

CDC ISOLATION & QUARANTINE GUIDANCE FOR COVID-19

If You Test Positive for COVID-19 (Isolation)

EVERYONE, REGARDLESS OF VACCINATION STATUS.

- **Stay home for 5 days from symptom onset and isolate from others in your home.**
 - End home-isolation after 5 full days if you are fever-free for 24 hours without fever-reducing medications
- **Stay home for 5 days after your positive test if you do not have symptoms**
- **Wear a well-fitting mask for 10 full days any time you are around others inside your home or in public.**
- **If you were hospitalized for COVID-19 or have a weakened immune system, stay home for at least 10 days.**

If You Were Exposed to COVID-19 (Quarantine)

IF YOU:
ARE UP-TO-DATE ON COVID-19 VACCINATIONS
OR
HAVE TESTED POSITIVE FOR COVID-19 WITHIN THE PAST 90 DAYS

- **You do not need to stay home unless you develop symptoms.**
 - Watch for symptoms for 10 full days after you last had close contact.
 - If you develop symptoms, isolate immediately and get tested.
- **Get tested at least 5 days after you last had close contact, even if you do not have any symptoms.**
- **Wear a well-fitting mask for 10 full days any time you are around others inside your home or in public.**

IF YOU:
ARE NOT UP-TO-DATE ON COVID-19 VACCINATIONS

- **Quarantine at home for 5 full days after you last had close contact.**
 - Watch for symptoms for 10 full days after you last had close contact.
 - If you develop symptoms, isolate immediately and get tested.
- **Get tested at least 5 days after you last had close contact, even if you do not have any symptoms.**
- **Wear a well-fitting mask for 10 full days any time you are around others inside your home or in public.**

**** The date of your last exposure or start of symptoms is considered Day 0. The first full day after your last close contact or start of symptoms is considered Day 1.**

This guidance is subject to change.

Please contact the Erie County Health Department COVID-19 Information Line with questions at (419) 626-5623 x5170.

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