75,000$, females, residents with a high school diploma or less education, those who are single, and renters.

Of the residents who currently smoke or vape, more than half (58.0\%) are trying to or willing to quit smoking. Over one-third ( $35.9 \%$ ) of those who smoke or vape are very likely to quit within the next six months. More than half ( $62.3 \%$ ) are somewhat likely to quit, while a small portion (1.8\%) are not at all likely to quit.


## Current Smokers' Likelihood to Quit Smoking in the Next Six Months



Residents who are currently trying to quit smoking have tried a variety of methods. Nearly half ( $41.7 \%$ ) have tried patches, while $27.2 \%$ tried medication. Over one-fourth ( $26.7 \%$ ) tried gum, $1.8 \%$ the tobacco quit line, and $1.6 \%$ utilized counseling. Nearly one-third ( $31.4 \%$ ) of current smokers have not tried any of those methods, and $20.6 \%$ tried another method that was not mentioned.

Methods Tried by Current Smokers to Quit Smoking


More than three-quarters ( $79.0 \%$ ) of all residents feel that vaping among youth is very harmful, with $15.8 \%$ feeling that it is somewhat harmful and $5.2 \%$ feeling that it is not at all harmful. Slightly more than two-thirds ( $67.2 \%$ ) of residents feel that vaping among other adults is very harmful, with $27.7 \%$ feeling that it is somewhat harmful, and $5.1 \%$ feeling that it was not at all harmful. Similarly, two thirds of residents ( $65.6 \%$ ) felt that vaping themselves was very harmful, with $23.4 \%$ feeling that it was somewhat harmful and $11.0 \%$ feeling that it is not at all harmful. Groups of residents more likely to feel that vaping among youth is very harmful include residents aged 45 years and over, females, college graduates, those who are married or divorced, and white residents. Groups of residents more likely to feel that vaping among adults is very harmful include residents aged 45 years and over, those with an annual income over $\$ 50,000$, females, college graduates, and homeowners.

## Perceptions of Harm Caused by Cigarettes, ECigarettes, and Vaping



## SECONDARY DATA ANALYSIS

Adult smoking prevalence is the estimated percent of the adult population that currently smokes every day or "most days" and has smoked at least 100 cigarettes in their lifetime. The percentage of adults who smoke in the county is slightly higher than the state average ( $23 \%$ in the county compared to $22 \%$ in Ohio).

| Percent of Erie County Adults that Currently Smoke |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2015 | 2016 | 2017 | 2018 | 2019 | Change |
| Erie County | $20 \%$ | $20 \%$ | $18 \%$ | $22 \%$ | $23 \%$ | $\mathbf{+ 3 . 0 \%}$ |
| Ohio | $22 \%$ | $23 \%$ | $21 \%$ | $21 \%$ | $22 \%$ | $\mathbf{0 . 0 \%}$ |
| SOURCE: County Health Rankings |  |  |  |  |  |  |

## ALCOHOL AND SUBSTANCE ABUSE

COMMUNITY SURVEY

| Summary: Alcohol and Substance Abuse |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | \% | $N$ |
| Alcohol consumption | Every day | 7.9\% | 387 |
|  | Some days | 57.1\% |  |
|  | Not at all | 35.0\% |  |
|  | Average number of drinks per week | 5.50 | 387 |
| \# of days had 5+ drinks past month (men) | None | 67.0\% | 184 |
|  | 1 | 16.5\% |  |
|  | 2 or more | 16.5\% |  |
| \# of days had 4+ drinks past month (women) | None | 73.1\% | 198 |
|  | 1 | 14.3\% |  |
|  | 2 or more | 12.5\% |  |
| Driven after drinking alcohol in past month |  | 10.6\% | 387 |
| How harmful alcohol is to: You | Very harmful | 26.3\% | 383 |
|  | Somewhat harmful | 48.2\% |  |
|  | Not at all harmful | 25.5\% |  |
| How harmful alcohol is to: Youth | Very harmful | 71.8\% | 385 |
|  | Somewhat harmful | 22.5\% |  |
|  | Not at all harmful | 5.7\% |  |
| How harmful alcohol is to: Other adults | Very harmful | 27.3\% | 383 |
|  | Somewhat harmful | 61.3\% |  |
|  | Not at all harmful | 11.4\% |  |
| Anyone in household seeking help for alcohol addiction |  | 4.5\% | 386 |
| During the last 6 months, did anyone in household use. . . | Marijuana | 25.4\% | 387 |
|  | Amphetamines, methamphetamines, or speed | 5.0\% |  |
|  | Cocaine or crack | 1.4\% |  |
|  | Heroin | 0.9\% |  |
|  | LSD or other hallucinogens | 1.6\% |  |
|  | Inhalants | 0.0\% |  |
|  | Ecstasy or GHB | 1.1\% |  |
|  | Bath salts used illegally | 0.0\% |  |
|  | Something else | 1.3\% |  |
|  | None of the above | 72.6\% |  |
| In past year. . . | Taken any prescription medications | 80.0\% | 387 |
|  | Taken prescriptions not belonging to them | 2.6\% |  |
|  | Taken prescriptions different than prescribed | 3.5\% |  |
| Anyone in household seeking help for substance use disorder |  | 3.9\% | 387 |
| Utilizing resources for substance use disorder | Self-help | 8.4\% | 71 |
|  | Counseling | 12.3\% |  |
|  | Detox | 4.8\% |  |
|  | Medication assisted treatment | 9.6\% |  |
|  | Other | 1.1\% |  |

A small portion (7.9\%) of residents drink alcoholic beverages such as beer, wine, malt beverages or liquor every day. Over half (57.1\%) drink alcohol some days. More than one-third ( $35.0 \%$ ) of residents don't drink alcoholic beverages at all. Groups of residents more likely to drink alcoholic beverages include those with an annual income of $\$ 50,000$ or more, residents with some college or more education, residents who are employed full-time, homeowners, and white residents. The average number of alcoholic beverages per week was 5.5 for all residents. Groups of residents with significantly higher averages include males ( 7.6 drinks), residents aged 45 to 64 years ( 6.3 drinks), and those with some college ( 5.8 drinks).


Binge drinking is defined as drinking five or more alcoholic drinks on one occasion (men) or drinking four or more alcoholic drinks on one occasion (women). For males, over half ( $67.0 \%$ ) drank five or more alcoholic drinks zero times in the past month, while $16.5 \%$ binged one time. The remaining $16.5 \%$ of males drank five or more drinks on one occasion two or more times in the past month. For females, nearly three quarters ( $73.1 \%$ ) drank four or more alcoholic drinks zero times in the past month, while $14.3 \%$ binged one time. The remaining $12.5 \%$ of females drank four or more drinks on one occasion two or more times in the past month.


About one in ten (10.6\%) residents reported driving after drinking any alcoholic beverages during the past month. Males are more likely to report driving after drinking.

Residents who Drove after Drinking Alcohol in Past Month


Less than three-quarters ( $71.8 \%$ ) of all residents feel that drinking alcohol among youth is very harmful, with $22.5 \%$ feeling that it is somewhat harmful and $5.7 \%$ feeling that it is not at all harmful. More than one-quarter ( $27.3 \%$ ) of residents feel that drinking alcohol among other adults is very harmful, with $61.3 \%$ feeling that it is somewhat harmful and $11.4 \%$ feeling that it is not at all harmful. Similarly, $26.3 \%$ of residents feel that drinking alcohol themselves is very harmful, with $48.2 \%$ feeling that it is somewhat harmful and $25.5 \%$ feeling that it is not at all harmful. Groups of residents who feel that drinking alcohol is very harmful to youth include residents aged 45 to 64 years, females, those who are unemployed, those who are married or divorced, and homeowners. Groups of residents who feel that drinking alcohol is very harmful to adults include residents with an annual income under $\$ 25,000$, those with some college education, those who are single, and renters.


A small portion (4.5\%) of residents have been seeking help for alcohol addiction. Of those that are seeking help, $21.8 \%$ have utilized self-help therapy, $11.4 \%$ have utilized Alcoholics Anonymous (AA) counseling, $9.4 \%$ used medications, and 2.8\% used detox.


One-quarter ( $25.4 \%$ ) of residents reported they or someone in their household had used marijuana in the past six months. Only a small fraction of residents (5.0\%) reported they or someone in their household had used amphetamines, methamphetamines, or speed. Even fewer residents (1.4\%) reported using cocaine or crack, $0.9 \%$

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heroin, $1.6 \%$ LSD or other hallucinogens, $0 \%$ inhalants, $1.1 \%$ ecstasy or GHB, and $0.0 \%$ bath salts used illegally. Groups of residents more likely to have used marijuana in the past six months include residents aged 18 to 44 years, those with an annual income under $\$ 50,000$, residents with a high school diploma or less education, those who are employed part-time, those who are single, and renters.


Most residents $(80.0 \%$ ) have taken prescription medications in the past year. Only a small percentage of residents reported taking prescriptions that did not belong to them (2.6\%) or taking a prescription differently than prescribed, such as more frequently or in higher doses than directed by a doctor (3.5\%).

Use of Prescription Medication


A small portion (3.9\%) of residents are currently seeking help for substance use disorder. Of those who are seeking help, counseling (12.3\%), medication-assisted treatment (9.6\%), self-help (8.4\%), and detox (4.8\%) have been utilized. Half ( $50.0 \%$ ) of residents report cost as a barrier to treatment. Other barriers include transportation ( $25 \%$ ), no support system (12.5\%), and no treatment center (12.5\%).


## SECONDARY DATA ANALYSIS

Excessive drinking is defined as binge drinking or heavy drinking. Binge drinking is defined as consuming four or more (women) or 5 or more (men) alcoholic beverages on a single occasion in the past 30 days. Heavy drinking is defined as drinking more than one (women) or two (men) drinks per day on average. The percentage of adults reporting binge or heavy drinking was slightly lower in Erie County (19\%) than the state (21\%).

| Percentage of Adults Reporting Binge or Heavy Drinking |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2015 | 2016 | 2017 | $\mathbf{2 0 1 8}$ | $\mathbf{2 0 1 9}$ | Change |
| Erie County | $18 \%$ | $18 \%$ | $19 \%$ | $18 \%$ | $19 \%$ | $\mathbf{+ 1 . 0 \%}$ |
| Ohio | $19 \%$ | $19 \%$ | $20 \%$ | $18 \%$ | $21 \%$ | $\mathbf{+ 2 . 0 \%}$ |
| SOURCE: County Health Rankings |  |  |  |  |  |  |

In 2020, the percentage of driving deaths with alcohol involvement in Erie County (28\%) was lower than the state (33\%).

| Percentage of Driving Deaths with Alcohol Involvement |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 | 2017 | $\mathbf{2 0 1 8}$ | 2019 | 2020 | Change |
| Erie County | $25 \%$ | $22 \%$ | $27 \%$ | $27 \%$ | $28 \%$ | $\mathbf{+ 3 . 0 \%}$ |
| Ohio | $34 \%$ | $33 \%$ | $33 \%$ | $32 \%$ | $33 \%$ | $\mathbf{- 1 . 0 \%}$ |
| SOURCE: County Health Ranking. Original Source: National Center for Health Statistics |  |  |  |  |  |  |

On average, $34.2 \%$ of client admissions in the county were associated with a primary diagnosis of alcohol abuse or dependence in SFY 2020. It should be noted this data comes from the Ohio Mental Health \& Addiction Services (OhioMHAS) and Multi Agency Community Information System (MACSIS). While MACSIS data is required for billing purposes, there are minimal sanctions for failing to submit, so underreporting of these numbers is likely. It should also be noted that reported data only reflects information for clients whose treatment was provided with public dollars.

| Percentage of Unduplicated Clients Receiving Treatment for Alcohol Use Disorder |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | SFY 2016 | SFY 2017 | SFY 2018 | SFY 2019 | SFY 2020 | Change |
| Erie County | $29.0 \%$ | $33.3 \%$ | $32.9 \%$ | $37.5 \%$ | $34.2 \%$ | $\mathbf{+ 5 . 2 \%}$ |
| Ohio Avg. | $20.3 \%$ | $24.1 \%$ | $21.2 \%$ | $21.5 \%$ | $19.2 \%$ | $\mathbf{- 1 . 1 \%}$ |
| SoURCE: Ohio Mental Health \& Addiction Services, Multi Agency Community Information Systems. |  |  |  |  |  |  |

The number of unintentional drug overdose deaths in Erie County has increased significantly since 2014. In 2020, the unintentional drug overdose death rate for Ohio was higher than the rate for Erie County.

| Unintentional Drug Overdose Death Rate, 2013-2020 |  |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2014 | $\mathbf{2 0 1 5}$ | $\mathbf{2 0 1 6}$ | $\mathbf{2 0 1 7}$ | $\mathbf{2 0 1 8}$ | $\mathbf{2 0 1 9}$ | $\mathbf{2 0 2 0}$ | Change |
| Erie County | 18.9 | 23.3 | 27.9 | 33.9 | 38.7 | 39.4 | 44.6 | $+\mathbf{+ 2 5 . 7}$ |
| Ohio | 22.7 | 27.7 | 35.7 | 42.8 | 33.2 | 35.4 | 45.6 | $+\mathbf{+ 2 2 . 9}$ |
| SOURCE: Ohio Department of Health |  |  |  |  |  |  |  |  |

On average, $34.3 \%$ of client admissions in the county were associated with a primary diagnosis of opiate abuse or dependence in SFY 2020. This is significantly lower than the state average (49.4\%).

| Percentage of Unduplicated Clients Receiving Treatment for Opiate Use Disorder |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | SFY 2016 | SFY 2017 | SFY 2018 | SFY 2019 | SFY 2020 | Change |
| Erie County | $36.9 \%$ | $31.4 \%$ | $35.4 \%$ | $33.1 \%$ | $34.3 \%$ | $\mathbf{- 2 . 6 \%}$ |
| Ohio Avg. | $49.9 \%$ | $48.1 \%$ | $49.4 \%$ | $48.4 \%$ | $49.4 \%$ | $\mathbf{- 0 . 5 \%}$ |
| SOURCE: Ohio Mental Health \& Addiction Services, Multi Agency Community Information Systems. |  |  |  |  |  |  |

On average, $17.0 \%$ of client admissions in the county were associated with a primary diagnosis of cannabis abuse or dependence in SFY 2020. This is slightly higher than the state average (12.0\%).

| Percentage of Unduplicated Clients Receiving Treatment for Cannabis Use Disorder |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | SFY 2016 | SFY 2017 | SFY 2018 | SFY 2019 | SFY 2020 | Change |
| Erie County | $20.2 \%$ | $23.3 \%$ | $18.6 \%$ | $18.6 \%$ | $17.0 \%$ | $\mathbf{- 3 . 2 \%}$ |
| Ohio Avg. | $17.2 \%$ | $17.0 \%$ | $15.5 \%$ | $14.7 \%$ | $12.0 \%$ | $\mathbf{- 5 . 2 \%}$ |
| SOURCE: Ohio Mental Health \& Addiction Services, Multi Agency Community Information Systems. |  |  |  |  |  |  |

Doses per capita is a measure that gives the average number of doses dispensed for each individual resident in a county in a year. Rates are likely underestimated because data from drugs dispensed at physician offices and the Veteran's administration are not included in the calculations. In 2021, the rate for the county (28.2\%) was slightly higher than the state (27.2\%). Over the five-year time span in which data is available, rates have decreased in both the county and the state.

| Prescription Opioid Doses per Capita |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2017 | 2018 | 2019 | 2020 | 2021 | Rate Change |
| Erie County | 57.2 | 46.4 | 38.2 | 32.2 | 28.2 | $\mathbf{- 2 9 . 0}$ |
| Ohio | 49.3 | 40.5 | 36.0 | 30.4 | 27.2 | $\mathbf{- 2 2 . 1}$ |
| SOURCE: Ohio Mental Health \& Addiction Services, Multi Agency Community | Information Systems. |  |  |  |  |  |

The table below examines per capita distribution of prescription benzodiazepines with data from The Ohio State Board of Pharmacy's automated prescription reporting system (OARRS). In 2021, the rate for the county (16.3\%) was slightly higher than the state ( $13.8 \%$ ). Over the five-year time span in which data is available, rates have decreased in both the county and the state.

## Prescription Benzodiazepine Doses per Capita

|  | 2017 | 2018 | 2019 | 2020 | 2021 | Rate Change |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Erie County | 22.3 | 18.9 | 38.2 | 17.6 | 16.3 | $\mathbf{- 6 . 0}$ |
| Ohio | 20.0 | 17.1 | 36.0 | 14.9 | 13.8 | $\mathbf{- 6 . 2}$ |
| SOURCE: Ohio Mental Health \& Addiction Services, Multi Agency Community |  |  |  |  |  |  |

## MATERNAL, INFANT AND CHILD HEALTH

## COMMUNITY SURVEY

| Summary: Pregnancy Health |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | \# of Responses | \% of Responses |
| Been pregnant in the last five years | Yes | 10.6\% | 199 |
|  | No | 89.4\% |  |
| During last pregnancy | Took a multi-vitamin with folic acid | 78.3\% | 21 |
|  | Received prenatal care within first 3 months | 75.8\% |  |
|  | Received Dental exam | 75.8\% |  |
|  | Received WIC services | 50.2\% |  |
|  | Experienced depression | 48.5\% |  |
|  | Experienced domestic violence | 15.6\% |  |
|  | Smoked cigarettes or used other tobacco products | 8.7\% |  |
|  | Used marijuana | 4.3\% |  |
|  | Used electronic cigarettes or other vaper products | 0.0\% |  |
|  | Consumed alcoholic beverages | 0.0\% |  |
|  | Used opiates or prescription painkillers | 0.0\% |  |
|  | Used any drugs not prescribed | 0.0\% |  |
|  | None of the above | 4.3\% |  |
| Planned pregnancy | Yes | 45.4\% | 21 |
|  | No | 54.6\% |  |
| Plan for after-birth care | Yes | 64.5\% | 21 |
|  | No | 35.5\% |  |
| Had child born prematurely | Yes | 13.7\% | 387 |
|  | No | 86.3\% |  |
| Summary: Child Health |  |  |  |
| Children in home under 18 | Yes | 26.2\% | 387 |
|  | No | 73.8\% |  |
| Children up to date on recommended vaccines | Yes | 96.0\% | 101 |
|  | No | 4.0\% |  |
| Children get annual well checkups | Yes | 91.0\% | 101 |
|  | No | 9.0\% |  |

About one-tenth (10.6\%) of residents report being pregnant within the past five years. More than three-quarters (78.3\%) of those who had been pregnant within the last five years took a multi-vitamin with folic acid. Three-quarters (75.8\%) received prenatal care within the first 3 months of their pregnancy. Likewise, $75.8 \%$ received a dental exam. About half (50.2\%) received WIC (Women, Infants and Children)
 nutrition services, and $48.5 \%$ experienced depression either during or after pregnancy. Close to one-sixth (15.6\%) of residents experienced domestic violence during their pregnancy. Less than one-tenth ( $8.7 \%$ ) smoked cigarettes or used other tobacco products during pregnancy, and $4.3 \%$ used marijuana.

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No residents ( $0.0 \%$ ) used electronic cigarettes or other vapor products, consumed alcoholic beverages, used opiates or prescription painkillers, or used any drugs not prescribed to them during their pregnancy.

| Activities Performed During Last Pregnancy |  |
| :--- | :---: |
| Took a multi-vitamin with folic acid | $78.3 \%$ |
| Received prenatal care within first 3 months | $75.8 \%$ |
| Received dental exam | $75.8 \%$ |
| Received WIC services | $50.2 \%$ |
| Experienced depression, either during or after pregnancy | $48.5 \%$ |
| Experienced domestic violence | $15.6 \%$ |
| Smoked cigarettes or used other tobacco products | $8.7 \%$ |
| Used marijuana | $4.3 \%$ |
| Used electronic cigarettes or other vaper products | $0.0 \%$ |
| Consumed alcoholic beverages | $0.0 \%$ |
| Used opiates or prescription painkillers | $0.0 \%$ |
| Used any drugs not prescribed | $0.0 \%$ |
| None of the above | $4.3 \%$ |
| Question: During your last pregnancy, did you do any of the following? |  |

More than half (54.6\%) of those who had been pregnant within the past five years did not plan their pregnancy, while $45.4 \%$ did plan. Close to two-thirds ( $64.5 \%$ ) planned for after birth, considering child care and finances, while $35.5 \%$ did not. When asked if they or an immediate family member had a child that was born prematurely (less than 37 weeks gestation), the majority $86.3 \%$ said no. Over one in ten ( $13.7 \%$ ) residents, however, have experienced premature birth.


More than one-quarter (26.2\%) of residents have children under 18 in their home. Of those with children, the majority (96.0\%) report that their children are up-to-date on reccomended vaccines. This does not include the COVID-19 vaccine. Likewise, $91.0 \%$ of residents with children report that their children received annual well-child check-ups from a pediatrician or family doctor.

Health Status of Erie County Children


## SECONDARY DATA ANALYSIS

In 2021, a small percentage of births were low birth weight (7.1\%) and an even lower percentage was a very low birth weight (1.3\%).

| Erie County Low and Very Low Birth Weight |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2017 |  | 2018 |  | 2019 |  | 2020 |  | 2021 |  |
|  | Case <br> Count | Birth Count \% | Case <br> Count | $\begin{aligned} & \text { Birth } \\ & \text { Count \% } \end{aligned}$ | Case <br> Count | $\begin{aligned} & \text { Birth } \\ & \text { Count \% } \end{aligned}$ | Case <br> Count | Birth | Case <br> Count | Birth Count \% |
| Very low | 11 | 1.4\% | 12 | 1.4\% | 8 | 1.0\% | 7 | 1.0\% | 9 | 1.3\% |
| Low | 42 | 5.3\% | 53 | 6.5\% | 52 | 6.9\% | 62 | 8.8\% | 48 | 7.1\% |
| VLBW = Births less than 3 pounds, 3 ounces. LBW= Births less than 5 pounds, 8 ounces, SOURCE: Ohio Department of Health Data Warehouse. |  |  |  |  |  |  |  |  |  |  |

The percentage of white women with low and very low birthweight (LBW) babies was considerably lower than the percentage of Black women with LBW babies.

Erie County Low Birth Weight by Race

|  | 2017 |  | 2018 |  | 2019 |  | 2020 |  | 2021 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Case <br> Count | Birth Count \% | Case <br> Count | Birth Count \% | Case <br> Count | Birth Count \% | Case <br> Count | Birth Count \% | Case <br> Count | Birth Count \% |
| White LBW | 35 | 5.2\% | 39 | 5.6\% | 33 | 5.6\% | 43 | 7.6\% | 29 | 5.4\% |
| Black LBW | 6 | 5.4\% | 14 | 12.7\% | 17 | 11.4\% | 14 | 12.7\% | 18 | 15.6\% |

About $10 \%$ of births in both Erie County and the state in 2021 were pre-term, with a very small percentage being very pre-term.

| Gestational Age Distributio |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Term | Erie County |  | Ohio |  |
|  | Case Count | Birth Count \% | Case Count | Birth Count \% |
| Very pre-term (<32 weeks) | 12 | 1.7\% | 2,259 | 1.7\% |
| Pre-term (32-37 weeks) | 54 | 7.9\% | 11,500 | 8.8\% |
| Term (37 to 41 weeks) | 609 | 90.0\% | 115,654 | 89.1\% |
| Post-term (42+ weeks) | 1 | 0.1\% | 329 | 0.2\% |
| SOURCE: Ohio Department of Health Data Warehouse |  |  |  |  |

The percentage of pregnant women accessing prenatal care in the first trimester in the county is slightly lower than the state ( $64.7 \%$ compared to $70.0 \%$, respectively).

| Trimester of Entry into Prenatal Care |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| 2017 |  |  |  |  |  |  |
| ERIE COUNTY | 2018 | 2019 | 2020 | 2021 |  |  |
| None | $1.4 \%$ | $2.3 \%$ | $1.7 \%$ | $0.7 \%$ | $0.8 \%$ |  |
| First Trimester | $70.7 \%$ | $74.3 \%$ | $68.4 \%$ | $70.5 \%$ | $64.7 \%$ |  |
| Second Trimester | $12.2 \%$ | $11.3 \%$ | $16.1 \%$ | $14.7 \%$ | $16.1 \%$ |  |
| Third Trimester | $3.3 \%$ | $2.4 \%$ | $2.6 \%$ | $2.8 \%$ | $4.1 \%$ |  |
| OHIO | $1.5 \%$ | $1.5 \%$ | $1.5 \%$ | $1.5 \%$ | $1.6 \%$ |  |
| None | $66.5 \%$ | $67.9 \%$ | $68.6 \%$ | $68.9 \%$ | $70.0 \%$ |  |
| First Trimester | $19.8 \%$ | $19.5 \%$ | $19.5 \%$ | $19.5 \%$ | $18.2 \%$ |  |
| Second Trimester | $4.7 \%$ | $4.5 \%$ | $4.4 \%$ | $4.2 \%$ | $3.8 \%$ |  |
| Third Trimester | SOURCE: Ohio Department of Health Data Warehouse |  |  |  |  |  |

The number of births for women of childbearing age has decreased over the last five years in both Erie County and the State of Ohio, although the county rate is decreasing more rapidly.

| Live Birth Count |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2017 | 2018 | 2019 | 2020 | 2021 | Change |  |
| Erie County | 785 | 811 | 743 | 700 | 676 | $\mathbf{- 1 3 . 9 \%}$ |  |
| Ohio | 136,782 | 135,097 | 134,424 | 129,179 | 129,750 | $\mathbf{- 5 . 1 \%}$ |  |
| SOURCE: Ohio Department of Health Data Warehouse. |  |  |  |  |  |  |  |

The number of births to young mothers decreased significantly from 2017 to 2021 in both Erie County and the state.

| Number of Births by Young Mothers, 2017-2021 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2017 |  |  |  | 2021 |  |  |  | $\begin{aligned} & \text { Change } \\ & \text { 2017-2021 } \end{aligned}$ |
|  | >15 | 15-17 | 18-19 | Total | >15 | 15-17 | 18-19 | Total |  |
| Erie County | 0 | 11 | 28 | 39 | 1 | 3 | 25 | 29 | -25.6\% |
| Ohio | 79 | 1,867 | 5,926 | 7,892 | 102 | 1,380 | 4,411 | 5,893 | -25.3\% |
| SOURCE: Ohio Health Department Secure Data Warehouse |  |  |  |  |  |  |  |  |  |

The adolescent birth rate for teens aged 15-19 years in the county is the same as the rate in the state. It should be noted that the teen adolescent birth rates in both Erie County and Ohio have been declining each year.

| Teen Birth Rate | 2016 | 2017 | 2018 | 2019 | 2020 | Change |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 36 | 33 | 29 | 27 | 24 | $-33.3 \%$ |
| Erie County | 34 | 32 | 28 | 26 | 24 | $-29.4 \%$ |
| Ohio |  |  |  |  |  |  |

Rate is the Number of births per 1,000 female population ages 15-19, SOURCE: County Health Rankings
In 2019, the infant mortality rate in Erie County was 0.0 . This is considerably lower than Ohio's infant mortality rate of 6.9 .

Infant Mortality Rate, 2015 and 2019

|  | 2015 |  |  | 2019 |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \# of Deaths | \# of Births | Rate* | \# of Deaths | \# of Births | Rate* |
| Erie County | 3 | 785 | $*$ | 6 | 744 | $*$ |
| Ohio | 1,005 | 139,312 | 7.2 | 929 | 134,560 | 6.9 |

Number of all infant deaths (within 1 year) per 1,000 live births. *Rates of fewer than 10 deaths do not meet standards of reliability and are suppressed

## COMMUNITY LEADER SURVEY

One half (55.1\%) of community leaders agree that "family planning services are accessible and available to adequately address the reproductive health needs in the community." Nearly one-tenth (8.2\%) of leaders strongly agree with this statement. However, more than one in ten leaders (14.3\%) disagree with the statement.


## HEALTHY LIVING - WEIGHT AND EXERCISE

## COMMUNITY SURVEY

| Summary: Healthy Living- Weight and Exercise |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | \# of Responses | \% of Responses |
| Exercised in the past month | Yes | 75.6\% | 387 |
|  | No | 24.4\% |  |
| How often residents participated in exercise in an average week | None | 6.1\% | 293 |
|  | 1-2 times | 33.9\% |  |
|  | 3-4 times | 33.5\% |  |
|  | 5-7 times | 26.4\% |  |
| What makes it difficult to exercise (top 3) | Health problem | 44.5\% | 90 |
|  | Time | 17.2\% |  |
|  | Motivation | 11.5\% |  |
| Self-described weight | Overweight | 63.2\% | 387 |
|  | About right | 34.7\% |  |
|  | Underweight | 2.1\% |  |
| Been told obese or overweight by doctor | Yes | 39.3\% | 387 |
|  | No | 60.7\% |  |
| Summary: Healthy Living- Food and nutrition |  |  |  |
| What makes it difficult to get food needed | Cost of food | 31.5\% | 387 |
|  | Quality of food | 11.6\% |  |
|  | Distance from the store | 8.2\% |  |
|  | Time for shopping | 17.3\% |  |
|  | Safety | 2.2\% |  |
|  | Something else | 4.9\% |  |
| How difficult to get fresh fruits \& vegetables | Very difficult | 2.7\% | 387 |
|  | Somewhat difficult | 8.4\% |  |
|  | Not too/not at all difficult | 88.9\% |  |
| How often eat fresh fruits and vegetables | 0-1 times/week | 14.0\% | 387 |
|  | 2-4 times/week | 38.5\% |  |
|  | Once a day | 23.3\% |  |
|  | 2-4 times a day | 18.7\% |  |
|  | 5 or more times a day | 5.5\% |  |
| \# of restaurant or takeout meals a week | None | 19.1\% | 387 |
|  | 1-2 meals | 59.2\% |  |
|  | 3-4 meals | 17.0\% |  |
|  | 5 or more meals | 4.7\% |  |
| \# times drink pop or other unhealthy drinks | 0 | 25.7\% | 387 |
|  | 1-3 times per week | 24.9\% |  |
|  | 4-6 times per week | 12.6\% |  |
|  | 1 time per day | 12.1\% |  |
|  | 2-3 times per day | 17.7\% |  |
|  | 4 or more times per day | 7.0\% |  |

Physical activity or exercise includes walking, running, lifting weights, team sports, golf, or gardening for exercise. Slightly over three-quarters (75.6\%) of residents have exercised in the past month. Groups of residents more likely to exercise include those with an annual income over $\$ 75,000$, males, college graduates, those who are single or married, and homeowners.

Of all residents who have exercised in the past month, one-third (33.9\%) exercise one to two times a week, $33.5 \%$ exercise 3 to 4 times per week, and more than one-quarter (26.4\%) exercise 5 to 7 times a week.

## Residents Who Have Exercised in Past Month



■ Exercised ■ Did Not Exercise

How Often Residents Exercise In A Week


Less than half ( $45.0 \%$ ) of community members who do not exercise have a health problem that prevents them from exercising. Nearly one-fifth (18.0\%) of inactive residents do not have the time to exercise. Other barriers to exercise include lack of motivation (11.2\%) and weather (10.1\%).

| Barriers to Regular Exercise |  |  |
| :--- | :---: | :---: |
|  | $\#$ | $\%$ |
| Health problem | 40 | $45.0 \%$ |
| Time | 16 | $18.0 \%$ |
| Motivation | 10 | $11.2 \%$ |
| Weather | 9 | $10.1 \%$ |
| Schedule | 4 | $4.5 \%$ |
| No energy | 4 | $4.5 \%$ |
| Job is physical |  | 3 |
| Age |  | 2 |
| Disability |  | 1 |
|  | Total | $\mathbf{8 9}$ |

Over half (63.2\%) of residents report being overweight and a small portion (2.1\%) report being underweight. The remaining $35 \%$ of residents describe their weight as "about right." Groups of residents more likely to report being overweight include those with an annual income of $\$ 50,000$ or more, those who are married or divorced, homeowners, and white residents.


Over one-third (39.3\%) of residents have been told by a doctor they are obese or overweight, while $60.7 \%$ have not. White residents are more likely to have been told by a doctor they are overweight.

## Diagnosed with Obesity by a Doctor



## HEALTHY LIVING - FRUITS AND VEGETABLES

The majority (89.0\%) of residents believe it is not too difficult or not at all difficult to get fresh fruit and vegetables in Erie County. Less than one tenth ( $8.0 \%$ ) of residents have a somewhat difficult time and $3.0 \%$ of residents have a very difficult time getting fresh fruits and vegetables. The most common barrier making it difficult to get fruits and vegetables is cost (32.0\%). Nearly one-fifth (17.3\%) of residents do not have time to shop. Other barriers to fruit and vegetable consumption include quality of food (11.6\%), distance from the store ( $8.2 \%$ ), and safety ( $2.2 \%$ ).

Slightly more than one-tenth (11.1\%) of residents have difficulty getting fresh fruits and vegetables. Of these residents, $2.7 \%$ say it is very difficult and $8.4 \%$ say it is somewhat difficult. Groups of residents more likely to have difficulty getting fresh fruits and vegetables include residents with an annual income under $\$ 50,000$, females, renters, and non-white residents.

More than one-tenth (14.0\%) of residents eat fresh fruits and vegetables zero to one time a week, while $38.5 \%$ eat fresh fruits and vegetables two to four times a week, and nearly one-quarter (23.3\%) eat fresh fruits and vegetables once a day. Almost a fifth of residents (18.7\%) eat fresh fruits or vegetables two to four times a day and $5.5 \%$ eat fresh fruits and vegetables five or more times a day. Groups of residents more likely to NOT eat fresh fruits and vegetables daily include residents with an annual income under \$75,000, those with some college or less education, those who are single or divorced, and renters.

Over half (59.2\%) of residents eat out at a restaurant or take out a meal one to two times a week, while $17.0 \%$ eat out three to four times a week. A small number of residents (4.7\%) eat out five or more times a week. Less than one-fifth (19.1\%) don't eat out at all. Groups of residents more likely to eat at a restaurant or take out three or more times a week include residents with an annual income of $\$ 50,000$ to $\$ 75,000$, males, those with some college education, residents who work full-time, those who are single, renters, and those with children in the home.

# Number of Take Out/ Resturant Meals Eaten in One Week 



## HEALTHY LIVING - UNHEALTHY DRINKS

Over one-quarter of residents (25.7\%) have not drank soda, diet pop, iced coffee, punch, Kool-Aid, sports or energy drinks, or other fruit flavored drink in the past week. Likewise, $24.9 \%$ reported drinking soda or unhealthy drinks one to three times per week, and $12.6 \%$, reported drinking soda or unhealthy drinks, four to six times per week. More than one-tenth ( $12.1 \%$ ) reported one time per day, followed by $17.7 \%$ two to three times per day, and $7.0 \%$ four or more times a day. Groups of residents more likely to drink soda or unhealthy drinks at least once a day include residents ages 18 to 44 , those with an annual income under $\$ 25,000$, those with a high school diploma or less education, those who are unemployed, those who are single or divorced, and renters.

Soda/ Unhealthy Drink Consumption


## HEALTHY LIVING - SLEEP

A small portion (1.8\%) of residents get an average of zero to four hours of sleep in a 24 -hour period. One-third (33.0\%) report five to six hours, $53.9 \%$ report seven to eight hours, and $8.1 \%$ report more than eight hours. Residents were also asked how many days in the past 30 days they felt not getting enough sleep or rest. Nearly one-fifth of residents reported there were no days where they did not get enough sleep or rest, while one-third ( $33.0 \%$ ) reported one to five days. Over one in ten residents (12.2\%) reported six to ten days, $17.7 \%$ reported eleven to twenty days, and $18.4 \%$ more than 20 days. Groups of residents most likely to get an average of six or less hours of sleep a night include residents aged 18 to 44 years, those with an annual income under $\$ 75,000$, residents with a high school diploma or less education, those who are not retired, those who are single, and renters.

| Summary: Sleep and Rest |  |  | $N$ |
| :---: | :---: | :---: | :---: |
|  |  | \% of Residents |  |
| Hours of sleep in 24-hour period | 0-4 hours | 1.8\% | 386 |
|  | 5-6 hours | 33.0\% |  |
|  | 7-8 hours | 53.9\% |  |
|  | 9-10 hours | 7.0\% |  |
|  | More than 10 hours | 1.1\% |  |
| Number of days in past month did not get enough sleep or rest | None | 18.8\% | 386 |
|  | 1-5 | 33.0\% |  |
|  | 6-10 | 12.2\% |  |
|  | 11-20 | 17.7\% |  |
|  | More than 20 | 18.4\% |  |

## SECONDARY DATA ANALYSIS

Poor physical health days are defined as days in the past month (30 days) where physical health was not good due to physical illness and injury. The average number of poor physical health days in Erie County was nearly the same as that of the state.

Number of Poor Physical Health Days, 2019


| Number of Poor Physical Health Days |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Poor Physical Health Days |  |  |  |  |
|  | 2015 | $\mathbf{2 0 1 6}$ | $\mathbf{2 0 1 7}$ | $\mathbf{2 0 1 8}$ | 2019 |
| Erie County | 4.0 | 4.0 | 4.1 | 4.3 | 4.3 |
| Ohio | 3.7 | 4.0 | 3.9 | 4.1 | 4.2 |
| SOURCE: County <br> Surveillance System (BRFSS) |  |  |  |  |  |

Physical inactivity is the estimated percent of adults ages 20 and older reporting no physical activity during leisure time. Examples of physical activities include running, calisthenics, golf, gardening, or walking for exercise. More than onequarter of adults in Erie County are considered physically inactive, and this number has remained consistent over the last several years.

| Percentage of Adults Physically Inactive |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2015 | 2016 | 2017 | $\mathbf{2 0 1 8}$ | 2019 | \% Change |
| Erie County | $29 \%$ | $29 \%$ | $29 \%$ | 2018 data | $29 \%$ | 0\% |
| Ohio | $25 \%$ | $26 \%$ | $26 \%$ | not available. | $28 \%$ | $\mathbf{+ 3 \%}$ |

The table below represents the percentage of population with adequate access to locations for physical activity. Locations for physical activity are defined as parks or recreational facilities. The percentage of Erie Country residents with access to locations for physical activity is slightly higher than the state average. More than three-quarters (82.0\%) of county residents have access to locations for physical activity compared to a statewide average ( $77.0 \%$ ).

| \% of Population with Access to Locations for Physical Activity |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2013 | 2014 | 2016 | 2018 | $2020-2021$ | \% Change |
| Erie County | $81 \%$ | $80 \%$ | $73 \%$ | $85 \%$ | $82 \%$ | $\boldsymbol{+ 1 \%}$ |
| Ohio | $83 \%$ | $83 \%$ | $85 \%$ | $84 \%$ | $77 \%$ | $\mathbf{- 6 \%}$ |
| SOHR |  |  |  |  |  |  |

SOURCE: County Health Rankings. Original Source: Business Analyst, Delorme map data

More than one-third of adults in both Erie County and Ohio have a BMI of 30 or more. The percentage of obese adults has increased slightly over the past several years.

| Adult Obesity - Percentage of Adults that Report a BMI of $\mathbf{3 0}$ or More |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathbf{2 0 1 5}$ | $\mathbf{2 0 1 6}$ | $\mathbf{2 0 1 7}$ | $\mathbf{2 0 1 8}$ | $\mathbf{2 0 1 9}$ | \% Change |
| Erie County | $35 \%$ | $33 \%$ | $34 \%$ | NA 2018 data | $40 \%$ | +5\% |
| Ohio | $32 \%$ | $32 \%$ | $34 \%$ | not available | $35 \%$ | $\mathbf{+ 3 \%}$ |
| SOURCE: County Health Rankings |  |  |  |  |  |  |

The Food Environment Index equally weighs two indicators of the food environment: (1) limited access to healthy foods, which estimates the percentage of the population who are low income and do not live close to a grocery store; and (2) food insecurity, which estimates the percentage of the population who did not have access to a reliable source of food during the past year. The Food Environment Index ranges from zero (worst) to ten (best). The Food Environment Index is better in Erie County than Ohio.

| Food Environment Index |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2015 | 2016 | 2017 | 2018 | $\mathbf{2 0 1 9}$ | \% Change |
| Erie County | 7.3 | 7.4 | 7.2 | 7.3 | 7.6 | $\mathbf{+ 0 . 3 \%}$ |
| Ohio | 6.6 | 6.7 | 6.7 | 6.8 | 6.8 | $\mathbf{+ 0 . 2 \%}$ |
| SOURCE: County Health Rankings |  |  |  |  |  |  |

The percentage of the population who are food insecure is nearly the same in Erie County and the state.

| Food Insecurity Rate |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  | 2017 | 2018 | 2019 | \% Change |
| Erie County | $14.2 \%$ | $13.5 \%$ | $13.0 \%$ | $\mathbf{- 1 . 2 \%}$ |
| Ohio | $14.5 \%$ | $13.9 \%$ | $13.2 \%$ | $\mathbf{- 1 . 3 \%}$ |

## COMMUNITY LEADER SURVEY

Community leaders identified three main barriers to healthy living: lack of knowledge/awareness of services (52.0\%), cost and access to healthy foods (38.0\%), and finances/cost (22.0\%).

| Health Challenges Faced by the Community |  |  |
| :---: | :---: | :---: |
| Barrier to Healthy Living | \# of TOTAL <br> Responses | \% of Leaders |
| Lack of knowledge/awareness | 26 | 52.0\% |
| Access to/cost of healthy foods | 19 | 38.0\% |
| Finances/cost | 11 | 22.0\% |
| Access/affordability to gyms and other programs | 10 | 20.0\% |
| Busy lifestyle/not enough time | 10 | 20.0\% |
| Motivation | 9 | 18.0\% |
| Fast food being cheap/easily accessible | 5 | 10.0\% |
| Generation patterns | 5 | 10.0\% |
| Poor decision making/lifestyle | 5 | 10.0\% |
| Poverty | 4 | 8.0\% |
| Transportation | 4 | 8.0\% |
| Mental health | 3 | 6.0\% |
| Lack of resources | 3 | 6.0\% |
| Lack of providers | 3 | 6.0\% |
| Cost of medication | 3 | 6.0\% |
| Lack of opportunities | 2 | 4.0\% |
| Cultural/language barriers | 2 | 4.0\% |
| Early awareness | 2 | 4.0\% |
| Access to care | 2 | 4.0\% |
| Overeating | 1 | 2.0\% |
| Social acceptance | 1 | 2.0\% |
| Fear | 1 | 2.0\% |
| Health insurance | 1 | 2.0\% |
| Smoking/tobacco use | 1 | 2.0\% |
| Miscellaneous | 10 | 20.0\% |
| Total | 143 | ( $\mathrm{n}=50$ ) |
| Question: What challenges do people in the community face in trying to maintain healthy lifestyles like exercising and eating healthy and/or trying to manage chronic conditions like diabetes or heart disease? |  |  |

## COMMUNICABLE DISEASES, VACCINATIONS AND PREVENTION SERVICES

## COMMUNITY SURVEY

| Summary: Prevention, Testing and Screening |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | \% | N |
| How long since: had blood cholesterol checked | Within the past year | 72.7\% | 385 |
|  | Within the past 2 years | 9.6\% |  |
|  | Within the past 5 years | 3.8\% |  |
|  | 5 or more years ago | 2.7\% |  |
|  | Never | 11.1\% |  |
| How long since: had blood pressure checked | Within the past year | 88.7\% | 387 |
|  | Within the past 2 years | 4.9\% |  |
|  | Within the past 5 years | 1.8\% |  |
|  | 5 or more years ago | 0.8\% |  |
|  | Never | 3.9\% |  |
| Have ever: had a colonoscopy |  | 47.1\% | 387 |
| Have ever: had a skin cancer exam |  | 37.0\% | 387 |
| Have ever: had a mammogram (Asked only of females 40+) |  | 88.6\% | 146 |
| Have ever: performed self-breast exam (Asked only of females) |  | 87.1\% | 199 |
| Have ever: had a PAP smear (Asked only of females) |  | 94.0\% | 199 |
| Have ever: test for prostate cancer (Asked only of males 50+) |  | 66.6\% | 107 |

Of all the tests and screenings below, blood pressure checks were performed most frequently in the past year.
Frequency of Preventative Tests/Screenings


Blood Pressure Check: The majority of residents (96\%) had their blood pressure checked sometime in the past, with $89 \%$ having it checked within the past year. A small percentage of residents ( $5 \%$ ) have never had their blood pressure checked or have not had it checked in the past five years. Groups of residents more likely to have never had their blood pressure checked include males, residents aged 25 to 44 years, those with a high school diploma or less education, those who are employed part-time, those with an annual income under $\$ 25,000$, those who are single, renters, those without a regular healthcare provider, and those without health insurance. Groups of residents more likely to have had their blood pressure checked in the past year include females, residents aged 65 years and over, college graduates, retirees, those with an annual income over $\$ 75,000$, those who are widowed, homeowners, those with a regular healthcare provider, and those with health insurance.

Performed Self-Breast Exam (women only): The majority of female residents (87\%) have performed a self-breast exam in the past, with more than three-quarters ( $79 \%$ ) reporting within the past year and $42 \%$ in the past month. Less than one-sixth ( $13 \%$ ) have never performed a self-breast exam and an additional $8 \%$ reported that it has been more than a year since they last performed a self-breast exam. Groups of female residents more likely to have never had done a self-breast exam include residents aged 18 to 44 years, those who are employed part-time, those who are single or divorced, renters, and those without a regular healthcare provider or health insurance. Groups of female residents more likely to have done a self-breast exam in the past month include residents aged 45 years and over and those with health insurance.

Blood Cholesterol Check: The majority of residents (96\%) had their blood cholesterol checked sometime in the past, with $73 \%$ having it checked within the past year. Nearly one-sixth of residents (14\%) have never had their blood cholesterol checked or have not had it checked within the past five years. Groups of residents more likely to have never had their blood cholesterol checked include residents aged 18-44 years, those with a high school diploma or less education, those who are employed part-time, those with an annual income under $\$ 50,000$, those who are single, renters, and those without a regular healthcare provider. Groups of residents more likely to have had their blood cholesterol checked in the past year include males, residents aged 65 years and over, college graduates, retirees, those with an annual income over $\$ 75,000$, those who are married or widowed, and homeowners.

Mammogram (women ages 40 and over): A majority of female residents aged 40 years and over (89\%) had a mammogram sometime in the past, with $63 \%$ having one within the past year. More than one-tenth of female residents (11\%) aged 40 years and over have never had a mammogram, and an additional $3 \%$ have not had one in the past five years. Residents aged 40 to 44 years are more likely to have never had a mammogram. Groups of residents more likely to have had a mammogram in the past year include those with a regular healthcare provider and health insurance.

PSA test for Prostate Cancer (men ages 50 and over): One-sixth of male residents (67\%) aged 50 and over have had a PSA test sometime in the past, with $43 \%$ having a test within the past year. One-third of male residents (33\%) aged 50 years and over have never had a PSA test. Groups of residents more likely to have never had a PSA test include residents aged 50 to 64 years and those who are employed part-time.

PAP smear (women only): The majority of female residents (94.0\%) have had a PAP smear sometime in the past, with $37 \%$ having one within the past year. Less than one in ten female residents ( $6.0 \%$ ) have never had a PAP smear. Groups of female residents more likely to have never had a PAP smear include residents aged 18 to 24 years, those with a high school diploma or less education, those who are employed part-time, those with an annual income under $\$ 50,000$, and those who are single. Groups of residents more likely to have had a pap smear in the past year include residents aged 18 to 44 years, those who are employed, and those who are married.

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Skin Cancer Exam: Over one-third of residents (37\%) have had an exam to check for potential skin cancer sometime in the past, with $18 \%$ having the exam within the past year. Almost two-thirds ( $63 \%$ ) have never had a skin cancer exam and an additional $5 \%$ have not had one in the past five years. Groups of residents more likely to have never had a skin cancer exam include males, residents aged 18 to 44 years, those with a high school diploma or less education, those who are not retired, those with an annual income under $\$ 25,000$, those who are single, renters, those without children in the home, and those without a regular healthcare provider or health insurance. Groups of residents more likely to have had a skin cancer exam in the past year include residents aged 65 years and over, those who are married, and homeowners.

Colonoscopy: Nearly half of residents (47.1\%) have had a colonoscopy sometime in the past, with $10 \%$ having the test within the past year. More than half (52.9\%) have never had a colonoscopy, and an additional $10 \%$ have not had a colonoscopy in the past five years. Groups of residents more likely to have never had a colonoscopy include residents aged 18 to 44 years, those with some college or less education, those who are not retired, those with an annual income under $\$ 50,000$, those who are single, renters, those without children in the home, and those without a regular healthcare provider or health insurance. Married residents were more likely to have had a colonoscopy in the past year.

## VACCINATIONS

Over three-quarters of Erie County residents have been vaccinated for COVID-19.


COVID-19 Vaccine: More than three quarters of residents (79.1\%) have received a COVID-19 vaccine. Groups of residents more likely to have received a COVID-19 vaccine include insured residents, those with a primary care provider, residents aged 65 years and over, those with an annual income over $\$ 75,000$, college graduates, those who are employed full-time or retired, those who are married or widowed, homeowners, and those without children in the home.
$\rightarrow$ Flu Vaccine: More than half of residents (58.1\%) have received an annual flu vaccine. Groups of residents more likely to have received a flu vaccine include insured residents, those with a primary care provider, residents aged 18 to 44 years, those with an annual income of $\$ 50,000$ or more, males, college graduates, retirees, those who are widowed and married, homeowners, and those without children in the home.
Measles Vaccine: Over half of residents (57.8\%) have received a measles vaccine in their lifetime. Groups of residents more likely to have received a measles vaccine include those with an annual income over \$75,000 and those with children in the home.
$\rightarrow$ Tetanus Booster: Nearly half of residents (46.1\%) have received a tetanus booster in the past ten years. Groups of residents more likely to have received a tetanus booster include residents aged 18 to 44 years, those with an annual income of $\$ 75,000$ or more, college graduates, and those with children in the home.
$\rightarrow$ Chicken Pox Vaccine: Nearly half of residents (45.5\%) have received a chicken pox vaccine in their lifetime. Groups of residents more likely to have received a chicken pox vaccine include males, those who are single, and renters.
$\rightarrow$ Hepatitis B Vaccine: More than one-third of residents (39.7\%) have received a Hepatitis B vaccine in their lifetime. Groups of residents more likely to have received a Hepatitis B vaccine include residents aged 18 to 44 years, those with an annual income of $\$ 75,000$ or more, females, residents with some college or more education, those who are employed, those who are single, and those with children in the home.
$\rightarrow$ Pneumonia Vaccine-More than one-third of residents (39.1\%) have received a pneumonia vaccine in their lifetime. Groups of residents more likely to have received a pneumonia vaccine include insured residents, those with a primary care provider, residents aged 65 years and over, retirees, those who are widowed, those without children in the home, and white residents.

Shingles Vaccine- Less than one-third of residents (29.3\%) have received a shingles vaccine in their lifetime. Groups of residents more likely to have received a shingles vaccine include residents aged 65 years and over, those with some college or more education, retirees, those who are widowed, homeowners, those without children in the home, and white residents.
Hepatitis A Vaccine- More than one-quarter of residents (27.7\%) have received a Hepatitis A vaccine in their lifetime. Groups of residents more likely to have received a Hepatitis A vaccine include residents aged 18 to 44 years, those with an annual income over $\$ 75,000$, employed residents, those who are single, residents with children in the home, and those without health insurance.
HPV Vaccine-Slightly more than one in ten residents (12.8\%) have received an HPV vaccine in their lifetime. Groups of residents more likely to have received an HPV vaccine include residents aged 18 to 44 years, females, those who are employed part-time, those who are single, renters, and those with children in the home.

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Of those who have not been vaccinated for COVID-19, barriers to vaccination include opposition to the vaccine (68.4\%), personal choice (7.9\%), autoimmune disease (6.6\%), and adverse reaction (6.6\%).

| Barriers to COVID-19 Vaccination | \# of Responses | \% of Responses |
| :--- | :---: | :---: |
| Opposition to vaccine | 52 | $68.4 \%$ |
| Personal choice | 6 | $7.9 \%$ |
| Autoimmune disease | 5 | $6.6 \%$ |
| Person had reaction after receiving vaccine | 5 | $6.6 \%$ |
| Had COVID | 3 | $3.9 \%$ |
| Availability | 1 | $1.3 \%$ |
| Vaccinated person got COVID | 1 | $1.3 \%$ |
| Cost | 1 | $1.3 \%$ |
| Religious reason | 1 | $1.3 \%$ |
| Do not like shots | 1 | $1.3 \%$ |
| Doctor advised against vaccine | 1 | $1.3 \%$ |
|  | $\mathbf{7 6}$ |  |
| Question: What is the main reason you have not received the COVID-19 vaccine? |  |  |
| Total |  |  |

## SECONDARY DATA ANALYSIS

Disease rates were higher for most communicable diseases in the state of Ohio when compared to Erie County. The communicable diseases that had slightly higher rates in Erie County than the state of Ohio were Giardiasis (+1.2 difference), Lyme (+1.0 difference), Mumps (+0.3 difference), and Varicella (+3.0 difference).

| Communicable Disease Rates, 2019 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Communicable Disease | Erie County |  | Ohio |  | $\begin{gathered} \text { Difference } \\ \text { per } \\ 100,000 \end{gathered}$ |
|  | Case Count | Rate per <br> 100,000 | Case Count | Rate per <br> 100,000 |  |
| Campylobacteriosis | 11 | 14.8 | 2,438 | 20.9 | -3.1 |
| Cryptosporidiosis | 2 | 2.7 | 664 | 5.9 | -5.4 |
| E-coli | 3 | 4.0 | 591 | 5.1 | -1.3 |
| Giardiasis | 7 | 9.4 | 451 | 3.9 | +1.2 |
| Hepatitis A | 1 | 1.3 | 1,624 | 13.9 | -11.5 |
| Hepatitis E | 0 | 0.0 | 0 | 0.0 | 0 |
| Influenza associated hospitalizations | 61 | 82.1 | 10,886 | 93.1 | -24.8 |
| Lyme | 3 | 4.0 | 460 | 3.9 | +1.0 |
| Mumps | 1 | 1.3 | 69 | 0.6 | +0.3 |
| Salmonellosis | 10 | 13.5 | 1,600 | 13.7 | -1.8 |
| Shigellosis | 1 | 1.3 | 425 | 3.6 | -3.1 |
| Spotted Fever, Rickettsiosis | 0 | 0.0 | 49 | 0.4 | -0.1 |
| Streptococcal, Group A, invasive | 1 | 1.3 | 780 | 6.7 | -2.4 |
| Streptococcal pneumoniae, invasive | 8 | 10.8 | 1,273 | 10.9 | -1.7 |
| Varicella | 3 | 4.0 | 413 | 3.5 | +3.0 |
| Yersiniosis | 0 | 0.0 | 112 | 1.0 | -0.2 |
| SOURCE: Ohio Department of Health, Rate=per 100,000 population, number of cases is confirmed and probable |  |  |  |  |  |

Influenza-associated hospitalization rates have risen significantly over the past four years.

| Communicable Disease Counts and Rates, Erie County, 2016-2019 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 |  | 2017 |  | 2018 |  | 2019 |  | Rate Change |
| Communicabie Disease | \# | Rate | \# | Rate | \# | Rate | \# | Rate |  |
| ENTERIC DISEASES |  |  |  |  |  |  |  |  |  |
| Campylobacter | 16 | 21.3 | 15 | 20.0 | 12 | 16.1 | 11 | 14.8 | -6.5 |
| Cryptosporidiosis | 4 | 5.3 | 1 | 1.3 | 2 | 2.7 | 2 | 2.7 | -2.6 |
| E-coli, unspecified | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 3 | 4.0 | +4.0 |
| Giardiasis | 2 | 2.7 | 4 | 5.3 | 2 | 2.7 | 7 | 9.4 | +6.7 |
| Listeriosis | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 |
| Salmonellosis | 10 | 13.3 | 9 | 12.0 | 10 | 13.4 | 10 | 13.5 | +0.2 |
| Shigellosis | 1 | 1.3 | 1 | 1.3 | 0 | 0.0 | 1 | 1.3 | 0 |
| Yersiniosis | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 |
| HEPATITIS |  |  |  |  |  |  |  |  |  |
| Hepatitis A | 1 | 1.3 | 0 | 0.0 | 1 | 1.3 | 1 | 1.3 | 0 |
| Hepatitis E | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 |
| VACCINE PREVENTABLE DISEASES |  |  |  |  |  |  |  |  |  |
| Influenza-associated hosp. | 24 | 32.0 | 47 | 62.8 | 117 | 156.8 | 61 | 82.1 | +50.1 |
| Pertussis | 0 | 0.0 | 4 | 5.3 | 1 | 1.3 | 0 | 0.0 | 0 |
| Varicella | 4 | 5.3 | 5 | 6.7 | 7 | 9.4 | 3 | 4.0 | -1.3 |
| VECTORBORNE AND ZOONOTIC |  |  |  |  |  |  |  |  |  |
| Lyme Disease | 0 | 0.0 | 0 | 0.0 | 1 | 1.3 | 3 | 4.0 | +4.0 |
| Malaria | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 |
| OTHER REPORTABLE DISEASES |  |  |  |  |  |  |  |  |  |
| Legionnaire's | 2 | 2.7 | 3 | 4.0 | 2 | 2.7 | 3 | 4.0 | +1.3 |
| Meningitis (viral) | 0 | 0.0 | 3 | 4.0 | 2 | 2.7 | 3 | 4.0 | +4.0 |
| Streptococcal, Group A | 5 | 6.7 | 1 | 1.3 | 2 | 2.7 | 1 | 1.3 | -5.4 |
| TSS- Toxic Shock Syndrome | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 |
| Streptococcus pneumoniae | 7 | 9.3 | 10 | 13.4 | 2 | 2.7 | 8 | 10.8 | +1.5 |
| SOURCE: Ohio Department of Health, Rate=per 100,000 population, number of cases is confirmed and probable |  |  |  |  |  |  |  |  |  |

Preventable hospital stays are defined as the hospital discharge rate for ambulatory care-sensitive conditions per 1,000 Medicare enrollees. Ambulatory-care sensitive conditions (ACSC) are usually addressed in an outpatient setting and do not normally require hospitalization if the condition is well-managed. Hospitalization for diagnoses treatable in outpatient services suggests the quality of care provided in the outpatient setting was less than ideal. The measure may also represent a tendency to overuse hospitals as a main source of care. Over the past four years, the number of preventable hospital stays has slightly increased by $1.1 \%$ in the county, while it has significantly decreased by $15.5 \%$ in the state.

| Preventable Hospital Stays |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | 2016 | $\mathbf{2 0 1 7}$ | $\mathbf{2 0 1 8}$ | $\mathbf{2 0 1 9}$ | \% Change |
| Erie County | 5,348 | 6,314 | 5,384 | 5,404 | $\mathbf{+ 1 . 1 \%}$ |
| Ohio | 5,135 | 5,168 | 4,901 | 4,338 | $\mathbf{- 1 5 . 5 \%}$ |
| SOURCE: County Health Rankings |  |  |  |  |  |

About half (46\%) of female Medicare enrollees in Erie County aged 67-69 had at least one mammogram over a twoyear period.

Mammography Screening Among Female Medicare Enrollees Age 67-69 Years

|  | 2016 | 2017 | 2018 | 2019 | \% Change |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Erie County | $40 \%$ | $43 \%$ | $43 \%$ | $46 \%$ | $+6 \%$ |
| Ohio | $41 \%$ | $43 \%$ | $43 \%$ | $45 \%$ | $+\mathbf{+ 4 \%}$ |
| SOURCE: County Health Rankings |  |  |  |  |  |

## COMMUNITY LEADER SURVEY

The majority (92\%) of community leaders agree that "immunizations are accessible and available in Erie County," with $70.0 \%$ in strong agreement. Less than one-tenth (8\%) of community leaders did not have an opinion. Similarly, $95.8 \%$ of leaders agreed that "immunizations are an important tool in maintaining and protecting the health of the community," with $87.5 \%$ in strong agreement. A small portion (4.2\%) of leaders did not have an opinion.

Availability of Immunizations in Erie County


## CHRONIC DISEASE MANAGEMENT

## COMMUNITY SURVEY

The most prevalent chronic diseases and risk factors are high blood pressure, arthritis, high cholesterol, diabetes, and cancer.

| Summary: Chronic Disease Diagnosis and Management |  |  | Currently doing anything to manage it |
| :---: | :---: | :---: | :---: |
| Chronic Disease | Been Diagnosed |  |  |
|  | Resident | Member of Household |  |
| High blood pressure | 38.8\% | 26.6\% | 100.0\% |
| High cholesterol | 29.4\% | 22.2\% | 100.0\% |
| Arthritis | 30.9\% | 23.1\% | 62.0\% |
| Diabetes | 13.6\% | 17.8\% | 96.9\% |
| Any form of cancer | 9.9\% | 18.5\% | 70.8\% |
| Asthma | 11.2\% | 16.7\% | 63.0\% |
| Heart disease or heart attack | 8.3\% | 14.3\% | 100.0\% |
| Kidney disease | 3.1\% | 7.2\% | 76.1\% |
| Respiratory disease | 4.4\% | 9.6\% | 90.6\% |
| Stroke | 3.0\% | 7.9\% | 85.7\% |
| Alzheimer's | 0.7\% | 7.0\% | 29.2\% |

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$\rightarrow$ HIGH BLOOD PRESSURE: More than half (54.8\%) of residents reported either they or a member of their household was diagnosed with high blood pressure. More specifically, $38.8 \%$ of residents have been diagnosed with high blood pressure and $26.6 \%$ have a member of their household with the risk factor. Those more likely to be diagnosed with high blood pressure include those who are retired or unemployed, those without children in the home, and overweight residents.
$\rightarrow$ HIGH CHOLESTEROL: Less than half (43.3\%) of residents reported either they or a member of their household was diagnosed with high cholesterol. More specifically, $29.4 \%$ of residents have been diagnosed with high cholesterol and $22.2 \%$ have a member of their household with the risk factor. Those more likely to be diagnosed with high cholesterol include residents aged 65 years and over, those with an annual income under $\$ 25,000$, residents with a high school diploma or less education, those who are retired or unemployed, married residents, and those without children in the home.
$\rightarrow$ ARTHRITIS: Less than half (45.4\%) of residents reported either they or a member of their household was diagnosed with arthritis. More specifically, $30.9 \%$ of residents have been diagnosed with arthritis and $23.1 \%$ have a member of their household with the chronic disease. Those more likely to be diagnosed with arthritis include residents aged 65 years and over, those with an annual income under $\$ 50,000$, females, residents with some college or less education, those who work part-time or are retired, and those without children in the home.
$\rightarrow$ DIABETES: Less than one-third ( $29.2 \%$ ) of residents reported either they or a member of their household was diagnosed with diabetes. More specifically, $13.6 \%$ of residents have been diagnosed with diabetes and $17.8 \%$ have a member of their household with the chronic disease. Those more likely to be diagnosed with diabetes include those with an annual income under $\$ 25,000$ and those without health insurance.
$\rightarrow$ CANCER: More than one-quarter ( $25.4 \%$ ) of residents reported either they or a member of their household was diagnosed with any form of cancer. More specifically, $9.9 \%$ of residents have been diagnosed with cancer and $18.5 \%$ have a member of their household with the chronic disease. Those more likely to be diagnosed with cancer include those who are employed part-time or unemployed, those who are single, renters, $r$ those without children in the home, non-white residents, and those without a healthcare provider or health insurance.
$\rightarrow$ ASTHMA: Slightly more one-quarter ( $27.9 \%$ ) of residents reported either they or a member of their household was diagnosed with asthma. More specifically, $11.2 \%$ of residents have been diagnosed with asthma and $16.7 \%$ have a member of their household with the chronic disease. Those more likely to be diagnosed with asthma include residents aged 18 to 44 years, those with an annual income under $\$ 50,000$, those with a high school diploma or less education, those who are employed part-time or unemployed, those who are single, renters, those with children in the home, non-white residents, and those without a primary care doctor or health insurance.
$\rightarrow$ HEART DISEASE: Over one-fifth ( $21.8 \%$ ) of residents reported either they or a member of their household was diagnosed with heart disease or heart attack. More specifically, $8.3 \%$ of residents have been diagnosed with heart disease and $14.3 \%$ have a member of their household with the chronic disease. Those more likely to be diagnosed with heart disease include residents aged 65 years and over, those with a high school diploma or less education, those who are employed part-time or retired, those without children in the home, non-white residents, and those without health insurance.
$\rightarrow$ KIDNEY DISEASE: About one in ten (10.3\%) residents reported either they or a member of their household was diagnosed with kidney disease. More specifically, $3.1 \%$ of residents have been diagnosed with kidney disease and $7.2 \%$ have a member of their household with the chronic disease. Those more likely to be diagnosed with kidney disease include residents aged 18 to 44 years, renters, non-white residents, and those without health insurance.
$\rightarrow$ RESPIRATORY DISEASE: More than one in ten (13.8\%) residents reported either they or a member of their household was diagnosed with respiratory disease. More specifically, $4.4 \%$ of residents have been diagnosed with respiratory disease and $9.6 \%$ have a member of their household with the chronic disease. Those more likely to be diagnosed with respiratory disease include residents aged 18 to 44 years, those with an annual income under

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$\$ 50,000$, those with a high school diploma or less education, those who are unemployed, those who are single or divorced, renters, those without children in the home, and non-white residents.
$\rightarrow$ STROKE: About one in ten (10.8\%) residents reported either they or a member of their household was diagnosed with Stroke. More specifically, $3.0 \%$ of residents have been diagnosed with stroke and $7.9 \%$ have a member of their household with the chronic disease. Those more likely to be diagnosed with stroke include residents aged 18 to 44 years, those with a high school diploma or less education, those who are employed part-time, renters, nonwhite residents, and those without a healthcare provider or health insurance.
$\rightarrow$ ALZHEIMER'S: Less than one in ten (7.7\%) residents reported either they or a member of their household was diagnosed with Alzheimer's. More specifically, $0.7 \%$ of residents have been diagnosed with Alzheimer's and $7.0 \%$ have a member of their household with the chronic disease. Those more likely to be diagnosed with Alzheimer's include those with a high school diploma or less education, those who are unemployed, those who are single, renters, and non-white residents.

## SECONDARY DATA ANALYSIS

The number of resident deaths in Erie County has increased by $17.2 \%$ over the past five years.

| Resident Deaths by Age Group |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | \% Change |
| Erie County | 969 | 1,001 | 954 | 965 | 1,182 | 1,136 | +17.2\% |
| Ohio | 119,574 | 123,650 | 124,294 | 123,705 | 143,661 | 147,569 | +23.4\% |
| ERIE COUNTY BY AGE GROUP |  |  |  |  |  |  |  |
| <1 | 6 | 4 | 6 | 6 | 6 | 10 | +60.0 |
| 1-4 | 2 | 1 | 0 | 0 | 1 | 1 | -50.0\% |
| 5-14 | 2 | 0 | 2 | 1 | 0 | 1 | -50.0\% |
| 15-24 | 16 | 10 | 7 | 11 | 12 | 7 | -56.2\% |
| 25-34 | 16 | 9 | 15 | 14 | 16 | 18 | +11.1 |
| 35-44 | 25 | 34 | 30 | 20 | 35 | 25 | 0.0\% |
| 45-54 | 61 | 55 | 29 | 36 | 47 | 49 | -19.7\% |
| 55-64 | 122 | 117 | 88 | 129 | 123 | 149 | +18.1 |
| 65-74 | 163 | 202 | 208 | 182 | 231 | 227 | +28.2\% |
| 75-84 | 225 | 234 | 235 | 226 | 319 | 300 | +25.0\% |
| 85+ | 331 | 335 | 334 | 340 | 389 | 349 | +5.2\% |
| SOURCE: Ohio Department of Health, ODH Data Warehouse |  |  |  |  |  |  |  |

The top two causes of death in Erie County in 2021 were cancer and heart disease.

## General Causes of Death in Erie County (death per 100,000 population)

|  | Erie County |  |  |  |  |  | Ohio |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2017 | 2018 | 2019 | 2020 | 2021 | Change | 2017 | 2018 | 2019 | 2020 | 2021 | Change |
| Malignant Neoplasms | 106.3 | 133.5 | 142.7 | 135.0 | 148.3 | +42.0 | 158.8 | 145.1 | 151.2 | 147.2 | 148.6 | -10.2 |
| Diseases of the Heart | 189.1 | 191.1 | 179.0 | 125.4 | 169.8 | -19.3 | 186.4 | 191.7 | 189.2 | 196.7 | 196.4 | +10.0 |
| Alzheimer's Disease | 41.9 | 52.5 | 41.5 | 48.3 | 35.7 | -6.2 | 33.6 | 35.1 | 33.7 | 38.0 | 31.7 | -1.9 |
| CLRD | 62.4 | 70.7 | 45.4 | 53.4 | 43.6 | -18.8 | 48.5 | 49.1 | 46.0 | 44.6 | 40.6 | -7.9 |
| Cerebrovascular | 40.2 | 31.9 | 40.8 | 51.0 | 64.2 | +24.0 | 42.9 | 42.8 | 42.3 | 45.4 | 46.4 | +3.5 |
| Unintentional Injuries | 78.4 | 61.3 | 49.7 | 89.9 | 51.9 | -26.5 | 65.1 | 55.0 | 58.8 | 68.3 | 71.0 | +5.9 |
| Diabetes | 29.1 | 26.6 | 19.5 | 25.8 | 36.3 | +7.2 | 25.2 | 25.4 | 25.5 | 28.3 | 29.0 | +3.8 |
| Suicide | 14.1 | * | 20.3 | * | 17.7 | +3.6 | 14.8 | 15.3 | 15.2 | 13.8 | 14.6 | -. 2 |
| Flu \& Pneumonia | 9.4 | 9.3 | 10.6 | 10.5 | 10.0 | +0.6 | 14.9 | 15.8 | 12.7 | 13.3 | 10.9 | -4.0 |

CLRD-Chronic Lower Respiratory Diseases, SOURCE: Ohio Department of Health, ODH Data Warehouse
*Indicates rates have been suppressed for counts <10
The most prevalent cancers in Erie County in 2019 were breast, lung/ bronchus, and prostate. Cancer incidence rates were considerably higher in Erie County than Ohio for the following types of cancer: leukemia, melanoma of the skin, other sites/types, and thyroid.

Cancer Incidence by Type

|  | Number of Cases |  |  |  | Age Adjusted | \% Change |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 | 2017 | 2018 | 2019 | Rate (2019) | 2016-2019 |
| ERIE COUNTY |  |  |  |  |  |  |
| Bladder | 24 | 26 | 28 | 20 | 16.6 | -16.7\% |
| Brain and other CNS | 2 | 5 | 4 | 9 | 9.8 | +77.8\% |
| Breast | 72 | 65 | 66 | 75 | 68.2 | +4.0\% |
| Cervix | 3 | 1 | 6 | 3 | * | 0.0\% |
| Colon \& Rectum | 52 | 47 | 49 | 43 | 38.2 | -17.3\% |
| Esophagus | 7 | 7 | 6 | 5 | 4.8 | -28.6\% |
| Hodgkin's Lymphoma | 3 | 1 | 4 | 2 | * | -33.3\% |
| Kidney \& Renal Pelvis | 22 | 18 | 14 | 19 | 18.9 | -13.7\% |
| Larynx | 9 | 3 | 3 | 4 | * | -55.6\% |
| Leukemia | 12 | 13 | 16 | 14 | 14.3 | +14.3\% |
| Liver \& Intrahepatic Bile Duct | 4 | 10 | 5 | 7 | 6.3 | +42.9\% |
| Lung and Bronchus | 75 | 93 | 62 | 66 | 53.5 | -12.0\% |
| Melanoma of the Skin | 31 | 41 | 30 | 48 | 40.8 | +35.4\% |
| Multiple Myeloma | 9 | 13 | 6 | 10 | 7.5 | +10.0\% |
| Non-Hodgkin's Lymphoma | 16 | 20 | 18 | 16 | 12.7 | 0.0\% |
| Oral Cavity \& Pharynx | 17 | 17 | 12 | 12 | 11.2 | -29.4\% |
| Other Sites/Types | 39 | 44 | 43 | 41 | 36.7 | +4.9\% |
| Ovary | 1 | 4 | 6 | 2 | * | +50\% |
| Pancreas | 6 | 18 | 15 | 13 | 11.8 | +53.8\% |
| Prostate | 59 | 65 | 54 | 72 | 118.2 | +18.0\% |
| Stomach | 10 | 6 | 3 | 9 | 6.6 | -10.0\% |
| Testis | 1 | 3 | 2 | 2 | * | +50.0\% |
| Thyroid | 24 | 21 | 16 | 19 | 21.9 | -20.8\% |
| Uterus | 15 | 29 | 14 | 20 | 32.8 | +33.3\% |
| TOTAL | 513 | 570 | 482 | 531 | 466.4 | +3.5\% |

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Cancer Incidence by Type

| OHIO |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Bladder | 3,201 | 3,244 | 3,302 | 3,318 | 21.3 | +3.6\% |
| Brain and Other CNS | 935 | 959 | 904 | 931 | 7.0 | -0.4\% |
| Breast | 9,818 | 9,956 | 9,909 | 10,149 | 70.1 | +3.3\% |
| Cervix | 491 | 492 | 450 | 499 | 8.0 | +1.6\% |
| Colon \& Rectum | 5,834 | 5,828 | 5,819 | 5,608 | 37.8 | -3.8\% |
| Esophagus | 823 | 833 | 860 | 931 | 5.9 | +13.1\% |
| Hodgkin's Lymphoma | 332 | 330 | 288 | 352 | 3.0 | +6.0\% |
| Kidney \& Renal Pelvis | 2,519 | 2,540 | 2,529 | 2,625 | 17.8 | +4.2\% |
| Larynx | 583 | 598 | 547 | 572 | 3.7 | -6.1\% |
| Leukemia | 1,677 | 1,720 | 1,678 | 1,712 | 12.0 | -2.0\% |
| Liver \& Intrahepatic Bile Duct | 1,162 | 1,157 | 1,162 | 1,228 | 7.6 | +5.6\% |
| Lung and Bronchus | 10,001 | 9,954 | 10,025 | 10,134 | 63.9 | +1.3\% |
| Melanoma of the Skin | 3,615 | 3,406 | 3,403 | 3,825 | 26.7 | +5.8\% |
| Multiple Myeloma | 953 | 902 | 920 | 932 | 6.0 | -2.2\% |
| Non-Hodgkin's Lymphoma | 2,691 | 2,777 | 2,768 | 2,862 | 19.3 | +6.3\% |
| Oral Cavity \& Pharynx | 1,765 | 1,843 | 1,857 | 1,946 | 12.9 | +0.2\% |
| Other Sites/Types | 5,124 | 5,189 | 5,043 | 5,254 | 12.9 | +2.5\% |
| Ovary | 743 | 775 | 709 | 716 | 9.3 | -3.6\% |
| Pancreas | 1,897 | 2,008 | 2,189 | 2,155 | 13.8 | +13.6\% |
| Prostate | 7,498 | 8,391 | 8,567 | 9,105 | 118.9 | +21.4\% |
| Stomach | 891 | 886 | 835 | 811 | 5.4 | -8.9\% |
| Testis | 295 | 282 | 305 | 312 | 5.9 | +5.7\% |
| Thyroid | 1,909 | 1,848 | 1,838 | 1,848 | 14.8 | -3.2\% |
| Uterus | 2,498 | 2,571 | 2,469 | 2,545 | 31.6 | +1.8\% |
| TOTAL | 67,255 | 68,489 | 68,376 | 70,370 | 468.0 | +4.6\% |

SOURCE: Ohio Department of Health Data Warehouse, *indicates where rates may be unstable for case counts less than five
Disabilities include difficulties with hearing, vision, cognition, ambulation, and self-care. The percentage of the population with disabilities has remained consistent over the past four years.

| Disability Status by Age |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 | 2017 | 2018 | 2019 | 2020 | Change |
| Total Population | 74,861 | 74,420 | 74,195 | 73,870 | 73,442 | -1.9\% |
| \% with a Disability | 14.1\% | 14.5\% | 14.8\% | 15.1\% | 14.7\% | +0.6\% |
| \# with a Disability | 10,546 | 10,804 | 11,014 | 11,145 | 10,812 | +2.5\% |
| \# under 5 | 11 | 14 | 3 | 3 | 2 | -81.8\% |
| \#5-17 | 549 | 474 | 569 | 628 | 690 | +25.6\% |
| \#18-34 | 888 | 896 | 996 | 984 | 987 | +11.1\% |
| \#35-64 | 4,218 | 4,324 | 4,362 | 4,525 | 4,526 | +7.3\% |
| \#65-74 | 2,063 | 2,162 | 2,197 | 2,093 | 1,936 | -6.1\% |
| 75 years and older | 2,817 | 2,934 | 2,887 | 2,912 | 2,671 | -5.1\% |

Students with disabilities will have Individual Education Plans (IEPs) at school. Margaretta Local Schools and Sandusky City Schools have the highest percentage of students with disabilities in the county.

| Students with Disabilities, 2020-2021 District Level Data |  |  |  |
| :--- | :---: | :---: | :---: |
| District | \# Total Students | \# Students <br> Disabilities | \% Students <br> Disabilities |
| Sandusky City Schools | 3,049 | $\mathbf{4 6 0}$ | $\mathbf{1 5 . 1 \%}$ |
| Perkins Local Schools | 1,783 | $\mathbf{1 9 5}$ | $\mathbf{1 1 . 0 \%}$ |
| Vermilion Local Schools | 1,678 | $\mathbf{2 4 6}$ | $\mathbf{1 4 . 7 \%}$ |
| Edison Local Schools | 1,407 | $\mathbf{1 6 2}$ | $\mathbf{1 1 . 5 \%}$ |
| Huron City Schools | 1,241 | $\mathbf{1 6 0}$ | $\mathbf{1 2 . 9 \%}$ |
| Margaretta Local Schools | 1,081 | $\mathbf{2 1 0}$ | $\mathbf{1 9 . 4 \%}$ |
| COUNTY TOTAL | $\mathbf{1 0 , 2 3 9}$ | $\mathbf{1 , 4 3 3}$ | $\mathbf{1 3 . 9 \%}$ |
| SOURCE: Ohio Department of Education |  |  |  |

## TRANSPORTATION

## COMMUNITY SURVEY

| Summary: Transportation and Safe Driving |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | \% | \# |
| Have a cell phone |  | 97.3\% | 387 |
| Ever send or received texts/emails while driving |  | 39.5\% | 377 |
| How often use a seat belt while driving or riding in a car | Always | 87.7\% | 387 |
|  | Most of the time | 6.8\% |  |
|  | Sometimes | 3.7\% |  |
|  | Never | 1.9\% |  |
| Type of transportation used most often | Own car | 86.0\% | 387 |
|  | Walk | 5.9\% |  |
|  | Family member/friend | 4.4\% |  |
|  | Public Transit | 1.7\% |  |
|  | Bike | 0.9\% |  |
|  | Borrowed car | 0.2\% |  |
|  | Other | 0.9\% |  |

The majority (97.3\%) of residents have a cell phone. More than one-third (39.5\%) of those with a cell phone reported ever sending or receiving text messages or e-mails while driving. Groups of residents more likely to send and/or receive text messages when driving include residents aged 18 to 44 years, those with an annual income over $\$ 75,000$, males, those who are employed, those who are single, and white residents.


Most residents (87.7\%) always wear a seatbelt when driving or riding in a care. A small portion (6.8\%) wear seatbelts most of the time, $3.7 \%$ wear them sometimes, and $1.9 \%$ never wear a seatbelt. Groups of residents more likely to NOT wear a seatbelt include those with an annual income under $\$ 50,000$, residents with some college or less education, those who are non-married, and those without health insurance.

Seat Belt Use While Driving or Riding in Car


Most residents ( $86.0 \%$ ) use their own car when commuting. Groups of residents more likely to own a car include residents aged 45 years and over, those with an annual income over $\$ 50,000$, college graduates, those who are employed full-time or retired, those who are married, homeowners, and white residents. A small number of residents (5.9\%) regularly walk when needing to go somewhere. Groups of residents more likely to walk include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, males, residents with a high school diploma or less education, those who are unemployed, those who are single, renters, and non-white residents. Even fewer residents (4.4\%) regularly commute by riding with family and friends. Groups of residents more likely to get rides from family and friends include residents aged 18 to 44 years, those with an annual income under $\$ 50,000$, females, residents with a high school diploma or less education, those who are employed part-time, those who are single or widowed, renters, and non-white residents. Less than one-tenth of residents ( $1.7 \%$ ) use public transit when needing to go somewhere. Other modes of transportation were used much less often: bike (0.9\%), borrowing a car (0.2\%), and other (0.9\%).

Modes of Transportation


## SECONDARY DATA ANALYSIS

Driving alone to work is an indicator of poor public transit infrastructure and sedentary behaviors. Most of the workforce in Erie County (85\%) drives alone to work, and this percentage has stayed stagnant over time.

| Percentage of Workforce that Drives Alone to Work |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 | 2017 | 2018 | 2019 | 2020 | \% Change |
| Erie County | $84 \%$ | $85 \%$ | $85 \%$ | $85 \%$ | $85 \%$ | $\mathbf{+ 1 \%}$ |
| Ohio | $83 \%$ | $83 \%$ | $83 \%$ | $83 \%$ | $82 \%$ | $\mathbf{- 1 \%}$ |
| SOURCE: County Health Rankings |  |  |  |  |  |  |

Among workers who commute in their car alone, the percentage that commute more than 30 minutes in Erie County was significantly lower than the state percentage ( $22 \%$ compared to $31 \%$, respectively).

| Long Commute: Percentage of Workforce Drives Alone for >30 Minutes |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} 2012- \\ 2016 \end{gathered}$ | 2013-2017 | 2014-2018 | 2015-2019 | 2016-2020 | \% Change |
| Erie County | 32\% | 22\% | 22\% | 21\% | 22\% | -10\% |
| Ohio | 30\% | 30\% | 31\% | 31\% | 31\% | +1\% |

[^3]
## COMMUNITY LEADER SURVEY

Nearly one-third (30.0\%) of community leaders agreed that "transportation for medical appointments is available for residents in Erie County when needed," with $6.0 \%$ in strong agreement. More than one-third (42.0\%) disagreed.

Availability of Transportation


## HOUSING

## COMMUNITY SURVEY

| Summary: Housing |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | \% | \# |
| Housing situation today | Do not have housing | 2.1\% | 387 |
|  | Have it, but worried about losing | 7.1\% |  |
|  | Have housing | 90.8\% |  |
| Have problems in place live in with... | Mold | 7.8\% | 387 |
|  | Water leaks | 7.5\% |  |
|  | Bug infestation | 3.0\% |  |
|  | Inadequate heat | 2.6\% |  |
|  | Oven or stove not working | 2.6\% |  |
|  | Smoke detector issues | 2.6\% |  |
|  | Lead paint or pipes | 0.8\% |  |
|  | Other | 4.6\% |  |

The majority ( $90.8 \%$ ) of residents have stable housing. Less than one-tenth of residents ( $7.1 \%$ ) have housing, but are worried about losing it. A small number (7.1\%) do not have housing and are staying at a hotel, shelter, friend's house or on the street. Groups of residents more likely to not have housing include residents aged 18 to 44 years, those with an annual income under $\$ 50,000$, residents with a high school diploma or less education, those who are employed part-time, those who are single or divorced, renters, and non-white residents.

Stability of Housing


Nearly one in ten residents (7.8\%) have a problem with mold where they live, and $7.5 \%$ have a problem with water leaks. A small number have a problem with bug infestation (3.0\%), no smoke detectors or detectors not working (2.6\%), oven or stove not working (2.6\%), inadequate heat (2.6\%), and lead paint or pipes ( $0.8 \%$ ). Groups of residents more likely to encounter one or more of these issues include residents aged 18 to 64 years, those with an annual income under $\$ 75,000$, residents with some college or less education, those who are employed part-time or unemployed, those who are single or divorced, renters, those with children in the home, and non-white residents.


## SECONDARY DATA

More than two-thirds (69.2\%) of housing units in Erie County are owner-occupied, while $30.8 \%$ are renter-occupied. The percentage of vacant houses is significantly higher in Erie County (17.6\%) than Ohio (10.1\%). The median value of a house in Erie County $(\$ 139,900)$ is lower than the state $(\$ 145,700)$. Monthly expenses for both homeowners and renters are slightly lower in Erie County than the state.

| Housing Units, 2020 |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% Owner <br> Occupied | \% Renter <br> Occupied | \% Vacant | Median <br> Year Built | Median <br> Value | Median <br> Gross Rent | Median Monthly <br> Owners Cost |
| Erie County | $69.2 \%$ | $30.8 \%$ | $17.6 \%$ | 1964 | $\$ 139,900$ | $\$ 756$ | $\$ 1,173$ |
| Ohio | $66.1 \%$ | $33.9 \%$ | $10.1 \%$ | 1968 | $\$ 145,700$ | $\$ 808$ | $\$ 1,282$ |
| SOURCE: Ohio Development Services Agency, Ohio County Profiles |  |  |  |  |  |  |  |

Nearly three-quarters (72.5\%) of housing units in Erie County are single-detached dwellings. This is slightly higher than the state percentage (68.4\%).

| Percentage as Share of Housing Units, 2019 |  |  | Units of Multi-family <br> Properties |
| :--- | :---: | :---: | :---: |
| Single-Detached | $12.6 \%$ | Mobile Homes |  |
| Erie County | $72.5 \%$ | $14.8 \%$ | $3.2 \%$ |
| Ohio | $68.4 \%$ |  | $3.6 \%$ |
| SOURCE: OHFA, 2021 Ohio Housing Needs Assessment |  |  |  |

## ENVIRONMENTAL QUALITY

## SECONDARY DATA

Fine particulate matter is defined as particles of air pollutants with an aerodynamic diameter less than 2.5 micrometers. These particles can be directly emitted from sources such as forest fires, or they can form when gases emitted from power plants, industries, and automobiles react in the air. Particulate matter has been getting slightly better in the county since 2012, and remains consistent with the state average.

| Air Pollution - Particulate matter (PM2.5) |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Erie County | 11.1 | $\mathbf{2 0 1 4}$ | $\mathbf{2 0 1 6}$ | $\mathbf{2 0 1 8}$ | \% Change |
| Ohio | 11.3 | 11.5 | 9.0 | 9.0 | $\mathbf{- 2 . 1}$ |
| SOURCE: County Health Ranking, Air Data Quality Index Report | 9.0 | $\mathbf{- 2 . 3}$ |  |  |  |

## SAFETY, INJURY AND VIOLENCE

## COMMUNITY SURVEY

| Summary: Adverse Childhood Experiences |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | \% of residents | $\begin{gathered} \# \text { of } \\ \text { residents } \end{gathered}$ |
| Lived with someone as a child who was... | Was depressed/mentally ill | 23.2\% | 387 |
|  | Was a problem drinker/alcoholic | 26.6\% |  |
|  | Used illegal drugs/abused medications | 13.8\% |  |
|  | Served time in jail or correctional facility | 7.4\% |  |
| Happen as a child | Parents divorced/separated | 26.7\% | 387 |
|  | Physically/sexually/emotionally/financially/verbally abused | 23.4\% |  |
|  | Family did not look out, feel close, support each other | 14.0\% |  |
|  | Parents or adults physically hurt each other | 10.8\% |  |
|  | Not enough to eat, had dirty clothes, no one to protect | 6.9\% |  |
|  | Parents were not married | 5.3\% |  |
| Been abused by (of those who have been abused in past) | By a spouse | 34.3\% | 90 |
|  | By a parent | 56.7\% |  |
|  | By a child | 7.7\% |  |
|  | By a paid caregiver | 0.9\% |  |
|  | By another person outside of home | 42.2\% |  |
| How abused <br> (of those who have been abused in past) | Verbally | 75.8\% | 90 |
|  | Emotionally | 73.8\% |  |
|  | Sexually | 52.9\% |  |
|  | Physically | 62.8\% |  |
|  | Financially | 24.7\% |  |

More than one-quarter ( $26.6 \%$ ) of residents lived with someone as a child who was a problem drinker or alcoholic. Over one-fifth ( $23.2 \%$ ) lived with someone who was depressed or mentally ill. Less than one-sixth (13.8\%) lived with someone as a child who used illegal drugs or abused medications. Less than one-tenth (7.4\%) lived with someone who had served time in jail or a correctional facility.


More than one-quarter (26.7\%) of residents had parents who were divorced or separated as a child. Less than onequarter ( $23.4 \%$ ) of residents were abused physically, sexually, emotionally, financially, or verbally as a child. Less than one-fifth ( $14.0 \%$ ) of residents had family that did not look out for each other, feel close to each other, or support each other as a child. About one in ten (10.8\%) residents had parents or adults who physically hurt each other. Less than one in ten (6.9\%) residents did not have enough to eat, had dirty clothes, and had no one to protect them as a child, and $5.3 \%$ had parents who were not married.

Adverse Childhood Experiences


Groups of residents more likely to have had one or more of these adverse childhood experiences include residents aged 18 to 44 years, those with an annual income under $\$ 25,000$, females, residents with some college or less education, those who are unemployed or employed part-time, those who are single, and renters.

Over half (56.7\%) of residents were abused by a parent. Other abusers include another person outside of the home (42.2\%), a spouse (34.3\%), a child (7.7\%), and a paid caregiver ( $0.9 \%$ ). The most common form of abuse was verbal abuse (75.8\%). Other types of abuse include emotional (73.8\%), physical (62.8\%), sexual (52.9\%), and financial (24.7\%).


| Summary: Community and Gun Safety |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | $\begin{gathered} \% \text { of } \\ \text { residents } \end{gathered}$ | $\begin{gathered} \text { \# of } \\ \text { residents } \end{gathered}$ |
| How safe from crime is neighborhood | 1 (not at all safe) | 1.5\% | 387 |
|  | 2 | 4.0\% |  |
|  | 3 | 13.6\% |  |
|  | 4 | 31.5\% |  |
|  | 5 (very safe) | 49.4\% |  |
| Firearms kept in or around home | Yes | 41.2\% | 386 |
|  | No | 58.8\% |  |
| Firearms locked and loaded (those with firearms) | Firearms locked | 69.5\% | 230 |
|  | Firearms loaded | 40.4\% |  |

The majority ( $80.9 \%$ ) of residents felt that their neighborhood was safe or very safe from crime, while $5.5 \%$ felt that their neighborhood was not very or not at all safe. Groups of residents more likely to think that their neighborhood was safe from crime include residents aged 65 years and over, those with an annual income over $\$ 50,000$, college graduates, those who are employed full-time or retired, those who are widowed or married, homeowners, and white residents. Groups of residents more likely to think that their neighborhood was not safe from crime include residents aged 18 to 44 years, those with an annual income under $\$ 50,000$, residents with a high school diploma or less education, those who are unemployed, those who are single, and renters.

Neighborhood Safety: Crime


Almost half ( $41.2 \%$ ) of residents currently keep firearms in or around their home. Of those with firearms, more than half (69.5\%) keep them locked and $40.4 \%$ keep them loaded. Groups of residents more likely to have firearms in or around their home include residents with an annual income of $\$ 50,000$ or more, males, those who are employed fulltime, those who are married, homeowners, those who have children in the home, and white residents.

Firearms in the Home


## SECONDARY DATA ANALYSIS

The death rate for unintentional injuries in Erie County increased slightly between 2017 and 2020 (a rate was unavailable in 2021). Homicides are rare in Erie County, with no homicides over the past 5 years.

| Unintentional Injury and Homicide Death Rate (death per 100,000 population) |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Erie County |  |  |  |  |  | Ohio |  |  |  |  |  |
|  | 2017 | 2018 | 2019 | 2020 | 2021 | Change | 2017 | 2018 | 2019 | 2020 | 2021 | Change |
| Unintentional Injuries | 7.7 | * | 8.8 | 11.0 | * | +3.3^ | 65.1 | 55.0 | 58.8 | 68.4 | 71.0 | +5.9 |
| Homicide | * | * | * | * | * | - | 7.6 | 6.9 | 6.6 | 9.1 | 9.4 | +1.8 |

SOURCE: Ohio Department of Health, ODH Data Warehouse, *Indicates rates have been suppressed for counts <10, ^change based off of 2017 to 2020

The violent crime rate is represented as an annual rate per 100,000 population. Violent crimes are defined as offenses that involve face-to-face confrontation between the victim and the perpetrator, including homicide, forcible rape, robbery, and aggravated assault. The violent crime rate for Erie County is significantly lower than the state.

| Violent Crime Rate |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2008-2010 | $2009-2011$ | $2010-2012$ | $2012-2014$ | $2014-2016$ | \% Change |  |
| Erie County | 222 | 204 | 187 | 116 | 82 | $\mathbf{- 6 3 . 0 \%}$ |  |
| Ohio | 332 | 318 | 307 | 290 | 293 | $\mathbf{- 1 1 . 7 \%}$ |  |
| SOURCE: County Health Rankings |  |  |  |  |  |  |  |

The firearm fatality rate is defined as the number of deaths due to firearms per 100,000 population. This is slightly lower in the county than it is in the state, and the county rate over the past five years has remained at less than 10.

| Homicide by Firearm Fatality Rate |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2017 | 2018 | 2019 | 2020 | 2021 | \% Change |  |
| Erie County | $*$ | $*$ | $*$ | $*$ | $*$ | - |  |
| Ohio | 5.8 | 5.0 | 5.2 | 7.6 | 8.1 | $+\mathbf{2 . 3}$ |  |
| SOURCE: Ohio Department of Health, Ohio Data Warehouse, *Indicates rates have been suppressed for counts <10 |  |  |  |  |  |  |  |

Over the past five years, the total number of maltreatment allegations in the county has increased. Allegations of physical abuse, neglect, sexual abuse, and emotional maltreatment are most common. At the same time, the number of families in need of services or dependency has been declining.


## 2022 Erie County CHA

The table below shows the number of youths under age 18 adjudicated for felony-level offenses over a five-year period. The rate is the number of adjudications per 1,000 youths in the population. Overall, only 36 youths in Erie County were adjudicated for felony-level offenses. However, this number has been increasing significantly faster over the years than the state.

| Adolescents Adjudicated for Felonies |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2017 |  | 2018 |  | 2019 |  | 2020 |  | $\begin{aligned} & \text { \% Change } \\ & \text { 2017-2020 } \end{aligned}$ |
|  | \# | Rate per $1,000$ | \# | Rate per $1,000$ | \# | Rate per 1,000 | \# | Rate per 1,000 |  |
| Erie County | 22 | 1.4 | 35 | 2.3 | 21 | 1.4 | 36 | 2.4 | + 38.9\% |
| Ohio | 4,496 | 1.7 | 4,195 | 1.6 | 3,365 | 1.4 | 3,075 | 1.3 | -31.6\% |
| The \# of those under age 18 adjudicated for felony-level offenses. The rate is the number of adjudications per 1,000 adolescents in the population SOURCE: Kids Count Data Center. http://datacenter.kidscount.oro/dato/tables/2490-adolescents-adjudicated-for-felonies?loc=37\&/oct=5\#detailed/5/5180,5192,5215,5224,5227,5229,5244,5253-5255,5262/fa/se/573,869,36,868,867/any/10247,15677. |  |  |  |  |  |  |  |  |  |

## COMMUNITY LEADER SURVEY

The majority (86\%) of community leaders agree that "Erie County is a safe place to live." Likewise, $89.8 \%$ of community leaders agree that "Erie County is a good place to raise a family."

Leaders' Perceptions of Community Safety


## REPRODUCTIVE AND SEXUAL HEALTH

## SECONDARY DATA ANALYSIS

The HIV infection rate is the number of persons with a reported diagnosis of HIV infection per 100,000 population. The HIV infection rate in Erie County has increased over the past five years and is higher than Ohio's rate.

| HIV Infection Rate |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 | 2017 | 2018 | 2019 | 2020 | Change |  |
| Erie County | $*$ | $*$ | 6.7 | $*$ | 10.9 | $\mathbf{+ 3 . 3}$ |  |
| Ohio | 8.3 | 8.4 | 8.2 | 7.7 | 7.7 | $\mathbf{- 0 . 6}$ |  |
| Ohio Department of Health, HIV Surveillance, | Indicates rate not calculated for case count <5 |  |  |  |  |  |  |

The rate below depicts the number of persons living with diagnosed HIV per 100,000 population. While the rate in Erie County has increased considerably over the past five years, it is still significantly lower than the state.

| Rate of Population Living with Diagnosed HIV Infection |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 | 2017 | 2018 | 2019 | 2020 | Change |
| Erie County | 111.8 | 113.6 | 123.3 | 119.8 | 131.6 | $\mathbf{+ 1 9 . 8}$ |
| Ohio | 196.1 | 202.3 | 204.4 | 209.4 | 214.6 | $\mathbf{+ 1 8 . 5}$ |

The gonorrhea rate is the number of persons per 100,000 population diagnosed with gonorrhea. In 2016, the gonorrhea rate for Erie County was higher than the rate for the state. This is no longer true in 2020, as the Erie County rate is now lower.

| Gonorrhea Rate |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 | 2017 | 2018 | 2019 | 2020 | Change |  |
| Erie County | 245.0 | 332.8 | 241.6 | 153.5 | 250.5 | $\mathbf{+ 5 . 5}$ |  |
| Ohio | 176.8 | 205.8 | 216.2 | 224.0 | 262.6 | $\mathbf{+ 8 5 . 8}$ |  |

The chlamydia rate is the number of persons per 100,000 population diagnosed with chlamydia. The chlamydia rate for Erie County is considerably lower than the state's rate.

| Chlamydia Rate |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2016 | 2017 | 2018 | 2019 | 2020 | Change |  |
| Erie County | 245.0 | 332.8 | 241.6 | 153.5 | 250.5 | $\boldsymbol{+ 5 . 5}$ |  |
| Ohio | 521.8 | 526.8 | 543.1 | 561.9 | 504.8 | $\mathbf{- 1 7 . 0}$ |  |
| Ohio Department of Health, STD Surveillance |  |  |  |  |  |  |  |

The syphilis rate is the number of persons per 100,000 population diagnosed with syphilis. The syphilis rate for Erie County is considerably lower than the state's rate; however the rate has been increasing in the county.

| Syphilis Rate | 2016 | 2017 | 2018 | 2019 | 2020 | Change |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Erie County | 4.0 | 17.4 | 4.0 | 6.7 | 16.2 | $\mathbf{+ 1 2 . 2}$ |
| Ohio | 13.9 | 16.5 | 16.4 | 17.3 | 20.9 | $\mathbf{+ 7 . 0}$ |
| SOURCE: Ohio Department of Health, STD Surveillance |  |  |  |  |  |  |

## Appendix: Survey Results - Year to Year Comparisons

| Summary: Personal Health Status |  |  |  | 2015 | 2013 | 2011 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 2022 | 2019 |  |  |  |
| Health Perception ${ }^{1}$ | Excellent/Very Good/Good | 71\% | 83\% | 85\% | 84\% | 89\% |
|  | Fair/Poor | 29\% | 17\% | 15\% | 16\% | 11\% |
| Rated physical health as not good 4 or more days last month |  | 29\% | 21\% | 20\% | 19\% | 18\% |
| Average number of days physical health not good |  | 4.7 | 4.3 | 3.3 | 3.5 | NA |
| Rated mental health as not good 4 or more days last month |  | 40\% | 21\% | 19\% | 23\% | 18\% |
| Average number of days mental health not good |  | 6.9 | 3.5 | 3.1 | 3.6 | NA |
| Poor physical or mental health kept from activities |  | 38\% | 27\% | 22\% | 21\% | 20\% |
| Summary: Insurance Coverage |  |  |  |  |  |  |
| Currently uninsured |  | 7\% | 3\% | 7\% | 16\% | 9\% |
| Type of Insurance coverage (of those with insurance) | Private insurance- employer paid | 41\% | 42\% | NA | NA | NA |
|  | Private insurance-self paid | 11\% | 4\% | NA | NA | NA |
|  | Medicare | 32\% | 40\% | NA | NA | NA |
|  | Medicaid | 13\% | 4\% | NA | NA | NA |
|  | VA Coverage | 2\% | 2\% | NA | NA | NA |
|  | Other | NA | 8\% | NA | NA | NA |
| Services covered by insurance (of those with insurance) | Prescription assistance | 83\% | 89\% | NA | NA | NA |
|  | Preventative care | 83\% | 82\% | NA | NA | NA |
|  | Vision services | 69\% | 55\% | NA | NA | NA |
|  | Dental services | 69\% | 57\% | NA | NA | NA |
|  | Mental health | 64\% | 66\% | NA | NA | NA |
|  | Alcohol and drug treatment | 44\% | 47\% | NA | NA | NA |
| Summary: Access to Health Care |  |  |  |  |  |  |
| Have regular primary care provider |  | 84\% | 90\% | 87\% | 88\% | 86\% |
| Had a routine check-up in past year |  | 80\% | 77\% | 71\% | 63\% | 57\% |
| Summary: Mental Health |  |  |  |  |  |  |
| During past 12 months... | Felt sad or hopeless 2+ weeks | 21\% | 8\% | 10\% | 10\% | 9\% |
|  | Ever seriously consider suicide | 8\% | 4\% | 3\% | 2\% | 3\% |
| Been Diagnosed by Medical Professional | Anxiety disorder such as OCD or panic | 19\% | 10\% | NA | NA | NA |
|  | ADD/ADHD | 11\% | 5\% | NA | NA | NA |
|  | Posttraumatic stress disorder | 13\% | 3\% | NA | NA | NA |
|  | Alcohol/Substance Abuse/Dependence | 7\% | 4\% | NA | NA | NA |
|  | Bipolar | 9\% | 3\% | NA | NA | NA |
|  | Developmental disability | 4\% | 1\% | NA | NA | NA |
|  | Other mental health disorder | 6\% | 1\% | NA | NA | NA |
|  | Eating disorder | 4\% | 1\% | NA | NA | NA |
|  | Schizophrenia | 2\% | <1\% | NA | NA | NA |
|  | Problem gambling | 2\% | 1\% | NA | NA | NA |
|  | Depression | 31\% | 12\% | 17\% | 15\% | NA |

[^4]
## 2022 Erie County CHA

| Summary: Access to Oral Health Care |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2022 | 2019 | 2015 | 2013 | 2011 |
| Dental Checkup within past year | 65\% | 61\% | 67\% | 62\% | 65\% |
| Summary: Smoking and Tobacco Use |  |  |  |  |  |
| Current smoker | 20\% ${ }^{2}$ | 12\% | 20\% | 21\% | 26\% |
| Smoking behavior $\quad$ Past smoker | 26\% | 38\% | 25\% | 24\% | 22\% |
| Never smoked | 54\% | 50\% | 55\% | 55\% | 52\% |
| Summary: Alcohol and Substance Abuse |  |  |  |  |  |
| Percentage of adults current drinker ${ }^{3}$ | 65\% | 63\% | 62\% | 54\% | 65\% |
| Driven after drinking alcohol in past month | 11\% | 9\% | 7\% | 6\% | 8\% |
| Adult recreational marijuana use ${ }^{4}$ | 25\% | 5\% | 9\% | 7\% | 11\% |
| Past year. . . taken prescriptions not belonging to them/ taken different than prescribed | 3\% | 8\% | NA | NA | NA |
| Summary: Child Health |  |  |  |  |  |
| Children up to date on recommended vaccines | 96\% | 82\% | NA | NA | NA |
| Summary: Healthy Living- Weight and Exercise |  |  |  |  |  |
| Self-described | 63\% | 75\% | 70\% | 74\% | 66\% |
| About right | 35\% | 24\% | 30\% | 26\% | 34\% |
| weight ${ }^{\text {U }}$ Underweight | 2\% | NA | NA | NA | NA |
| Been told obese or overweight by a doctor | 39\% | 32\% | NA | NA | NA |
| Summary: Prevention, Testing and Screening |  |  |  |  |  |
| Had colonoscopy in past 5 years (ages 50+) | 54\% | 53\% | NA | NA | NA |
| Received ${ }^{\text {an }}$ Anual flu vaccine | 58\% | 64\% | 49\% | 48\% | 34\% |
| Received Pneumonia vaccine (age 65+, in lifetime) | 78\% | 80\% | 54\% | 50\% | 46\% |
| vaccines. ${ }^{\text {a }}$ ( ${ }^{\text {Shingles vaccine (in lifetime) }}$ | 29\% | 35\% | 14\% | 8\% | NA |
| Summary: Women's Health |  |  |  |  |  |
| Mammogram (40 and over) in past year | 63\% | 64\% | NA | NA | NA |
| Breast exam in past year (2022 self-exam, other year, clinical) | 79\% | 46\% | 54\% | 56\% | 62\% |
| Pap smear in past year | 37\% | 28\% | 46\% | 48\% | 56\% |
| Overweight or obese | 64\% | 68\% | NA | NA | NA |
| High blood pressure | 34\% | 43\% | NA | NA | NA |
| High cholesterol | 27\% | 42\% | NA | NA | NA |
| Current smoker (for 2022, this is everyday smokers) | 11\% | 7\% | NA | NA | NA |
| Summary: Men's Health |  |  |  |  |  |
| PSA test (50 and over) in past year | 43\% | 48\% | NA | NA | NA |
| Overweight or obese | 62\% | 81\% | NA | NA | NA |
| High blood pressure | 44\% | 48\% | NA | NA | NA |
| High cholesterol | 33\% | 53\% | NA | NA | NA |
| Current smoker (for 2022, this is everyday smokers) | 11\% | 16\% | NA | NA | NA |

[^5]
## 2022 Erie County CHA

| Summary: Chronic Illnesses |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2022 | 2019 | 2015 | 2013 | 2011 |
| High blood pressure | 39\% | 48\% | 36\% | 31\% | 28\% |
| 3  | 29\% | 48\% | 39\% | 35\% | 31\% |
| Arthritis | 31\% | 48\% | NA | NA | NA |
| diagnosed with... ${ }^{\text {D }}$ Diabetes | 14\% | 21\% | 12\% | 10\% | 13\% |
| Any form of cancer | 10\% | 23\% | NA | NA | NA |
| Asthma | 11\% | 9\% | 14\% | 15\% | 13\% |
| Heart disease or heart attack | 8\% | 8\% | 6\% | 7\% | 4\% |
| Stroke | 3\% | 5\% | 4\% | 4\% | 2\% |
| Summary: Housing |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| Experienced 4 or more ACEs in lifetime | 17\% | 6\% | NA | NA | NA |
| Summary: Feelings of Safety in the Community |  |  |  |  |  |
| Firearms kept in or around home | 41\% | 44\% | 35\% | 41\% | 41\% |

## Appendix: Survey Results by Income

|  |  | \% of all residents | $\begin{aligned} & \text { Under } \\ & \$ 25,000 \end{aligned}$ | $\begin{gathered} \$ 25- \\ \$ 49,000 \end{gathered}$ | $\begin{gathered} \$ 49- \\ \$ 75,000 \end{gathered}$ | $\begin{gathered} \text { Over } \\ \$ 75,000 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary: Community Needs |  |  |  |  |  |  |
| Sought assistance in past year for . . . | Food* | 16.5\% | 49.2\% | 22.0\% | 14.3\% | 1.3\% |
|  | Mental health issues* | 11.4\% | 19.0\% | 14.9\% | 11.1\% | 7.1\% |
|  | Healthcare* | 10.7\% | 24.2\% | 13.9\% | 6.3\% | 5.8\% |
|  | Utilities* | 9.9\% | 15.9\% | 7.2\% | 4.8\% | 9.8\% |
|  | Medicare or other health insurance* | 9.7\% | 20.6\% | 15.8\% | 4.8\% | 2.6\% |
|  | Prescription assistance* | 7.7\% | 19.1\% | 9.0\% | 6.3\% | 2.6\% |
|  | Employment* | 6.1\% | 9.5\% | 10.9\% | 4.8\% | 2.6\% |
|  | Home repair* | 5.8\% | 9.7\% | 9.9\% | 1.6\% | 3.2\% |
|  | Rent/mortgage assistance* | 5.7\% | 22.2\% | 6.0\% | 3.2\% | 0.0\% |
|  | Transportation* | 5.6\% | 22.2\% | 5.9\% | 0.0\% | 0.6\% |
|  | Dental care* | 5.2\% | 19.0\% | 4.0\% | 3.2\% | 1.3\% |
|  | Clothing* | 5.0\% | 17.7\% | 4.0\% | 4.8\% | 0.6\% |
|  | Shelter* | 3.0\% | 9.7\% | 4.0\% | 1.6\% | 0.0\% |
|  | Legal aid services* | 2.6\% | 4.8\% | 5.0\% | 3.2\% | 0.0\% |
|  | Affordable childcare* | 1.4\% | 6.3\% | 1.0\% | 0.0\% | 0.6\% |
|  | Gambling addiction | 0.3\% | 0.0\% | 0.0\% | 0.0\% | 0.6\% |
|  | None of the above | 66.1\% | 33.9\% | 51.5\% | 76.2\% | 83.9\% |
| Summary: Personal Health Status |  |  |  |  |  |  |
| Personal description of health | Excellent | 15.3\% | 9.7\% | 12.9\% | 4.8\% | 23.9\% |
|  | Good | 56.0\% | 45.2\% | 49.5\% | 49.2\% | 65.8\% |
|  | Fair | 23.9\% | 38.7\% | 33.7\% | 33.3\% | 8.4\% |
|  | Poor | 4.1\% | 3.2\% | 4.0\% | 11.1\% | 1.9\% |
|  | Very Poor | 0.7\% | 3.2\% | 0.0\% | 1.6\% | 0.0\% |
| Number of days in past month that PHYSICAL health was not good* | Average number of days not well | 4.65 | 5.99 | 5.13 | 5.69 | 3.51 |
|  | None | 51.9\% | 51.6\% | 46.5\% | 47.6\% | 54.8\% |
|  | 1-5 | 26.6\% | 18.8\% | 32.7\% | 23.8\% | 27.7\% |
|  | 6-10 | 7.7\% | 9.4\% | 5.0\% | 6.4\% | 8.4\% |
|  | 11-20 | 6.1\% | 7.9\% | 8.0\% | 11.1\% | 3.2\% |
|  | More than 20 | 7.7\% | 12.5\% | 7.9\% | 11.1\% | 5.8\% |
| Number of days in past month that MENTAL health was not good* | Average number of days not well | 6.93 | 10.86 | 7.45 | 9.06 | 4.39 |
|  | None | 44.6\% | 37.5\% | 39.0\% | 39.1\% | 51.9\% |
|  | 1-5 | 21.8\% | 12.5\% | 26.0\% | 21.9\% | 23.1\% |
|  | 6-10 | 11.2\% | 14.1\% | 12.0\% | 9.4\% | 10.9\% |
|  | 11-20 | 9.2\% | 10.9\% | 7.0\% | 10.9\% | 5.0\% |
|  | More than 20 | 13.2\% | 25.0\% | 16.0\% | 18.8\% | 5.1\% |
| Number of Days Poor MENTAL or PHYSICAL Health Kept from Usual Activities* | Average \# days kept from activities | 4.23 | 5.90 | 6.59 | 4.96 | 1.89 |
|  | None | 62.1\% | 56.5\% | 52.0\% | 64.1\% | 68.8\% |
|  | 1-5 | 17.1\% | 14.5\% | 17.0\% | 14.1\% | 20.1\% |
|  | 6-10 | 6.5\% | 6.5\% | 8.0\% | 6.3\% | 5.2\% |
|  | 11-20 | 6.7\% | 11.3\% | 9.0\% | 3.1\% | 4.5\% |
|  | More than 20 | 7.6\% | 11.3\% | 14.0\% | 12.5\% | 1.2\% |


|  |  | \% of all residents | $\begin{aligned} & \text { Under } \\ & \$ 25,000 \end{aligned}$ | $\begin{gathered} \$ 25- \\ \$ 49,000 \end{gathered}$ | $\begin{gathered} \$ 49- \\ \$ 75,000 \end{gathered}$ | $\begin{gathered} \text { Over } \\ \$ 75,000 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary: Insurance Cover | ge |  |  |  |  |  |
| Currently not insured* |  | 7.0\% | 15.9\% | 10.9\% | 1.6\% | 1.9\% |
|  | Private insurance- employer paid | 41.1\% | 3.8\% | 25.6\% | 37.1\% | 64.7\% |
| Type of insurance | Private insurance-self paid | 11.4\% | 3.8\% | 10.0\% | 17.7\% | 12.7\% |
|  | Medicare | 32.0\% | 46.2\% | 40.0\% | 37.1\% | 19.3\% |
| (of those with | Medicaid | 13.1\% | 46.2\% | 16.7\% | 6.5\% | 2.7\% |
|  | VA Coverage | 2.4\% | 0.0\% | 7.8\% | 1.6\% | 0.7\% |
|  | Hospitalization* | 88.0\% | 73.6\% | 82.2\% | 93.4\% | 94.1\% |
|  | Emergency room care | 89.9\% | 84.9\% | 85.6\% | 91.8\% | 92.8\% |
|  | Prescription assistance | 82.8\% | 75.5\% | 83.1\% | 85.2\% | 84.2\% |
|  | Preventative care* | 82.5\% | 69.2\% | 80.9\% | 82.3\% | 88.8\% |
|  | Vision services | 69.4\% | 71.2\% | 67.8\% | 59.7\% | 74.3\% |
| Services covered by | Dental services* | 69.2\% | 62.3\% | 64.4\% | 59.7\% | 78.9\% |
| insurance | Long term care* | 31.4\% | 24.5\% | 25.8\% | 25.8\% | 39.5\% |
|  | Family planning (birth control) | 36.0\% | 32.1\% | 32.2\% | 32.3\% | 42.1\% |
|  | Mental health | 63.9\% | 65.4\% | 60.0\% | 54.1\% | 71.1\% |
|  | Alcohol and drug treatment* | 43.8\% | 28.3\% | 33.7\% | 45.9\% | 54.9\% |
|  | Prenatal/maternity* | 40.3\% | 24.5\% | 31.1\% | 40.3\% | 51.3\% |
|  | Chiropractic | 42.1\% | 50.0\% | 33.3\% | 46.8\% | 42.8\% |
| Summary: Access to Heal | h Care |  |  |  |  |  |
| Have primary care provid |  | 83.6\% | 79.4\% | 80.2\% | 82.5\% | 89.0\% |
|  | Within past year | 79.9\% | 75.0\% | 71.3\% | 82.5\% | 85.8\% |
|  | Within past 2 years | 6.8\% | 9.4\% | 7.9\% | 4.8\% | 6.5\% |
|  | Within past 5 years | 4.3\% | 4.7\% | 5.9\% | 1.6\% | 3.2\% |
|  | 5 or more years ago | 6.5\% | 3.1\% | 9.9\% | 11.1\% | 4.5\% |
|  | Never | 2.4\% | 7.8\% | 5.0\% | 0.0\% | 0.0\% |
|  | Primary care or family doctor | 73.4\% | 70.3\% | 58.8\% | 79.0\% | 80.1\% |
|  | The Emergency Room | 5.2\% | 7.8\% | 7.8\% | 3.2\% | 3.8\% |
|  | Urgent Care | 8.5\% | 4.7\% | 7.8\% | 14.5\% | 8.3\% |
| Where receive health | Health Department clinic | 1.9\% | 1.6\% | 5.9\% | 0.0\% | 0.0\% |
| care most often* | VA hospital | 2.2\% | 3.1\% | 6.9\% | 0.0\% | 0.0\% |
|  | Community health center | 2.6\% | 4.7\% | 2.9\% | 1.6\% | 2.6\% |
|  | Telemedicine | 1.8\% | 1.6\% | 0.0\% | 1.1\% | 3.8\% |
|  | Somewhere else | 4.3\% | 6.3\% | 9.8\% | 1.6\% | 1.3\% |
|  | Doctor | 66.8\% | 63.5\% | 67.0\% | 70.3\% | 68.4\% |
|  | Internet | 17.3\% | 22.2\% | 17.0\% | 15.6\% | 15.5\% |
| Where get most | Nurse | 5.5\% | 3.2\% | 7.0\% | 1.6\% | 7.1\% |
| medical information | Family members | 4.6\% | 6.3\% | 4.0\% | 3.1\% | 4.5\% |
|  | Friends | 0.8\% | 0.0\% | 2.0\% | 0.0\% | 0.6\% |
|  | Other source | 4.2\% | 3.2\% | 3.0\% | 7.8\% | 3.2\% |
| Likelihood of using | Very likely | 34.8\% | 31.7\% | 30.0\% | 39.7\% | 38.7\% |
| telehealth or | Somewhat likely | 39.9\% | 38.1\% | 42.0\% | 30.2\% | 41.9\% |
| telemedicine | Not at all likely | 25.3\% | 30.2\% | 28.0\% | 30.2\% | 19.4\% |
| Likelihood of using at- | Very likely | 18.7\% | 15.9\% | 18.0\% | 12.7\% | 23.2\% |
| home primary care | Somewhat likely | 42.3\% | 44.4\% | 42.0\% | 41.3\% | 43.2\% |
| services | Not at all likely | 39.0\% | 39.7\% | 40.0\% | 46.0\% | 33.5\% |


|  |  | \% of all residents | $\begin{aligned} & \text { Under } \\ & \$ 25,000 \end{aligned}$ | $\begin{gathered} \$ 25- \\ \$ 49,000 \end{gathered}$ | $\begin{gathered} \$ 49- \\ \$ 75,000 \end{gathered}$ | $\begin{gathered} \text { Over } \\ \$ 75,000 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Like to see services or programs offered |  | 32.9\% | 27.0\% | 39.6\% | 34.9\% | 30.3\% |
| Services needed unable to get in past year* |  | 11.1\% | 17.5\% | 17.8\% | 17.5\% | 2.6\% |
| Why unable to get needed service | No health insurance | 14.1\% | 10.0\% | 16.7\% | 18.2\% | 0.0\% |
|  | Couldn't afford co-pay or deductible* | 32.1\% | 0.0\% | 33.3\% | 72.7\% | 0.0\% |
|  | Didn't have a way to get to the doctor | 5.7\% | 0.0\% | 11.1\% | 0.0\% | 0.0\% |
|  | Doctor or clinic refused insurance | 16.1\% | 30.0\% | 16.7\% | 9.1\% | 0.0\% |
|  | Didn't know how to find a doctor | 3.4\% | 0.0\% | 5.6\% | 0.0\% | 0.0\% |
|  | Took too long to get an appointment | 22.2\% | 18.2\% | 16.7\% | 36.4\% | 33.3\% |
|  | Fear | 12.3\% | 9.1\% | 16.7\% | 9.1\% | 0.0\% |
| Prescription unable to get |  | 10.1\% | 11.1\% | 11.0\% | 14.3\% | 7.7\% |
| Summary: Mental Health |  |  |  |  |  |  |
| During past 12 months... | Felt sad or hopeless 2+ weeks* | 20.6\% | 33.3\% | 23.8\% | 27.0\% | 11.6\% |
|  | Ever seriously consider suicide | 7.5\% | 11.1\% | 10.0\% | 7.9\% | 4.5\% |
| Do you know someone who... | Has died by suicide | 44.5\% | 49.2\% | 38.6\% | 41.3\% | 47.1\% |
|  | Has talked about thoughts of suicide | 34.2\% | 42.9\% | 37.6\% | 33.3\% | 28.4\% |
|  | Has attempted suicide, but not die* | 28.1\% | 38.1\% | 33.7\% | 30.2\% | 19.4\% |
| Been Diagnosed by Medical Professional | Anxiety disorder* | 18.7\% | 20.6\% | 27.0\% | 19.0\% | 11.6\% |
|  | ADD/ADHD | 10.7\% | 15.9\% | 9.9\% | 15.9\% | 7.7\% |
|  | Posttraumatic stress disorder* | 13.2\% | 15.9\% | 17.0\% | 23.8\% | 5.8\% |
|  | Seasonal affective disorder* | 9.4\% | 14.5\% | 13.9\% | 6.3\% | 5.8\% |
|  | Alcohol/Substance Abuse * | 7.0\% | 14.3\% | 9.9\% | 12.7\% | 0.6\% |
|  | Postpartum depression | 4.6\% | 9.7\% | 5.0\% | 4.8\% | 2.6\% |
|  | Bipolar* | 9.3\% | 19.0\% | 14.0\% | 9.7\% | 1.9\% |
|  | Developmental disability* | 3.8\% | 11.3\% | 6.0\% | 1.6\% | 0.0\% |
|  | Eating disorder* | 4.4\% | 3.2\% | 11.9\% | 1.6\% | 0.6\% |
|  | Schizophrenia | 1.7\% | 3.2\% | 2.0\% | 4.8\% | 0.0\% |
|  | Problem gambling* | 1.7\% | 0.0\% | 1.0\% | 6.3\% | 0.6\% |
|  | Depression* | 30.5\% | 41.9\% | 35.6\% | 38.7\% | 18.7\% |
| Immediate <br> Family Member Been Diagnosed by Medical Professional | Anxiety disorder * | 23.9\% | 31.7\% | 29.0\% | 8.1\% | 23.2\% |
|  | ADD/ADHD | 29.5\% | 33.3\% | 36.6\% | 21.0\% | 27.0\% |
|  | Posttraumatic stress disorder* | 13.5\% | 20.6\% | 19.8\% | 9.5\% | 9.0\% |
|  | Seasonal affective disorder* | 13.7\% | 25.4\% | 11.9\% | 7.9\% | 12.9\% |
|  | Alcohol/Substance Abuse * | 31.1\% | 42.9\% | 37.0\% | 19.0\% | 28.4\% |
|  | Postpartum depression | 11.4\% | 17.5\% | 12.9\% | 4.8\% | 11.6\% |
|  | Bipolar* | 20.8\% | 31.7\% | 23.0\% | 17.5\% | 15.5\% |
|  | Developmental disability* | 15.5\% | 21.0\% | 21.8\% | 8.1\% | 11.6\% |
|  | Eating disorder* | 9.2\% | 14.3\% | 13.0\% | 3.2\% | 7.1\% |
|  | Schizophrenia* | 9.6\% | 19.0\% | 12.9\% | 7.9\% | 4.5\% |
|  | Problem gambling | 7.5\% | 9.75 | 11.9\% | 3.2\% | 5.8\% |
|  | Depression* | 39.1\% | 48.4\% | 44.6\% | 19.0\% | 39.4\% |
| Summary: Access to Oral Health Care |  |  |  |  |  |  |
| Last Dental Checkup* | Within past year | 65.2\% | .38.1\% | 56.4\% | 55.6\% | 85.8\% |
|  | Within past 2 years | 14.1\% | 25.4\% | 16.8\% | 17.5\% | 7.1\% |
|  | Within past 5 years | 8.9\% | 14.3\% | 11.9\% | 9.5\% | 3.2\% |
|  | 5 or more years ago | 10.8\% | 19.0\% | 12.9\% | 17.5\% | 3.9\% |


|  |  | \% of all residents | $\begin{aligned} & \text { Under } \\ & \$ 25,000 \end{aligned}$ | $\begin{gathered} \$ 25- \\ \$ 49,000 \end{gathered}$ | $\begin{gathered} \$ 49- \\ \$ 75,000 \end{gathered}$ | $\begin{gathered} \text { Over } \\ \$ 75,000 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Never | 1.0\% | 3.2\% | 2.0\% | 0.0\% | 0.0\% |
| Summary: Sleep and Rest |  |  |  |  |  |  |
| Hours of sleep in 24hour period | 0-3 hours | 1.8\% | 4.8\% | 2.0\% | 3.1\% | 0.0\% |
|  | 4-7 hours | 64.2\% | 52.4\% | 68.3\% | 59.4\% | 68.2\% |
|  | 8-10 hours | 33.2\% | 41.3\% | 27.7\% | 35.9\% | 31.8\% |
|  | More than 10 hours | 1.0\% | 1.6\% | 2.0\% | 0.0\% | 0.0\% |
| Number of days in past month did not get enough sleep or rest* | None | 18.8\% | 29.0\% | 17.0\% | 17.5\% | 16.1\% |
|  | 1-5 | 33.0\% | 22.6\% | 28.0\% | 31.7\% | 40.6\% |
|  | 6-10 | 12.2\% | 8.1\% | 13.0\% | 14.3\% | 12.9\% |
|  | 11-20 | 17.7\% | 19.4\% | 24.0\% | 20.6\% | 12.9\% |
|  | More than 20 | 18.4\% | 21.0\% | 18.0\% | 15.9\% | 17.4\% |
| Summary: Smoking and Tobacco Use |  |  |  |  |  |  |
| Smoked 100 or more cigarettes in life* |  | 46.2\% | 52.4\% | 44.6\% | 62.9\% | 36.8\% |
| Tobacco usage* | Everyday | 11.1\% | 19.0\% | 15.8\% | 11.3\% | 5.1\% |
|  | Some days | 8.6\% | 11.1\% | 11.9\% | 17.7\% | 2.6\% |
|  | Not at all | 80.3\% | 69.8\% | 72.3\% | 71.0\% | 92.3\% |
| Electronic <br> Cigarette/Vape Usage* | Everyday | 6.2\% | 6.5\% | 7.9\% | 11.1\% | 3.2\% |
|  | Some days | 3.6\% | 4.8\% | 8.9\% | 3.2\% | 0.0\% |
|  | Not at all | 90.2\% | 88.7\% | 83.2\% | 85.7\% | 96.8\% |
| Trying to quit or willing to quit smoking |  | 58.0\% | 57.9\% | 48.1\% | 77.8\% | 50.0\% |
| Likelihood of quitting smoking or vaping in next 6 months | Very likely | 35.9\% | 36.4\% | 35.7\% | 33.3\% | 50.0\% |
|  | Somewhat likely | 62.3\% | 63.6\% | 64.3\% | 60.0\% | 50.0\% |
|  | Not at all likely | 1.8\% | 0.0\% | 0.0\% | 6.7\% | 0.0\% |
| Have tried method to quit smoking | Counseling* | 1.6\% | 0.0\% | 0.0\% | 33.3\% | 2.2\% |
|  | Tobacco Quit line | 1.8\% | 0.0\% | 7.1\% | 0.0\% | 0.0\% |
|  | Medication | 27.2\% | 18.2\% | 23.1\% | 28.6\% | 50.0\% |
|  | Patches* | 41.7\% | 45.5\% | 15.4\% | 64.3\% | 33.3\% |
|  | Gum | 26.7\% | 9.1\% | 21.4\% | 50.0\% | 20.0\% |
| How harmful are electronic cigarettes, or vaping is to: You* | Very harmful | 65.6\% | 56.5\% | 59.2\% | 68.3\% | 73.0\% |
|  | Somewhat harmful | 23.4\% | 29.0\% | 31.6\% | 28.6\% | 15.1\% |
|  | Not at all harmful | 11.0\% | 14.5\% | 9.2\% | 3.2\% | 11.8\% |
| How harmful are electronic cigarettes, or vaping is to: Youth* | Very harmful | 79.0\% | 74.6\% | 77.2\% | 81.0\% | 81.8\% |
|  | Somewhat harmful | 15.8\% | 17.5\% | 15.8\% | 19.0\% | 13.0\% |
|  | Not at all harmful | 5.2\% | 7.9\% | 6.9\% | 0.0\% | 5.2\% |
| How harmful are electronic cigarettes, or vaping is to: adults* | Very harmful | 67.2\% | 62.9\% | 58.4\% | 69.8\% | 73.7\% |
|  | Somewhat harmful | 27.7\% | 24.2\% | 35.6\% | 28.6\% | 22.4\% |
|  | Not at all harmful | 5.1\% | 12.9\% | 5.9\% | 1.6\% | 3.8\% |
| Summary: Alcohol and Substance Abuse |  |  |  |  |  |  |
| Alcohol consumption* | Every day | 7.9\% | 9.5\% | 5.0\% | 11.3\% | 8.4\% |
|  | Some days | 57.1\% | 34.9\% | 58.4\% | 58.1\% | 64.5\% |
|  | Not at all | 35.0\% | 55.6\% | 36.6\% | 30.6\% | 27.1\% |
|  | Average number of drinks per week | 5.50 | 7.01 | 3.89 | 8.60 | 4.76 |
| \# of days had 5+ drinks past month (men) | None | 67.0\% | 79.3\% | 77.4\% | 54.8\% | 64.4\% |
|  | 1 | 16.5\% | 10.3\% | 16.1\% | 19.4\% | 19.5\% |
|  | 2 or more | 16.5\% | 10.3\% | 6.5\% | 25.8\% | 16.1\% |

## 2022 Erie County CHA

|  |  | \% of all residents | $\begin{aligned} & \text { Under } \\ & \$ 25,000 \end{aligned}$ | $\begin{gathered} \$ 25- \\ \$ 49,000 \end{gathered}$ | $\begin{gathered} \$ 49- \\ \$ 75,000 \end{gathered}$ | $\begin{gathered} \text { Over } \\ \$ 75,000 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| \# of days had 4+ drinks past month (women) | None | 73.1\% | 73.5\% | 69.2\% | 80.6\% | 74.2\% |
|  | 1 | 14.3\% | 20.6\% | 12.3\% | 12.9\% | 12.1\% |
|  | 2 or more | 12.5\% | 5.9\% | 18.5\% | 6.5\% | 13.6\% |
| Driven after drinking alcohol in past month |  | 10.6\% | 3.2\% | 10.9\% | 11.1\% | 14.2\% |
| How harmful alcohol is to: You* | Very harmful | 26.3\% | 42.9\% | 26.0\% | 31.1\% | 18.2\% |
|  | Somewhat harmful | 48.2\% | 41.3\% | 47.0\% | 37.7\% | 57.8\% |
|  | Not at all harmful | 25.5\% | 15.9\% | 27.0\% | 31.1\% | 24.0\% |
| How harmful alcohol is to: Youth | Very harmful | 71.8\% | 76.2\% | 72.0\% | 69.8\% | 71.4\% |
|  | Somewhat harmful | 22.5\% | 17.5\% | 21.1\% | 22.2\% | 26.0\% |
|  | Not at all harmful | 5.7\% | 6.3\% | 7.0\% | 7.9\% | 2.6\% |
| How harmful alcohol is to: Other adults* | Very harmful | 27.3\% | 41.9\% | 21.2\% | 40.3\% | 20.6\% |
|  | Somewhat harmful | 61.3\% | 45.2\% | 66.7\% | 43.5\% | 71.0\% |
|  | Not at all harmful | 11.4\% | 12.9\% | 12.1\% | 16.1\% | 8.4\% |
| Anyone in household seeking help for alcohol |  | 4.5\% | 8.2\% | 4.0\% | 1.6\% | 3.9\% |
| Utilizing resources for alcohol addiction | Self-help therapy, (AA) | 21.8\% | 50.0\% | 17.6\% | 16.7\% | 18.2\% |
|  | Counseling | 11.4\% | 0.0\% | 17.6\% | 20.05 | 9.4\% |
|  | Medications | 9.4\% | 20.0\% | 11.1\% | 16.7\% | 6.3\% |
|  | Detox | 2.8\% | 0.0\% | 0.0\% | 0.0\% | 6.1\% |
|  | Other | 2.8\% | 0.0\% | 0.0\% | 0.0\% | 6.1\% |
| During the last 6 months, has anyone in household used. . . | Marijuana* | 25.4\% | 37.9\% | 19.4\% | 15.5\% | 25.3\% |
|  | Amphetamines or speed* | 5.0\% | 7.9\% | 8.9\% | 1.6\% | 2.6\% |
|  | Cocaine or crack* | 1.4\% | 3.2\% | 1.0\% | 4.8\% | 0.0\% |
|  | Heroin | 0.9\% | 1.6\% | 3.0\% | 0.0\% | 0.0\% |
|  | LSD or other hallucinogen* | 1.6\% | 4.8\% | 3.0\% | 0.0\% | 0.0\% |
|  | Inhalants | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% |
|  | Ecstasy or GHB* | 1.1\% | 1.6\% | 3.0\% | 0.0\% | 0.0\% |
|  | Bath salts used illegally | 0.0\% | 0.0\% | 0.0\% | 0.0\% | 0.0\% |
|  | Something else | 1.3\% | 0.0\% | 3.0\% | 0.0\% | 1.3\% |
|  | None of the above* | 72.6\% | 58.1\% | 64.4\% | 79.4\% | 81.3\% |
| In past year taken prescriptions. . . | Any prescription medications | 80.0\% | 76.2\% | 78.2\% | 84.1\% | 80.0\% |
|  | Not belonging to them | 2.6\% | 1.6\% | 8.9\% | 0.0\% | 0.6\% |
|  | Different than prescribed | 3.5\% | 4.2\% | 7.6\% | 0.0\% | 2.4\% |
| Anyone in household seeking help for substance use * |  | 3.9\% | 6.3\% | 7.9\% | 4.8\% | 0.6\% |
| Utilizing resources for substance use disorder | Self-help | 8.4\% | 11.1\% | 19.0\% | 0.0\% | 3.4\% |
|  | Counseling* | 12.3\% | 20.0\% | 23.8\% | 25.0\% | 0.0\% |
|  | Detox | 4.8\% | 0.0\% | 14.3\% | 0.0\% | 0.0\% |
|  | Medication assisted treatment | 9.6\% | 11.1\% | 19.0\% | 12.5\% | 3.4\% |
|  | Other | 1.1\% | 10.0\% | 0.0\% | 0.0\% | 0.0\% |
| Summary: Pregnancy Health <br> Been pregnant in the last five years |  |  |  |  |  |  |
|  |  | 10.6\% | 12.1\% | 10.4\% | 15.6\% | 7.5\% |
| During last pregnancy | Received prenatal care in first 3 months | 75.8\% | 75.0\% | 85.7\% | 40.0\% | 100.0\% |
|  | Received Dental exam* | 75.8\% | 0.0\% | 28.6\% | 0.0\% | 80.0\% |
|  | Received WIC services * | 50.2\% | 75.0\% | 85.7\% | 40.0\% | 0.0\% |
|  | Took a multi-vitamin with folic acid | 78.3\% | 100.0\% | 71.4\% | 60.0\% | 80.0\% |
|  | Smoked cigarettes or tobacco | 8.7\% | 0.0\% | 14.3\% | 20.0\% | 0.0\% |
|  | Used marijuana | 4.3\% | 0.0\% | 14.3\% | 0.0\% | 0.0\% |

## 2022 Erie County CHA



|  |  | \% of all residents | $\begin{aligned} & \text { Under } \\ & \$ 25,000 \end{aligned}$ | $\begin{gathered} \$ 25- \\ \$ 49,000 \end{gathered}$ | $\begin{gathered} \$ 49- \\ \$ 75,000 \end{gathered}$ | $\begin{gathered} \text { Over } \\ \$ 75,000 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| How long since: had blood cholesterol checked | Within the past 2 years | 10.7\% | 18.2\% | 10.3\% | 7.9\% | 9.2\% |
|  | Within the past 5 years | 3.9\% | 3.0\% | 6.9\% | 2.6\% | 2.6\% |
|  | 5 or more years ago | 0.8\% | 0.0\% | 1.7\% | 0.0\% | 1.3\% |
|  | Never | 6.7\% | 3.0\% | 13.8\% | 10.5\% | 1.3\% |
| How long since: had blood pressure checked* | Within the past year | 89.9\% | 82.5\% | 87.1\% | 87.5\% | 96.3\% |
|  | Within the past 2 years | 6.1\% | 15.0\% | 6.5\% | 5.0\% | 2.4\% |
|  | Within the past 5 years | 1.4\% | 2.5\% | 1.6\% | 2.5\% | 0.0\% |
|  | 5 or more years ago | 1.3\% | 0.0\% | 3.2\% | 0.0\% | 1.2\% |
|  | Never | 1.3\% | 0.0\% | 1.6\% | 5.0\% | 0.0\% |
| Have ever: had a colonoscopy |  | 47.1\% | 38.1\% | 40.6\% | 54.0\% | 52.3\% |
| How long since: had a colonoscopy | Within the past year | 20.9\% | 34.8\% | 9.8\% | 11.8\% | 26.3\% |
|  | Within the past 2 years | 19.8\% | 13.0\% | 24.4\% | 17.6\% | 21.3\% |
|  | Within the past 5 years | 38.4\% | 34.8\% | 51.2\% | 44.1\% | 31.3\% |
|  | 5 or more years ago | 20.9\% | 17.4\% | 14.6\% | 26.5\% | 21.3\% |
| Have ever: had a skin cancer exam* |  | 37.0\% | 25.4\% | 35.6\% | 30.6\% | 45.8\% |
| How long since: had a skin cancer exam | Within the past year | 49.4\% | 31.3\% | 48.6\% | 42.1\% | 56.3\% |
|  | Within the past 2 years | 18.1\% | 37.5\% | 17.1\% | 26.3\% | 11.3\% |
|  | Within the past 5 years | 18.3\% | 25.0\% | 17.1\% | 21.1\% | 16.9\% |
|  | 5 or more years ago | 14.3\% | 6.3\% | 17.1\% | 10.5\% | 15.5\% |
| Have ever: had a mammogram (Asked only of females) * |  | 70.2\% | 56.3\% | 61.2\% | 87.1\% | 77.6\% |
| How long since: had a mammogram | Within the past year | 67.0\% | 78.9\% | 57.1\% | 66.7\% | 70.6\% |
|  | Within the past 2 years | 14.8\% | 10.5\% | 14.3\% | 18.5\% | 15.7\% |
|  | Within the past 5 years | 13.5\% | 10.5\% | 23.8\% | 7.4\% | 7.8\% |
|  | 5 or more years ago | 4.7\% | 0.0\% | 4.8\% | 7.4\% | 5.9\% |
| Have ever: performed self-breast exam (Asked only of females) |  | 87.1\% | 84.8\% | 82.1\% | 90.3\% | 91.0\% |
| How long since: performed self- breast exam | Within past month | 47.7\% | 46.4\% | 50.9\% | 39.3\% | 49.2\% |
|  | Within past 6 months | 29.8\% | 21.4\% | 27.3\% | 28.6\% | 37.7\% |
|  | Within past year | 13.2\% | 17.9\% | 12.7\% | 21.4\% | 6.6\% |
|  | More than a year ago | 9.3\% | 14.3\% | 9.1\% | 10.7\% | 6.6\% |
| Have ever: had a PAP smear (Asked only of females) * |  | 94.0\% | 96.9\% | 88.1\% | 100.0\% | 97.0\% |
| How long since: last PAP smear* | Within the past year | 39.0\% | 41.9\% | 33.9\% | 34.4\% | 45.3\% |
|  | Within the past 2 years | 19.4\% | 16.1\% | 22.0\% | 9.4\% | 23.4\% |
|  | Within the past 5 years | 17.9\% | 19.4\% | 20.3\% | 15.6\% | 17.2\% |
|  | 5 or more years ago | 23.7\% | 22.6\% | 23.7\% | 40.6\% | 14.1\% |
| Have ever: test for prostate cancer (Asked only of males) * |  | 40.9\% | 43.3\% | 48.4\% | 34.4\% | 40.2\% |
| How long since: test for prostate cancer | Within the past year | 63.1\% | 69.2\% | 73.3\% | 36.4\% | 62.9\% |
|  | Within the past 2 years | 20.4\% | 15.4\% | 13.3\% | 18.2\% | 25.7\% |
|  | Within the past 5 years | 13.2\% | 15.4\% | 6.7\% | 36.4\% | 8.6\% |
|  | 5 or more years ago | 3.2\% | 0.0\% | 6.7\% | 9.1\% | 2.9\% |
| Summary: Immunizations |  |  |  |  |  |  |
| Received vaccines: | Tetanus booster (last 10 years) * | 46.1\% | 35.5\% | 46.5\% | 38.1\% | 52.9\% |
|  | COVID-19 vaccine | 79.1\% | 71.4\% | 77.2\% | 77.8\% | 85.8\% |
|  | Measles vaccine (in lifetime) * | 57.8\% | 47.6\% | 62.4\% | 47.6\% | 63.2\% |
|  | Annual flu vaccine* | 58.1\% | 44.4\% | 52.5\% | 62.9\% | 65.2\% |
|  | Chicken Pox vaccine (in lifetime) | 45.5\% | 46.8\% | 50.5\% | 39.7\% | 44.5\% |
|  | Pneumonia vaccine (in lifetime) | 39.1\% | 38.1\% | 44.6\% | 46.0\% | 32.3\% |

## 2022 Erie County CHA

|  |  | \% of all residents | $\begin{aligned} & \text { Under } \\ & \$ 25,000 \end{aligned}$ | $\begin{gathered} \$ 25- \\ \$ 49,000 \end{gathered}$ | $\begin{gathered} \$ 49- \\ \$ 75,000 \end{gathered}$ | $\begin{gathered} \text { Over } \\ \$ 75,000 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Shingles vaccine (in lifetime) | 29.3\% | 30.2\% | 29.7\% | 30.2\% | 27.1\% |
|  | HPV vaccine (in lifetime) | 12.8\% | 11.1\% | 19.0\% | 14.3\% | 9.0\% |
|  | Hepatitis A vaccine (in lifetime) * | 27.7\% | 11.3\% | 30.7\% | 25.8\% | 32.3\% |
|  | Hepatitis B vaccine (in lifetime) * | 39.7\% | 17.5\% | 41.6\% | 39.7\% | 47.7\% |
| Summary: Been Diagnosed with Chronic Disease |  |  |  |  |  |  |
| Resident has been diagnosed with... | High blood pressure | 38.8\% | 41.3\% | 34.7\% | 44.4\% | 36.8\% |
|  | High cholesterol | 29.4\% | 31.7\% | 23.8\% | 37.1\% | 28.4\% |
|  | Arthritis* | 30.9\% | 33.9\% | 33.7\% | 41.3\% | 23.2\% |
|  | Diabetes | 13.6\% | 20.6\% | 11.0\% | 15.9\% | 10.3\% |
|  | Any form of cancer | 9.9\% | 14.3\% | 5.0\% | 11.1\% | 11.0\% |
|  | Asthma* | 11.2\% | 19.0\% | 10.9\% | 16.1\% | 5.8\% |
|  | Heart disease or heart attack | 8.3\% | 7.9\% | 10.0\% | 6.3\% | 6.5\% |
|  | Kidney disease | 3.1\% | 1.6\% | 3.0\% | 3.2\% | 3.9\% |
|  | Respiratory disease* | 4.4\% | 6.3\% | 9.0\% | 6.3\% | 0.0\% |
|  | Stroke* | 3.0\% | 3.2\% | 2.0\% | 9.5\% | 0.6\% |
|  | Alzheimer's | 0.7\% | 3.2\% | 1.0\% | 0.0\% | 0.0\% |
| Member of household been diagnosed with... | High blood pressure | 26.6\% | 30.2\% | 26.7\% | 27.0\% | 24.5\% |
|  | High cholesterol | 22.2\% | 27.4\% | 22.0\% | 12.7\% | 23.9\% |
|  | Arthritis | 23.1\% | 27.4\% | 29.7\% | 12.7\% | 21.9\% |
|  | Diabetes | 17.8\% | 25.4\% | 18.8\% | 11.1\% | 18.1\% |
|  | Any form of cancer | 18.5\% | 25.4\% | 20.8\% | 15.9\% | 14.8\% |
|  | Asthma* | 16.7\% | 25.4\% | 25.0\% | 16.1\% | 8.4\% |
|  | Heart disease or heart attack | 14.3\% | 22.2\% | 17.8\% | 12.7\% | 10.3\% |
|  | Kidney disease | 7.2\% | 12.7\% | 10.9\% | 3.2\% | 5.2\% |
|  | Respiratory disease* | 9.6\% | 23.8\% | 14.9\% | 3.2\% | 3.2\% |
|  | Stroke | 7.9\% | 12.7\% | 11.9\% | 3.2\% | 5.8\% |
|  | Alzheimer's | 7.0\% | 8.1\% | 10.9\% | 3.2\% | 5.8\% |
| Summary: Transportation and Safe Driving |  |  |  |  |  |  |
| Have a cell phone* |  | 97.3\% | 92.1\% | 96.0\% | 98.4\% | 99.4\% |
| Ever send or received texts/emails while driving* |  | 39.5\% | 25.9\% | 40.2\% | 29.0\% | 47.4\% |
| How often use a seat belt while driving or riding in a car* | Always | 87.7\% | 82.3\% | 82.2\% | 92.2\% | 92.9\% |
|  | Most of the time | 6.8\% | 14.5\% | 6.9\% | 1.6\% | 5.8\% |
|  | Sometimes | 3.7\% | 1.6\% | 8.9\% | 1.6\% | 0.6\% |
|  | Never | 1.9\% | 1.6\% | 2.0\% | 4.7\% | 0.6\% |
| Type of transportation used most often* | Walk | 5.9\% | 13.1\% | 7.9\% | 3.2\% | 3.2\% |
|  | Bike | 0.9\% | 0.0\% | 1.0\% | 3.2\% | 0.0\% |
|  | Public Transit | 1.7\% | 4.9\% | 2.0\% | 0.0\% | 0.6\% |
|  | Own car | 86.0\% | 70.5\% | 76.2\% | 92.1\% | 95.5\% |
|  | Borrowed car | 0.2\% | 0.0\% | 1.0\% | 0.0\% | 0.0\% |
|  | Family member/friend | 4.4\% | 11.5\% | 8.9\% | 1.6\% | 0.0\% |
|  | Other | 0.9\% | 0.0\% | 3.0\% | 0.0\% | 0.6\% |


|  |  | \% of all residents | $\begin{aligned} & \text { Under } \\ & \$ 25,000 \end{aligned}$ | $\begin{gathered} \$ 25- \\ \$ 49,000 \\ \hline \end{gathered}$ | $\begin{aligned} & \$ 49- \\ & \$ 75,000 \end{aligned}$ | $\begin{gathered} \text { Over } \\ \$ 75,000 \\ \hline \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary: Housing |  |  |  |  |  |  |
| Housing situation today* | Do not have housing | 2.1\% | 6.3\% | 3.9\% | 1.6\% | 0.0\% |
|  | Have housing, but worried | 7.1\% | 19.0\% | 10.8\% | 1.6\% | 2.6\% |
|  | Have housing | 90.8\% | 74.6\% | 85.3\% | 96.8\% | 97.4\% |
| Have problems in place live in with... | Bug infestation | 3.0\% | 4.8\% | 3.0\% | 4.8\% | 1.3\% |
|  | Mold | 7.8\% | 8.1\% | 12.9\% | 7.9\% | 4.5\% |
|  | Lead paint or pipes | 0.8\% | 1.6\% | 2.0\% | 1.6\% | 0.0\% |
|  | Inadequate heat | 2.6\% | 3.2\% | 5.0\% | 0.0\% | 1.9\% |
|  | Oven or stove not working* | 2.6\% | 11.1\% | 3.0\% | 1.6\% | 0.0\% |
|  | No or not working smoke detectors* | 2.6\% | 7.9\% | 3.0\% | 1.6\% | 0.6\% |
|  | Water leaks* | 7.5\% | 12.7\% | 11.0\% | 7.9\% | 2.6\% |
|  | Other | 4.6\% | 4.8\% | 6.0\% | 4.8\% | 3.2\% |
| Summary: Adverse Childhood Experiences |  |  |  |  |  |  |
| Lived with someone as a child who was... | Was depressed/mentally ill | 23.2\% | 25.8\% | 29.7\% | 23.8\% | 18.0\% |
|  | Was a problem drinker/alcoholic* | 26.6\% | 39.7\% | 29.7\% | 23.8\% | 21.3\% |
|  | Used illegal drugs/abused meds* | 13.8\% | 22.2\% | 16.8\% | 14.55\% | 8.4\% |
|  | Served time in jail* | 7.4\% | 14.3\% | 10.0\% | 9.5\% | 2.6\% |
| Happen as a child | Parents divorced/separated* | 26.7\% | 35.5\% | 31.7\% | 28.6\% | 20.0\% |
|  | Parents were not married* | 5.3\% | 6.3\% | 10.9\% | 4.8\% | 1.9\% |
|  | Parents physically hurt each other* | 10.8\% | 16.1\% | 16.8\% | 9.5\% | 5.2\% |
|  | Abused* | 23.4\% | 34.9\% | 31.7\% | 17.5\% | 16.8\% |
|  | Family did not support each other* | 14.0\% | 23.8\% | 17.8\% | 14.5\% | 7.7\% |
|  | Not enough to eat, had dirty clothes* | 6.9\% | 14.3\% | 9.9\% | 4.8\% | 2.6\% |
| Been abused by | By a spouse | 34.3\% | 27.3\% | 40.6\% | 36.4\% | 28.0\% |
|  | By a parent | 56.7\% | 54.5\% | 61.3\% | 60.0\% | 52.0\% |
|  | By a child | 7.7\% | 4.5\% | 6.3\% | 9.1\% | 12.0\% |
|  | By a paid caregiver | 0.9\% | 0.0\% | 0.0\% | 0.0\% | 3.8\% |
|  | By another person outside of home | 42.2\% | 40.9\% | 50.0\% | 36.4\% | 36.0\% |
| How abused (of those who have been abused in past) | Verbally | 75.8\% | 72.7\% | 84.4\% | 90.9\% | 61.5\% |
|  | Emotionally | 73.8\% | 78.3\% | 75.0\% | 90.9\% | 57.7\% |
|  | Sexually | 52.9\% | 54.5\% | 65.6\% | 54.5\% | 36.0\% |
|  | Physically | 62.8\% | 54.5\% | 65.6\% | 81.8\% | 61.5\% |
|  | Financially | 24.7\% | 17.4\% | 34.4\% | 30.0\% | 19.2\% |
| Summary: Feelings of Safety in the Community |  |  |  |  |  |  |
| How safe from crime is neighborhood* | 1 (not at all safe) | 1.5\% | 6.3\% | 2.0\% | 0.0\% | 0.0\% |
|  | 2 | 4.0\% | 6.3\% | 9.0\% | 3.2\% | 0.0\% |
|  | 3 | 13.6\% | 23.8\% | 15.0\% | 6.3\% | 11.0\% |
|  | 4 | 31.5\% | 23.8\% | 34.0\% | 34.9\% | 32.3\% |
|  | 5 (very safe) | 49.4\% | 39.7\% | 40.0\% | 55.6\% | 56.8\% |
| Firearms kept in or around home* |  | 41.2\% | 28.6\% | 30.0\% | 51.6\% | 49.7\% |
| Firearms locked and loaded | Firearms locked | 69.5\% | 50.0\% | 76.7\% | 62.5\% | 72.7\% |
|  | Firearms loaded | 40.4\% | 43.8\% | 33.3\% | 34.4\% | 42.9\% |

## Appendix: Survey Results by Age

|  |  | \% of all residents | Ages 65+ | $\begin{gathered} \text { Ages 45- } \\ 64 \\ \hline \end{gathered}$ | Ages 18- <br> 44 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Summary: Community Needs |  |  |  |  |  |
| Sought assistance in past year for ... | Food* | 16.5\% | 10.6\% | 13.8\% | 22.8\% |
|  | Mental health issues* | 11.4\% | 3.9\% | 10.1\% | 17.4\% |
|  | Healthcare* | 10.7\% | 4.8\% | 13.8\% | 11.7\% |
|  | Utilities* | 9.9\% | 4.8\% | 7.2\% | 15.9\% |
|  | Medicare or other health insurance* | 9.7\% | 17.3\% | 3.6\% | 10.4\% |
|  | Prescription assistance | 7.7\% | 8.7\% | 6.5\% | 8.3\% |
|  | Employment* | 6.1\% | 0.0\% | 5.8\% | 11.0\% |
|  | Home repair | 5.8\% | 5.8\% | 7.2\% | 4.2\% |
|  | Rent/mortgage assistance* | 5.7\% | 1.0\% | 2.9\% | 11.7\% |
|  | Transportation | 5.6\% | 7.7\% | 3.6\% | 6.2\% |
|  | Dental care | 5.2\% | 3.8\% | 4.3\% | 6.9\% |
|  | Clothing* | 5.0\% | 1.0\% | 3.6\% | 9.0\% |
|  | Shelter | 3.0\% | 0.0\% | 2.9\% | 4.9\% |
|  | Legal aid services | 2.6\% | 2.9\% | 4.3\% | 0.7\% |
|  | Affordable childcare* | 1.4\% | 0.0\% | 0.0\% | 4.1\% |
|  | Gambling addiction | 0.3\% | 0.0\% | 0.7\% | 0.0\% |
|  | None of the above | 66.1\% | 72.1\% | 68.1\% | 60.0\% |
| Summary: Personal Health Status |  |  |  |  |  |
| Personal description of health | Excellent | 15.3\% | 20.0\% | 12.9\% | 14.5\% |
|  | Good | 56.0\% | 51.4\% | 59.0\% | 55.9\% |
|  | Fair | 23.9\% | 24.8\% | 23.7\% | 23.4\% |
|  | Poor | 4.1\% | 3.8\% | 3.6\% | 4.8\% |
|  | Very Poor | 0.7\% | 0.0\% | 0.7\% | 1.4\% |
| Number of days in past month that PHYSICAL health was not good* | Average number of days not well | 4.65 | 4.49 | 5.41 | 4.03 |
|  | None | 51.9\% | 59.0\% | 48.9\% | 49.0\% |
|  | 1-5 | 26.6\% | 22.9\% | 27.0\% | 29.0\% |
|  | 6-10 | 7.7\% | 4.8\% | 5.1\% | 11.7\% |
|  | 11-20 | 6.1\% | 4.8\% | 8.8\% | 4.8\% |
|  | More than 20 | 7.7\% | 8.6\% | 10.2\% | 5.5\% |
| Number of days in past month that MENTAL health was not good* | Average number of days not well | 6.93 | 2.87 | 5.60 | 11.13 |
|  | None | 44.6\% | 66.0\% | 46.4\% | 27.6\% |
|  | 1-5 | 21.8\% | 20.4\% | 25.7\% | 19.3\% |
|  | 6-10 | 11.2\% | 6.8\% | 11.4\% | 14.5\% |
|  | 11-20 | 9.2\% | 2.0\% | 6.4\% | 16.6\% |
|  | More than 20 | 13.2\% | 4.9\% | 10.0\% | 22.1\% |
| Number of Days Poor MENTAL or PHYSICAL | Average \# days kept from activities | 4.23 | 2.27 | 4.52 | 5.37 |
|  | None | 62.1\% | 79.4\% | 58.7\% | 54.2\% |
|  | 1-5 | 17.1\% | 9.8\% | 18.8\% | 20.1\% |

## 2022 Erie County CHA

|  |  | \% of all residents | Ages 65+ | $\begin{gathered} \text { Ages } 45- \\ 64 \end{gathered}$ | $\begin{gathered} \text { Ages 18- } \\ 44 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Health Kept from Usual Activities | 6-10 | 6.5\% | 4.0\% | 8.0\% | 6.9\% |
|  | 11-20 | 6.7\% | 3.0\% | 7.2\% | 9.0\% |
|  | More than 20 | 7.6\% | 3.9\% | 7.2\% | 9.7\% |
| Summary: Insurance Coverage |  |  |  |  |  |
| Currently not insured* |  | 7.0\% | 0.0\% | 4.3\% | 14.5\% |
| Type of Insurance coverage* (of those with insurance) | Private insurance- employer paid | 41.1\% | 5.8\% | 56.1\% | 55.4\% |
|  | Private insurance- self paid | 11.4\% | 3.8\% | 18.2\% | 9.9\% |
|  | Medicare | 32.0\% | 86.5\% | 10.6\% | 8.3\% |
|  | Medicaid | 13.1\% | 1.0\% | 11.4\% | 25.6\% |
|  | VA Coverage | 2.4\% | 2.9\% | 3.8\% | 0.8\% |
| Services covered by insurance <br> (of those with insurance) | Hospitalization* | 88.0\% | 93.3\% | 94.7\% | 76.6\% |
|  | Emergency room care | 89.9\% | 90.4\% | 92.5\% | 86.3\% |
|  | Prescription assistance | 82.8\% | 78.6\% | 84.1\% | 84.7\% |
|  | Preventative care* | 82.5\% | 87.4\% | 90.2\% | 71.0\% |
|  | Vision services* | 69.4\% | 54.8\% | 71.2\% | 79.0\% |
|  | Dental services* | 69.2\% | 51.0\% | 74.2\% | 79.8\% |
|  | Long term care | 31.4\% | 23.1\% | 33.8\% | 35.5\% |
|  | Family planning (birth control) * | 36.0\% | 9.6\% | 32.3\% | 62.1\% |
|  | Mental health* | 63.9\% | 48.1\% | 69.2\% | 71.0\% |
|  | Alcohol and drug treatment* | 43.8\% | 33.7\% | 51.5\% | 44.4\% |
|  | Prenatal/maternity* | 40.3\% | 14.4\% | 42.1\% | 59.7\% |
|  | Chiropractic* | 42.1\% | 34.6\% | 39.4\% | 50.8\% |
| Summary: Access to Health Care |  |  |  |  |  |
| Have primary care provider* |  | 83.6\% | 93.3\% | 89.2\% | 71.0\% |
| Length of time since last routine check-up* | Within past year | 79.9\% | 95.2\% | 84.9\% | 63.9\% |
|  | Within past 2 years | 6.8\% | 2.9\% | 6.5\% | 9.7\% |
|  | Within past 5 years | 4.3\% | 0.0\% | 3.6\% | 8.3\% |
|  | 5 or more years ago | 6.5\% | 1.9\% | 2.9\% | 13.2\% |
|  | Never | 2.4\% | 0.0\% | 2.2\% | 4.9\% |
| Where receive health care most often | Primary care or family doctor | 73.4\% | 88.5\% | 82.6\% | 54.2\% |
|  | The emergency room | 5.2\% | 1.0\% | 2.9\% | 10.4\% |
|  | Urgent Care | 8.5\% | 2.9\% | 4.3\% | 16.7\% |
|  | Health Department clinic | 1.9\% | 1.0\% | 1.4\% | 2.8\% |
|  | VA hospital | 2.2\% | 2.9\% | 2.2\% | 2.1\% |
|  | Community health center | 2.6\% | 2.9\% | 0.7\% | 4.2\% |
|  | Telemedicine | 1.8\% | 0.0\% | 0.7\% | 4.2\% |
|  | Somewhere else | 4.3\% | 1.0\% | 5.1\% | 5.6\% |
| Where get most medical information | Doctor | 66.8\% | 72.1\% | 65.9\% | 63.4\% |
|  | Internet | 17.3\% | 12.5\% | 20.3\% | 17.9\% |
|  | Nurse | 5.5\% | 2.9\% | 8.0\% | 5.5\% |
|  | Family members | 4.6\% | 3.8\% | 3.6\% | 6.9\% |
|  | Friends | 0.8\% | 1.0\% | 0.0\% | 1.4\% |
|  | Pharmacy | 0.8\% | 2.9\% | 0.0\% | 0.0\% |
|  | Other source | 4.2\% | 5.8\% | 2.2\% | 4.8\% |
| Likelihood of using telehealth or telemedicine* | Very likely | 34.8\% | 19.4\% | 37.4\% | 43.1\% |
|  | Somewhat likely | 39.9\% | 47.6\% | 39.6\% | 34.7\% |


|  |  | \% of all residents | Ages 65+ | Ages 45- $64$ | $\begin{gathered} \text { Ages 18- } \\ 44 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Not at all likely | 25.3\% | 33.0\% | 23.0\% | 22.2\% |
| Likelihood of using at-home primary care services | Very likely | 18.7\% | 15.4\% | 18.7\% | 20.7\% |
|  | Somewhat likely | 42.3\% | 45.2\% | 43.2\% | 39.3\% |
|  | Not at all likely | 39.0\% | 39.4\% | 38.1\% | 40.0\% |
| Like to see services or programs offered in area |  | 32.9\% | 28.8\% | 36.7\% | 32.4\% |
| Services needed unable to get in past year |  | 11.1\% | 5.8\% | 12.3\% | 13.2\% |
| Why unable to get needed service | No health insurance | 14.1\% | 16.7\% | 5.9\% | 20.0\% |
|  | Couldn't afford co-pay or deductible | 32.1\% | 14.3\% | 27.8\% | 45.0\% |
|  | Didn't have a way to get to the doctor | 5.7\% | 14.3\% | 5.9\% | 5.3\% |
|  | Doctor or clinic refused insurance | 16.1\% | 14.3\% | 17.6\% | 15.8\% |
|  | Didn't know how to find a doctor | 3.4\% | 0.0\% | 0.0\% | 5.3\% |
|  | Took too long to get an appointment | 22.2\% | 0.0\% | 17.6\% | 25.0\% |
|  | Fear | 12.3\% | 14.3\% | 5.9\% | 15.8\% |
| Prescription unable to get |  | 10.1\% | 9.7\% | 10.1\% | 10.3\% |
| Summary: Mental Health |  |  |  |  |  |
| During past 12 months... | Felt sad or hopeless 2+ weeks* | 20.6\% | 6.7\% | 17.4\% | 33.3\% |
|  | Ever seriously consider suicide* | 7.5\% | 1.0\% | 6.5\% | 13.1\% |
| Do you know someone who... | Has died by suicide | 44.5\% | 42.3\% | 46.4\% | 44.4\% |
|  | Talked about thoughts of suicide* | 34.2\% | 11.5\% | 26.1\% | 58.3\% |
|  | Attempted suicide, but did not die* | 28.1\% | 11.5\% | 20.9\% | 47.6\% |
| Been Diagnosed by Medical Professional | Anxiety disorder * | 18.7\% | 6.7\% | 13.8\% | 31.7\% |
|  | ADD/ADHD | 10.7\% | 1.0\% | 8.6\% | 19.4\% |
|  | Posttraumatic stress disorder* | 13.2\% | 1.9\% | 9.4\% | 24.8\% |
|  | Seasonal affective disorder* | 9.4\% | 2.9\% | 9.4\% | 13.9\% |
|  | Alcohol/Substance Abuse | 7.0\% | 3.8\% | 6.5\% | 9.7\% |
|  | Postpartum depression* | 4.6\% | 1.0\% | 4.3\% | 7.6\% |
|  | Bipolar* | 9.3\% | 1.0\% | 4.3\% | 20.0\% |
|  | Developmental disability* | 3.8\% | 2.9\% | 1.4\% | 6.9\% |
|  | Other mental health disorder* | 5.9\% | 1.0\% | 5.0\% | 10.3\% |
|  | Eating disorder* | 4.4\% | 2.9\% | 1.4\% | 8.3\% |
|  | Schizophrenia | 1.7\% | 0.0\% | 2.2\% | 2.8\% |
|  | Problem gambling | 1.7\% | 1.0\% | 0.7\% | 2.8\% |
|  | Depression* | 30.5\% | 14.4\% | 24.5\% | 48.3\% |
| Immediate <br> Family Member Been Diagnosed by Medical Professional | Anxiety disorder* | 23.9\% | 12.5\% | 18.0\% | 37.5\% |
|  | ADD/ADHD* | 29.5\% | 12.5\% | 26.6\% | 44.1\% |
|  | Posttraumatic stress disorder* | 13.5\% | 7.7\% | 8.6\% | 22.2\% |
|  | Seasonal affective disorder* | 13.7\% | 4.8\% | 11.6\% | 21.5\% |
|  | Alcohol/Substance Abuse * | 31.1\% | 21.25\% | 22.5\% | 46.5\% |
|  | Postpartum depression* | 11.4\% | 5.8\% | 3.6\% | 22.9\% |
|  | Bipolar* | 20.8\% | 11.5\% | 15.2\% | 33.1\% |
|  | Developmental disability* | 15.5\% | 9.6\% | 9.4\% | 26.2\% |
|  | Other mental health disorder* | 13.9\% | 2.9\% | 11.5\% | 24.3\% |
|  | Eating disorder* | 9.2\% | 7.7\% | 5.8\% | 13.8\% |
|  | Schizophrenia* | 9.6\% | 5.8\% | 5.0\% | 17.2\% |
|  | Problem gambling* | 7.5\% | 3.8\% | 3.6\% | 13.8\% |



|  |  | \% of all residents | Ages 65+ | $\begin{gathered} \text { Ages 45- } \\ 64 \end{gathered}$ | $\begin{gathered} \text { Ages 18- } \\ 44 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| How harmful are cigarettes, e-cigarettes, or vaping to: Other adults* | Not at all harmful | 5.1\% | 4.0\% | 5.0\% | 6.2\% |
|  |  |  |  |  |  |
| Summary: Alcohol and Subst | ce Abuse |  |  |  |  |
|  | Every day | 7.9\% | 10.6\% | 7.2\% | 6.9\% |
|  | Some days | 57.1\% | 51.0\% | 65.5\% | 53.8\% |
| Alcohol consumption | Not at all | 35.0\% | 38.5\% | 27.3\% | 39.3\% |
|  | Average number of drinks per week | 5.50 | 3.85 | 6.32 | 5.77 |
|  | None | 67.0\% | 91.7\% | 54.4\% | 63.2\% |
| \# of days had 5+ drinks past | 1 | 16.5\% | 4.2\% | 25.0\% | 17.6\% |
|  | 2 or more | 16.5\% | 4.2\% | 20.6\% | 19.1\% |
|  | None | 73.1\% | 88.9\% | 72.5\% | 63.5\% |
|  | 1 | 14.3\% | 5.6\% | 11.6\% | 23.0\% |
|  | 2 or more | 12.5\% | 5.6\% | 15.95\% | 13.5\% |
| Driven after drinking | Yes | 10.6\% | 12.6\% | 8.0\% | 11.1\% |
| alcohol in past month | No | 89.4\% | 87.4\% | 92.0\% | 88.9\% |
|  | Very harmful | 26.3\% | 27.5\% | 21.0\% | 30.1\% |
|  | Somewhat harmful | 48.2\% | 39.2\% | 52.9\% | 50.0\% |
|  | Not at all harmful | 25.5\% | 33.3\% | 26.1\% | 19.9\% |
|  | Very harmful | 71.8\% | 70.9\% | 76.1\% | 68.8\% |
|  | Somewhat harmful | 22.5\% | 26.2\% | 21.0\% | 20.8\% |
|  | Not at all harmful | 5.7\% | 2.9\% | 2.9\% | 10.4\% |
|  | Very harmful | 27.3\% | 28.0\% | 22.5\% | 31.9\% |
|  | Somewhat harmful | 61.3\% | 60.0\% | 68.1\% | 55.6\% |
|  | Not at all harmful | 11.4\% | 12.0\% | 9.4\% | 12.5\% |
| Anyone in household seeking | help for alcohol addiction | 4.5\% | 5.8\% | 2.9\% | 5.5\% |
|  | Self-help therapy | 21.8\% | 18.2\% | 17.6\% | 26.7\% |
|  | Counseling | 11.4\% | 8.7\% | 17.6\% | 10.0\% |
|  | Medications | 9.4\% | 4.3\% | 17.6\% | 10.0\% |
|  | Detox | 2.8\% | 0.0\% | 0.0\% | 6.7\% |
|  | Other | 2.8\% | 0.0\% | 0.0\% | 6.7\% |
|  | Marijuana* | 25.4\% | 15.5\% | 19.4\% | 37.9\% |
|  | Amphetamines, methamphetamines* | 5.0\% | 0.0\% | 2.2\% | 11.1\% |
|  | Cocaine or crack* | 1.4\% | 1.0\% | 0.0\% | 3.4\% |
|  | Heroin | 0.9\% | 1.0\% | 0.0\% | 2.1\% |
| During the last 6 mont | LSD or other hallucinogen* | 1.6\% | 0.0\% | 0.0\% | 4.2\% |
|  | Inhalants | 0.0\% | 0.0\% | 0.0\% | 0.0\% |
|  | Ecstasy or GHB* | 1.1\% | 0.0\% | 0.0\% | 2.8\% |
|  | Bath salts used illegally | 0.0\% | 0.0\% | 0.0\% | 0.0\% |
|  | Something else | 1.3\% | 0.0\% | 1.4\% | 2.1\% |
|  | None of the above* | 72.6\% | 84.5\% | 79.1\% | 57.9\% |
|  | Taken any prescription medications* | 80.0\% | 94.2\% | 82.0\% | 68.1\% |


|  |  | \% of all residents | Ages 65+ | $\begin{gathered} \text { Ages 45- } \\ 64 \end{gathered}$ | $\begin{gathered} \text { Ages 18- } \\ 44 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| In past year take prescriptions . . . | Not belonging to them* | 2.6\% | 0.0\% | 1.4\% | 6.2\% |
|  | Different than prescribed* | 3.5\% | 0.0\% | 4.4\% | 6.1\% |
| Anyone in household seeking help for substance use disorder* |  | 3.9\% | 1.9\% | 1.4\% | 7.6\% |
| Utilizing resources for substance use disorder | Self-help | 8.4\% | 5.0\% | 5.6\% | 12.1\% |
|  | Counseling* | 12.3\% | 5.0\% | 5.6\% | 21.2\% |
|  | Detox | 4.8\% | 0.0\% | 0.0\% | 9.1\% |
|  | Medication assisted treatment | 9.6\% | 5.0\% | 11.1\% | 12.1\% |
|  | Other | 1.1\% | 5.0\% | 0.0\% | 0.0\% |
| Summary: Pregnancy Health |  |  |  |  |  |
| Been pregnant in the last five years* |  | 10.6\% | 0.0\% | 1.4\% | 27.0\% |
| During last pregnancy | Prenatal care within first 3 months | 75.8\% | 0.0\% | 100.0\% | 75.0\% |
|  | Received Dental exam | 75.8\% | 0.0\% | 100.0\% | 28.6\% |
|  | Received WIC services | 50.2\% | 0.0\% | 0.0\% | 52.4\% |
|  | Took a multi-vitamin with folic acid | 78.3\% | 0.0\% | 100.0\% | 76.2\% |
|  | Smoked cigarettes | 8.7\% | 0.0\% | 0.0\% | 9.5\% |
|  | Used marijuana | 4.3\% | 0.0\% | 0.0\% | 5.0\% |
|  | Experienced depression | 48.5\% | 0.0\% | 0.0\% | 50.0\% |
|  | Experienced domestic violence | 15.6\% | 0.0\% | 0.0\% | 15.0\% |
| Planned pregnancy |  | 45.4\% | 0.0\% | 100.0\% | 42.9\% |
| Plan for after-birth care |  | 64.5\% | 0.0\% | 100.0\% | 61.9\% |
| Self/immediate family member had child born prematurely |  | 13.7\% | 7.8\% | 13.7\% | 17.9\% |
| Summary: Child Health |  |  |  |  |  |
| Children in home under 18* |  | 26.2\% | 2.9\% | 16.7\% | 52.1\% |
| Children up to date on recommended vaccines |  | 96.0\% | 100.0\% | 91.7\% | 97.3\% |
| Children get annual well checkups |  | 91.0\% | 100.0\% | 100.0\% | 88.05 |
| Summary: Healthy Living- Weight and Exercise |  |  |  |  |  |
| Exercise in past month |  | 75.6\% | 71.8\% | 75.5\% | 78.5\% |
| How often participated in exercise in an average week* | None | 6.1\% | 9.9\% | 5.7\% | 10.6\% |
|  | 1-2 times | 33.9\% | 37.3\% | 27.6\% | 37.2\% |
|  | 3-4 times | 33.5\% | 37.3\% | 35.2\% | 29.2\% |
|  | 5-7 times | 26.4\% | 25.3\% | 31.4\% | 23.0\% |
| Self-described weight | Overweight | 63.2\% | 67.3\% | 68.1\% | 55.9\% |
|  | About right | 34.7\% | 29.8\% | 30.4\% | 42.1\% |
|  | Underweight | 2.1\% | 2.9\% | 1.4\% | 2.1\% |
| Been told obese or overweight by a doctor |  | 39.3\% | 40.4\% | 38.8\% | 38.9\% |
| Summary: Healthy Living- Food and nutrition |  |  |  |  |  |
| What makes it difficult to get food needed | Cost of food* | 31.5\% | 23.1\% | 28.1\% | 40.7\% |
|  | Quality of food* | 11.6\% | 15.4\% | 14.4\% | 6.3\% |
|  | Distance from the store | 8.2\% | 6.7\% | 6.5\% | 11.1\% |
|  | Time for shopping* | 17.3\% | 4.8\% | 15.2\% | 27.6\% |
|  | Safety | 2.2\% | 1.9\% | 1.4\% | 2.8\% |
|  | Something else | 4.9\% | 1.9\% | 5.8\% | 6.2\% |
| How difficult to get fresh fruits \& vegetables | Very difficult | 2.7\% | 1.9\% | 1.4\% | 4.8\% |
|  | Somewhat difficult | 8.4\% | 3.8\% | 7.2\% | 12.4\% |



|  |  | \% of all residents | Ages 65+ | $\begin{gathered} \text { Ages 45- } \\ 64 \end{gathered}$ | $\begin{gathered} \text { Ages 18- } \\ 44 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| How long since: performed self- breast exam | Within past 6 months | 29.8\% | 24.1\% | 27.0\% | 37.5\% |
|  | Within past year | 13.2\% | 11.1\% | 14.3\% | 14.3\% |
|  | More than a year ago | 9.3\% | 11.1\% | 6.3\% | 10.7\% |
| Have ever: had a PAP smear (Asked only of females) |  | 94.0\% | 100.0\% | 98.6\% | 85.1\% |
| How long since: last PAP smear* | Within the past year | 39.0\% | 25.5\% | 36.8\% | 54.0\% |
|  | Within the past 2 years | 19.4\% | 18.2\% | 16.2\% | 22.2\% |
|  | Within the past 5 years | 17.9\% | 12.7\% | 23.5\% | 17.5\% |
|  | 5 or more years ago | 23.7\% | 43.6\% | 23.5\% | 6.3\% |
| Have ever: test for prostate cancer (Asked only of males) |  | 40.9\% | 87.5\% | 42.6\% | 5.9\% |
| How long since: test for prostate cancer* | Within the past year | 63.1\% | 54.8\% | 75.9\% | 50.0\% |
|  | Within the past 2 years | 20.4\% | 21.4\% | 24.1\% | 0.0\% |
|  | Within the past 5 years | 13.2\% | 19.0\% | 0.0\% | 50.0\% |
|  | 5 or more years ago | 3.2\% | 4.8\% | 0.0\% | 0.0\% |
| Summary: Immunizations |  |  |  |  |  |
| Received vaccines: | Tetanus booster (last 10 years) * | 46.1\% | 50.0\% | 33.8\% | 55.2\% |
|  | COVID-19 vaccine * | 79.1\% | 93.3\% | 77.0\% | 70.8\% |
|  | Measles vaccine (in lifetime) * | 57.8\% | 55.8\% | 56.1\% | 61.4\% |
|  | Annual flu vaccine* | 58.1\% | 80.8\% | 53.2\% | 46.5\% |
|  | Chicken Pox vaccine (in lifetime) | 45.5\% | 48.1\% | 41.0\% | 47.9\% |
|  | Pneumonia vaccine (in lifetime) * | 39.1\% | 77.9\% | 28.3\% | 21.5\% |
|  | Shingles vaccine (in lifetime) * | 29.3\% | 60.6\% | 19.4\% | 16.6\% |
|  | HPV vaccine (in lifetime) * | 12.8\% | 6.8\% | 1.4\% | 27.8\% |
|  | Hepatitis A vaccine (in lifetime) * | 27.7\% | 14.4\% | 19.4\% | 45.1\% |
|  | Hepatitis B vaccine (in lifetime) * | 39.7\% | 26.9\% | 32.4\% | 55.9\% |
| Summary: Been Diagnosed with Chronic Disease |  |  |  |  |  |
| Resident been diagnosed with... | High blood pressure* | 38.8\% | 65.4\% | 39.9\% | 18.6\% |
|  | High cholesterol* | 29.4\% | 54.4\% | 32.4\% | 8.3\% |
|  | Arthritis* | 30.9\% | 53.8\% | 29.0\% | 16.0\% |
|  | Diabetes* | 13.6\% | 27.9\% | 12.3\% | 4.8\% |
|  | Any form of cancer* | 9.9\% | 21.2\% | 8.0\% | 3.5\% |
|  | Asthma | 11.2\% | 6.7\% | 12.2\% | 13.2\% |
|  | Heart disease or heart attack* | 8.3\% | 22.1\% | 6.5\% | 0.0\% |
|  | Kidney disease* | 3.1\% | 7.7\% | 0.7\% | 2.1\% |
|  | Respiratory disease* | 4.4\% | 9.6\% | 4.3\% | 0.7\% |
|  | Stroke | 3.0\% | 3.8\% | 4.3\% | 1.4\% |
|  | Alzheimer's | 0.7\% | 1.0\% | 0.0\% | 1.4\% |
| Member of household been diagnosed with... | High blood pressure* | 26.6\% | 21.2\% | 23.2\% | 33.1\% |
|  | High cholesterol | 22.2\% | 24.0\% | 18.0\% | 25.0\% |
|  | Arthritis* | 23.1\% | 16.3\% | 20.9\% | 30.3\% |
|  | Diabetes* | 17.8\% | 9.6\% | 12.9\% | 28.3\% |
|  | Any form of cancer* | 18.5\% | 10.6\% | 13.7\% | 29.0\% |
|  | Asthma* | 16.7\% | 2.9\% | 12.9\% | 30.3\% |
|  | Heart disease or heart attack | 14.3\% | 9.6\% | 12.9\% | 19.3\% |
|  | Kidney disease* | 7.2\% | 3.8\% | 2.9\% | 13.8\% |


|  |  | \% of all residents | Ages 65+ | $\begin{gathered} \text { Ages 45- } \\ 64 \end{gathered}$ | $\begin{gathered} \text { Ages 18- } \\ 44 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Respiratory disease* | 9.6\% | 3.8\% | 3.6\% | 19.3\% |
|  | Stroke* | 7.9\% | 3.8\% | 3.6\% | 15.2\% |
|  | Alzheimer's * | 7.0\% | 3.8\% | 1.4\% | 14.5\% |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| Summary: Transportation and | Safe Driving |  |  |  |  |
| Have a cell phone |  | 97.3\% | 96.2\% | 99.3\% | 96.5\% |
| Ever send or received texts/e | nails while driving* | 39.5\% | 23.0\% | 42.8\% | 48.6\% |
| How often use a seat belt | Always | 87.7\% | 88.5\% | 87.1\% | 86.9\% |
| How often use a seat belt | Most of the time | 6.8\% | 6.7\% | 7.2\% | 6.2\% |
| while driving or riding in a | Sometimes | 3.7\% | 3.8\% | 1.4\% | 6.2\% |
|  | Never | 1.9\% | 1.0\% | 4.3\% | 0.7\% |
|  | Walk | 5.9\% | 2.9\% | 2.9\% | 10.4\% |
|  | Bike | 0.9\% | 0.0\% | 0.0\% | 2.1\% |
|  | Public Transit | 1.7\% | 0.0\% | 1.4\% | 3.5\% |
| Type of transportation used | Own car | 86.0\% | 92.3\% | 92.8\% | 75.0\% |
|  | Borrowed car | 0.2\% | 1.0\% | 0.0\% | 0.0\% |
|  | Family member/friend | 4.4\% | 3.8\% | 2.2\% | 6.9\% |
|  | Other | 0.9\% | 0.0\% | 0.7\% | 2.1\% |
| Summary: Housing |  |  |  |  |  |
|  | Do not have housing | 2.1\% | 1.0\% | 0.75\% | 4.8\% |
| Housing situation today* | Have housing, but worried | 7.1\% | 3.8\% | 5.0\% | 11.0\% |
|  | Have housing | 90.8\% | 95.2\% | 94.2\% | 84.1\% |
|  | Bug infestation* | 3.0\% | 0.0\% | 2.2\% | 6.2\% |
|  | Mold | 7.8\% | 3.8\% | 7.9\% | 11.0\% |
|  | Lead paint or pipes | 0.8\% | 1.0\% | 1.4\% | 0.7\% |
| Have experienced a | Inadequate heat* | 2.6\% | 0.0\% | 0.0\% | 6.9\% |
| problem in their home... | Oven or stove not working | 2.6\% | 1.0\% | 2.9\% | 3.4\% |
|  | No or not working smoke detectors | 2.6\% | 1.0\% | 2.9\% | 4.1\% |
|  | Water leaks* | 7.5\% | 1.0\% | 5.8\% | 13.2\% |
|  | Other | 4.6\% | 1.0\% | 5.0\% | 6.3\% |
| Summary: Adverse Childhood | Experiences |  |  |  |  |
|  | Was depressed/mentally ill* | 23.2\% | 9.6\% | 20.9\% | 35.2\% |
| Lived with someone as a | Was a problem drinker/alcoholic | 26.6\% | 18.3\% | 28.3\% | 31.0\% |
|  | Used illegal drugs/abused meds* | 13.8\% | 5.8\% | 10.8\% | 22.2\% |
|  | Served time in jail* | 7.4\% | 1.9\% | 2.2\% | 16.0\% |
|  | Parents divorced/separated* | 26.7\% | 11.5\% | 25.9\% | 38.6\% |
|  | Parents were not married* | 5.3\% | 0.0\% | 2.2\% | 12.4\% |
| Happen as a child | Parents physically hurt each other* | 10.8\% | 7.7\% | 7.2\% | 16.6\% |
|  | Abused* | 23.4\% | 18.3\% | 19.4\% | 31.0\% |
|  | Family did not support each other* | 14.0\% | 6.7\% | 12.3\% | 20.8\% |
|  | Not enough to eat, etc.* | 6.9\% | 5.8\% | 3.6\% | 11.0\% |
| Been abused by | By a spouse | 34.3\% | 31.6\% | 33.3\% | 35.6\% |


|  |  | \% of all residents | Ages 65+ | Ages 45- <br> 64 | Ages 18- <br> 44 |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | By a parent | 56.7\% | 57.9\% | 44.4\% | 63.6\% |
|  | By a child | 7.7\% | 0.0\% | 7.4\% | 11.1\% |
|  | By a paid caregiver | 0.9\% | 0.0\% | 3.7\% | 0.0\% |
|  | By another person outside of home | 42.2\% | 31.6\% | 29.6\% | 53.3\% |
| How abused (of those who have been abused in past) | Verbally | 75.8\% | 63.2\% | 74.1\% | 81.8\% |
|  | Emotionally | 73.8\% | 63.2\% | 66.7\% | 82.2\% |
|  | Sexually | 52.9\% | 42.1\% | 44.4\% | 62.2\% |
|  | Physically | 62.8\% | 68.4\% | 59.3\% | 62.2\% |
|  | Financially | 24.7\% | 11.1\% | 22.2\% | 31.1\% |
| Summary: Feelings of Safety in the Community |  |  |  |  |  |
| How safe from crime is neighborhood* | 1 (not at all safe) | 1.5\% | 0.0\% | 0.0\% | 4.2\% |
|  | 2 | 4.0\% | 1.9\% | 1.4\% | 7.7\% |
|  | 3 | 13.6\% | 9.6\% | 17.3\% | 12.6\% |
|  | 4 | 31.5\% | 28.8\% | 36.7\% | 28.7\% |
|  | 5 (very safe) | 49.4\% | 59.6\% | 44.6\% | 46.9\% |
| Firearms kept in or around home |  | 41.2\% | 36.9\% | 41.0\% | 44.0\% |
| Firearms locked and loaded (those with firearms) | Firearms locked* | 69.5\% | 54.1\% | 61.4\% | 85.7\% |
|  | Firearms loaded | 40.4\% | 34.2\% | 38.6\% | 45.2\% |

## Appendix: Research Methodology

The Center for Marketing and Opinion Research (CMOR) conducted the 2022 Erie County Community Health Needs Assessment on behalf of the Erie County Board of Health.

## This report identifies indicators in the following focus areas:

- Community Needs
- Social Determinants
- Personal Health Status
- Access to Health Care
- Mental Health
- Oral Health
- Smoking/Tobacco Use
- Alcohol and Substance Abuse
- Maternal, Infant, and Child Health
- Healthy Living
- Communicable Diseases, Vaccinations, and Prevention Services
- Chronic Disease Management
- Transportation
- Housing
- Environmental Quality
- Safety, Injury and Violence
- Reproductive and Sexual Health
*Throughout the report, statistically significant findings and statistical significance between groupings (i.e., between age groups or between races) are indicated by an asterisk (*).


## COMMUNITY SURVEY

The first component of the Community Health Assessment consisted of the collection of primary data utilizing a random sample telephone survey of Erie County households that included a representative sample of Erie County residents. A combination of telephone and web interviews were utilized to ensure representativeness of the population. This method also ensured that the correct number of interviews would be completed to meet the targeted sampling error.

The final sample size consisted of 388 residents. The general population statistics derived from the sample size provide a precision level of plus or minus $5 \%$ within a $95 \%$ confidence interval. Data collection began on March 2nd and ended on April 25th, 2022. Most calling took place between the evening hours of 5:15 pm and 9:15 pm. Interviews were conducted during the day and on some weekends to accommodate resident schedules. The interviews took an average of 28 minutes.

## COMMUNITY LEADER SURVEY

In addition to the process mentioned above, additional data was gathered to provide contextual information for the primary and secondary data. Contextual data included an online Community Leader Survey, completed by 50 community leaders. These surveys were completed between June $16^{\text {th }}$ and July $5^{\text {th }}, 2022$.

## 2022 Erie County CHA

## SECONDARY DATA ANALYSIS

A third contributing factor to the CHA was secondary data analysis. This consisted of reviewing and analyzing secondary data sources to identify priority areas of concern when analyzed alongside survey data. CMOR gathered and compiled health and demographic data from various sources (outlined below). After gathering the data, CMOR sorted the information by category. In addition to the report narrative, data was visually displayed with charts and tables. When available, data was compared to previous five years' information as well as other geographic areas such as Ohio. Analysis included survey data in conjunction with health and demographic data. Using all data available, CMOR identified priorities for the county.

## Sources of Data:

$\rightarrow$ Behavioral Risk Factor Surveillance System (BRFSS)
$\rightarrow$ Dartmouth Atlas of Health Care
$\rightarrow$ Feeding America
$\rightarrow$ Kids Count Data Center
$\rightarrow$ National Center for Health Statistics/Census Bureau
$\rightarrow$ Ohio Department of Development (ODSA)
$\rightarrow$ Ohio Development Services Agency, Ohio County Profiles
$\rightarrow$ Ohio Department of Education
$\rightarrow$ Ohio Department of Health Data Warehouse
$\rightarrow$ Ohio Department of Health, STD Surveillance
$\rightarrow$ Ohio Housing Finance Agency (OHFA)
$\rightarrow$ Ohio Department of Job and Family Services
$\rightarrow$ Ohio Mental Health and Addiction Services
$\rightarrow$ Public Children Services Association of Ohio (PCSAO)
$\rightarrow$ U.S. Census Bureau - American Fact Finder, American Community Survey

## Appendix: Participant Characteristics

## COMMUNITY SURVEY



| Gender | $\mathbf{N}$ | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| Male | 186 | $48.1 \%$ |
| Female | 200 | $51.7 \%$ |
| Other | 1 | $0.25 \%$ |
| Total | $\mathbf{3 8 7}$ | $\mathbf{1 0 0 . 0 \%}$ |


| Age | $\mathbf{N}$ | \% |
| :--- | :---: | :---: |
| $18-24$ | 36 | $9.3 \%$ |
| $25-44$ | 108 | $27.9 \%$ |
| $45-64$ | 139 | $35.9 \%$ |
| 65 and over | 104 | $26.9 \%$ |
| Total | $\mathbf{3 8 7}$ | $\mathbf{1 0 0 . 0 \%}$ |

Gender Distribution of Community Survey Respondents


| Marital Status | $\mathbf{N}$ | \% |
| :--- | :---: | :---: |
| Married | 194 | $50.3 \%$ |
| Single, never married | 92 | $23.8 \%$ |
| Divorced | 69 | $18.0 \%$ |
| Widowed | 26 | $6.7 \%$ |
| Separated | 5 | $1.3 \%$ |
| Total | $\mathbf{3 8 6}$ | $\mathbf{1 0 0 . 0 \%}$ |


| Race | $\mathbf{N}$ | \% |
| :--- | :---: | :--- |
| White | 346 | $89.4 \%$ |
| American Indian/Alaska Native | 4 | $1.0 \%$ |
| Black | 23 | $5.9 \%$ |
| Multi-racial | 7 | $1.8 \%$ |
| Asian | 1 | $0.3 \%$ |
| Something else | 6 | $1.6 \%$ |
| Total | $\mathbf{3 8 7}$ | $\mathbf{1 0 0 \%}$ |

Community Survey Respondents of
Hispanic or Latino Origin


| Hispanic or Latino <br> Origin | $\mathbf{N}$ | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| Yes | 16 | $4.1 \%$ |
| No | 371 | $95.9 \%$ |
| Total | $\mathbf{3 8 7}$ | $\mathbf{1 0 0 . 0} \%$ |

Educational Attainment Among Community Survey Respondents



| Employment Status | $\mathbf{N}$ | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| Full-time | 160 | $41.3 \%$ |
| Retired | 107 | $27.6 \%$ |
| Part-time | 53 | $13.7 \%$ |
| Homemaker | 21 | $5.4 \%$ |
| Unemployed | 16 | $4.1 \%$ |
| Other | 18 | $4.7 \%$ |
| Student | 12 | $3.1 \%$ |
| Total | $\mathbf{3 8 7}$ | $\mathbf{1 0 0 . 0 \%}$ |


| Income | $\mathbf{N}$ | \% |
| :--- | :---: | :---: |
| Less than \$25k | 63 | $16.5 \%$ |
| $\$ 25-49,999$ | 101 | $26.4 \%$ |
| $\$ 50-74,999$ | 63 | $16.5 \%$ |
| $\$ 75-99,999$ | 62 | $16.2 \%$ |
| \$100k or more | 93 | $24.4 \%$ |
| Total | $\mathbf{3 8 2}$ | $\mathbf{1 0 0 . 0 \%}$ |

Distribution of Household Income Among Community Survey Respondents


Home Ownership Among Community


| Own or Rent | $\mathbf{N}$ | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| Own | 108 | $\mathbf{2 7 . 9 \%}$ |
| Rent | 253 | $65.4 \%$ |
| Other arrangement | 26 | $6.7 \%$ |
| Total | $\mathbf{3 8 7}$ | $\mathbf{1 0 0 . 0 \%}$ |

Community Respondents With Children in the Household


| Gay | $\mathbf{N}$ | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| Lesbian | 10 | $2.6 \%$ |
| Straight | 1 | $0.3 \%$ |
| Bisexual | 18 | $91.0 \%$ |
| Other | 5 | $4.7 \%$ |
| Total | $\mathbf{3 8 6}$ | $1.3 \%$ |

Average Household Size Among Community Survey Respondents


| Distribution of Community Survey Respondents by City |  |  |
| :---: | :---: | :---: |
| City/Township | N | \% |
| Sandusky | 136 | 35.4\% |
| Perkins Township | 56 | 14.6\% |
| Huron | 52 | 13.5\% |
| Vermilion | 42 | 11.3\% |
| Vermilion Township | 17 | 4.4\% |
| Huron Township | 17 | 4.4\% |
| Castalia | 12 | 3.1\% |
| Milan | 10 | 2.6\% |
| Margaretta Township | 10 | 2.6\% |
| Milan Township | 8 | 2.1\% |
| Berlin Heights | 7 | 1.8\% |
| Berlin Township | 5 | 1.3\% |
| Florence Township | 4 | 1.0\% |
| Bayview | 3 | 0.8\% |
| Groton Township | 2 | 0.5\% |
| Kelleys Island | 1 | 0.3\% |
| Oxford Township | 1 | 0.3\% |
| Bellevue | 1 | 0.3\% |
| Total | 384 | 100.0\% |


| Distribution of Community Survey <br> Respondents by Zip Code <br> Zip Code |  |  |
| :--- | :---: | :---: |
| 44870 | N | $\%$ |
| 44839 | 200 | $51.7 \%$ |
| 44089 | 58 | $19.6 \%$ |
| 44824 | 19 | $4.9 \%$ |
| 44814 | 13 | $3.4 \%$ |
| 44846 | 16 | $4.1 \%$ |
| 44889 | 2 | $0.5 \%$ |
| 43438 | 2 | $0.5 \%$ |
| 44811 | 1 | $0.3 \%$ |
| Total | 387 | $\mathbf{1 0 0 . 0 \%}$ |



| Sectors Org. Associates With | $\mathbf{N}$ | $\mathbf{\%}$ |
| :--- | :---: | :---: |
| Nonprofit | 10 | $20.0 \%$ |
| Government | 21 | $42.0 \%$ |
| Health care | 14 | $28.0 \%$ |
| Education | 2 | $4.0 \%$ |
| Business/private sector | 1 | $2.0 \%$ |
| Other | 2 | $4.0 \%$ |
| Total | $\mathbf{5 0}$ | $\mathbf{1 0 0 . 0 \%}$ |


| Primary Service Area | $\mathbf{N}$ | \% |
| :--- | :---: | :---: |
| Erie County | 25 | $51 \%$ |
| Multi-county including Erie County | 16 | $32.7 \%$ |
| City of Vermilion | 2 | $4.1 \%$ |
| Sandusky | 2 | $4.1 \%$ |
| City of Bayview | 1 | $2.0 \%$ |
| City of Huron | 1 | $2.0 \%$ |
| Kelleys Island | 1 | $2.0 \%$ |
| Low-income communities in Erie County | 1 | $2.0 \%$ |
| Total | $\mathbf{4 9}$ | $\mathbf{1 0 0 . 0}$ |


[^0]:    Source: U.S. Census

[^1]:    SOURCE: County Health Rankings

[^2]:    SOURCE: County Health Ranking. Original Source: HRSA Area Resource File. http://www.countyhealthrankings.org/

[^3]:    SOURCE: County Health Rankings

[^4]:    ${ }^{1}$ In 2022, scale was: excellent, good, fair, poor, very poor. Prior to 2022, scale was: excellent, very good, good, fair, and poor.

[^5]:    ${ }^{2}$ Includes smokers who currently smoke somedays (9\%) and every day (11\%)
    ${ }^{3}$ In 2022, includes adults who currently drink every day or somedays. Prior to 2022, this was adults who had at least 1 drink in past month. ${ }^{4}$ In 2022, included both respondent and anyone in household

